

LIVE WELL SAN DIEGO PARTNERS REPORT

7 YEARS OF HEALTHY SAFE AND THRIVING COMMUNITIES

2016-2017 EXECUTIVE SUMMARY



INTRODUCTION

Sustainable change requires a multi-sector approach to community health, safety and wellness. Since 2010, *Live Well San Diego* has united individuals and organizations under the shared vision for a San Diego County region that is Building Better Health, Living Safely and Thriving. More than 300 Recognized Partners have committed to working with the County of San Diego, community leaders and local organizations to support all 3.3 million residents across the region to live well – by building better service delivery systems, supporting positive choices, pursuing policy and environmental change and improving their own internal cultures.

Live Well San Diego Total Cumulative Recognized Partners By Fiscal Year



The online *Live Well San Diego* Partners Report highlights stories of collective impact submitted by partners from July 2016 through June 2017. Read the full report at LiveWellSDPartnersReport.org.

PARTNER SECTORS

The *Live Well San Diego* vision involves formally recognized partners in every sector, joined together to collectively improve the well-being of the San Diego region.

BUSINESSES & MEDIA: 56



Business and media partners improve local economies, expand the reach of messages, and positively influence the health of employees, customers and communities.

COMMUNITY & FAITH-BASED: 187



Community and faith-based organizations connect individuals and families throughout San Diego County region to programs and services.

CITIES & GOVERNMENTS: 20



City and government partners enact policies and build infrastructure for more than 2.4 million residents and policymakers.

SCHOOLS & EDUCATION: 41



School and education partners encourage nearly 424,000 students and their families to adopt healthy, safe and thriving behaviors.

FEATURED EVENTS & PROGRAMS

Countywide and regional events and programs create opportunities for Recognized Partners and community members to connect, share best practices and develop strategies that continue to propel *Live Well San Diego* forward in innovative ways. Partners collaborated on several significant events from July 2016 through June 2017 to improve wellness in our communities:

- Let's Connect Expos in East, Central and South San Diego held throughout the year
- Love Your Heart free blood pressure screening day in February
- Building Better Futures Gang Prevention & Intervention Summit in February
- North County Thriving Forum in April
- *Live Well San Diego* 31 Day Challenge and 5K in July
- Live Well Advance in November



AREAS OF INFLUENCE & TOP 10 INDICATORS

Progress towards the shared *Live Well San Diego* vision is measured within 5 Areas of Influence and by the Top 10 *Live Well San Diego* Indicators.



HEALTH

Enjoying good health and expecting to live a full life

1. Life Expectancy
2. Quality of Life

Recognized Partners work in innovative ways to improve the physical and mental health of residents. By increasing access to affordable fresh food, expanding opportunities for physical activity, raising awareness about wellness, and improving care delivery systems, partners are influencing a positive trend towards higher life expectancy countywide.



KNOWLEDGE

Learning throughout the lifespan

3. Education

Recognized Partners provide programs that offer youth the opportunity to gain experience and knowledge. Partners are developing new degree programs, promoting STEM-based learning, distributing scholarships and supporting young students in need, leading to higher high school graduation rates across the county.



STANDARD OF LIVING

Having enough resources for a quality life

4. Unemployment Rate
5. Income

Recognized Partners are providing needed support throughout the region in the areas of work readiness, organizational improvement, and financial wellness so residents can achieve a comfortable standard of living. These efforts are showing a trend in increasing the number of people who spend less than one-third of their income on housing.



COMMUNITY

Living in a clean and safe neighborhood

6. Security
7. Physical Environment
8. Built Environment

Recognized Partners are working together to support safe neighborhoods and sustainable environments that provide clean and secure communities where people of all ages can live, work and play, resulting in trends of lower crime rates countywide and fewer days with poor air quality since 2009.



SOCIAL

Helping each other to live well

9. Vulnerable Populations
10. Community Involvement

Recognized Partners are leaders in creating community connections and empowering citizens, and are influencing a positive trend towards a higher percent of residents who volunteer. Community members find hope through support programs; families work together to create safe and thriving neighborhoods; seniors receive nourishment through meal services; and volunteers gain greater purpose by giving back to their neighbors.

NEXT STEPS

Heading into its eighth year, the *Live Well San Diego* vision is becoming a reality for more individuals, communities and organizations throughout the region. Recognized Partners in every sector continue to join the movement, bringing their expertise and expanding the reach of collective efforts that are creating measureable change within San Diego's diverse communities. In the coming year, the County and Recognized Partners will give special attention to the following projects and programs:

- **Live Well Communities** to engage residents in addressing inequities, disparities and disproportionality;
- **Project One For All** to provide wraparound services to homeless individuals with serious mental illness;
- **Strong Families, Thriving Communities** to improve the health and wellbeing of children and families;
- **CA Board of State & Community Corrections Prop 47 Grant** to provide substance abuse and mental health services;
- **Choose Well** to allow caregivers and families to easily compare assisted-living facilities; and
- **Live Well San Diego Food System Initiative** to build a robust and resilient local food system.

Read the full-length *Live Well San Diego Partners Report* at LiveWellSD.org/partners-report.