



Dear San Diego County Residents and *Live Well San Diego* Community Partners:

Eight years ago, *Live Well San Diego* began with an innovative, but simple vision to create a region that is Building Better Health, Living Safely and Thriving.

Together, with you, our partners, we have achieved some truly amazing outcomes that we can all take pride in.

Our actions and relationships have the power to transform our communities. When we focus collectively on the same goals and outcomes, our influence can have profound effects on the quality of life and well-being of those around us: our family, our neighbors, our community, our county.

Over the last eight years of collaboration and partnership, individuals and organizations have made ambitious investments in the well-being of our residents. The accomplishments that we have achieved together have helped drive our economy, improve health outcomes, increase neighborhood safety and engage residents in their communities.

Nearly 400 Recognized Partners have made the commitment to focus their efforts on advancing the vision. On these pages you will watch personal stories of triumph and read about the successful programs and activities that are making a lasting, positive impact on our 3.3 million residents.

From building healthy habits to reducing opioid use, from improving high school graduation rates to providing on-the-job entrepreneurial training, and from increasing independent living to creating neighborhoods with easily accessible community spaces, this year's report is full of moving stories from partners who are creating social change.

Connecting the collective efforts of organizations and individuals across the region are five Regional Community Leadership Teams that help assess, develop and guide priorities and actions to improve well-being. To help us understand whether we are making progress towards achieving the vision, the Top 10 *Live Well San Diego* Indicators measure the collective impact of programs, services and interventions being used across the county to positively influence quality of life.

Partners in every sector continue to join the movement, bringing their expertise and expanding the reach of collective efforts that are generating measurable change within San Diego's diverse communities.

As we look forward to the coming year, *Live Well San Diego* will continue to serve as the guiding vision as we advance wellness and ensure all residents to be healthy, safe and thriving.

Live Well!

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