



Community Unit Calendar

June 2018

Healthier Living, Feeling Fit, Tai Chi and Diabetes classes and workshops are offered at sites throughout San Diego County. For locations call 858 495-5500 or visit www.HealthierLivingSD.org

Items highlighted in blue are AIS sponsored or lead events

Items highlighted in green are events where AIS participates

June 2018

6/1- Free Healthier Living with Chronic Conditions Workshop (SPANISH):

Alzheimer's Association San Diego 5075 Shoreham Place #240, San Diego, CA 92122. Fridays 10:00AM – 12:30PM. 6-week workshop, dates include: 6/1, 6/8, 6/15, 6/22, 6/29, 7/6.

6/5- Free Healthier Living with Chronic Conditions Workshop South Metro Career Center 4389 Imperial Avenue, San Diego, CA 92113. Tuesdays 9:30AM – 12:00PM. 6-week workshop, dates include: 6/5, 6/12, 6/19, 6/26, 7/3, 7/10.

6/5- Free Healthier Living with Chronic Conditions Workshop Alvarado Hospital Medical Center 6655 Alvarado Road, San Diego, CA 92120. Tuesdays 9:00AM – 11:30AM. 6-week workshop, dates include: 6/5, 6/12, 6/19, 6/26, 7/3, 7/10.

6/6- Free Healthier Living with Chronic Pain Workshop El Corazon Senior Center 3302 Senior Center Drive, Oceanside, Ca 92056. Wednesdays 1:30PM – 4:00PM. 6-week workshop, dates include: 6/6, 6/13, 6/20, 6/27, 7/11, 7/18

6/9-CaregiverSD Community Expo: Liberty Station: 2620 Truxton Rd, San Diego 92106 9:00AM-3:00PM

6/11 – NorCAN Senior Homelessness Roundtable Discussion – North Inland Live Well Center, 649 West Mission Avenue, Escondido 92025 1:00pm-3:00pm RSVP online at <http://www.tinyurl.com/norcanroundtable>

6/12- Fall Prevention Task Force Meeting: 5560 Overland Ave, 3rd Floor, John Gaffaney Room, San Diego, 92123. 1:00 – 2:00PM

6/12- Health Promotion Committee Meeting: Cancelled

6/15 – San Diego’s 3rd Annual Professional Palliative Care Conference: 2nd Floor Student Union Building, California State University - San Marcos, 333 South Twin Oaks Valley Road, San Marcos 92096. 8:30AM-5:00PM. Register online at www.csusm.edu/sdpc2018

6/19- Fall Prevention Task Force Meeting: North County Chapter Cancelled

6/21-ECAN General Meeting: El Cajon Library, 201 E. Douglas Ave., El Cajon 92020. 1:00-3:00 PM

6/25 – NorCAN Meeting: Dark

6/26-SanDiCAN General Meeting: 3325 Zoo Drive (War Memorial Building), San Diego. 10:30-12 Noon.

6/26-SoCAN General Meeting: San Diego County Library-Bonita Branch, 4375 Bonita Rd., Bonita 91902. 1-3 p.m.

6/28-Aging Summit: Age Well in Action (two locations) 9:00AM-3:00PM

Town & Country Convention Center: 500 Hotel Circle North, San Diego, 92108.

California Center for the Arts: 340 N. Escondido Blvd., Escondido, 92025

6/28- Caregiver Coalition General Meeting: Dark