



Community Unit Calendar

November 2018

Healthier Living, Feeling Fit, Tai Chi and Diabetes classes and workshops are offered at sites throughout San Diego County. For locations call 858 495-5500 or visit www.HealthierLivingSD.org

Items highlighted in blue are AIS sponsored or lead events

Items highlighted in green are events where AIS participates

November 2018

11/3-Because I Care Community Fair: 3 Civic Center Dr., San Marcos 92083. 9:00AM-1:00PM

11/3-Welcome Newcomer Network's 2nd Annual Multicultural Event: EJE Academies, 851 S. Johnson Ave., El Cajon, 92020. 10:00AM-4:00PM

11/09-Caregiver Coalition and NAMI San Diego "A Day for Caregivers Caring for an Adult Loved One Living with Mental Health Challenges" Conference, 11451 Blue Cypress Drive., San Diego, CA 92131. 9:30am – 2:00pm

11/13-Fall Prevention Task Force Meeting: 5560 Overland Ave, 3rd Floor, John Gaffaney Room, San Diego, 92123. 1:00-2:00PM

11/13-Health Promotion Committee Meeting: 5560 Overland Ave, 3rd floor, John Gaffaney Room, San Diego, 92123. 2:30-4:00PM

11/15-ECAN Meeting: El Cajon Library Community Room, 201 E. Douglas Ave. El Cajon, 92020. 1-3PM

11/20-Fall Prevention Task Force Meeting: North County Chapter: Tri-City Wellness Center, 250 El Camino Real, Carlsbad, 92009. 1:00PM-2:30PM

11/27- SanDiCAN General Meeting: War Memorial Building 3325 Zoo Dr., San Diego, 92101. 10:3AM -Noon

11/27-NorCAN Meeting: The Foundation for Senior Well-Being, Panorama Building, 131 Richmar Avenue, San Marcos, 92069. 1-2:30PM.

11/27-SoCAN General Meeting: San Diego County Library-Bonita Branch, 4375 Bonita Rd., Bonita 91902. 1-3 p.m.

11/29-Caregiver Coalition General Meeting: Burn Institute, 8825 Aero Drive, San Diego 92123. 10:00am -11:30am.