



## Community Unit Calendar

May 2018

Healthier Living, Feeling Fit, Tai Chi and Diabetes classes and workshops are offered at sites throughout San Diego County. For locations call 858 495-5500 or visit [www.HealthierLivingSD.org](http://www.HealthierLivingSD.org)

Items highlighted in blue are AIS sponsored or lead events

Items highlighted in green are events where AIS participates

May 2018

**5/2 Caregiver Coalition Resource Fair:** War Memorial Building, 3325 Zoo Drive, San Diego. 10:00am – 1:00pm

**5/2 – Salvation Army Health Fair:** 825 7<sup>th</sup> Avenue, San Diego 92101. 10:30AM-12:00PM

**5/8 Fall Prevention Task Force Meeting:** 5560 Overland Ave, 3rd Floor, John Gaffaney Room, San Diego, 92123. 1:00 – 2:00PM

**5/8- Health Promotion Committee Meeting:** 5560 Overland Ave, 3rd floor, John Gaffaney Room, San Diego. 2:30-4:00PM

**5/11-East County Senior Service Provider's 19<sup>th</sup> Annual Senior Health Fair:** La Mesa Community Center, 4975 Memorial Drive, La Mesa, 91942. 10:00AM-1:00PM

**5/15- Fall Prevention Task Force Meeting: North County Chapter,** Tri-City Wellness Center, 6250 El Camino Real, Carlsbad. 92009 1:00PM-2:30PM

**5/17-ECAN General Meeting:** El Cajon Library, 201 E. Douglas Ave., El Cajon 92020. 1:00-3:00 PM

**5/19-12<sup>th</sup> Annual Senior Resource Fair:** San Diego LGBT Community Center, 3909 Centre Street, San Diego, 92103. 10:00AM-1:00PM

**5/19 – Newbreak 3<sup>rd</sup> Annual Health and Wellness Fair:** Newbreak Church, East County Campus, 470 N. Mollison, El Cajon 92021. 10:00AM-2:00PM

**5/22- Engage and Every Age:** Skyline Hills Branch Library, 7900 Paradise Valley Road, San Diego, 92139. 12:00-3:00PM

**5/22-NorCAN General Meeting:** The Foundation for Senior Well-Being, Panorama Building, 131 Richmar Avenue, San Marcos, 92069. 1-2:30PM.

**5/22-SoCAN General Meeting:** San Diego County Library-Bonita Branch, 4375 Bonita Rd., Bonita 91902. 1-3 p.m.

**5/24- Caregiver Coalition General Meeting:** Burn Institute, 8825 Aero Drive, San Diego, CA 92123

**5/29-SanDiCAN General Meeting:** 3325 Zoo Drive (War Memorial Building), San Diego. 10:30-12 Noon.

## **June 2018**

**6/28-Aging Summit: (two locations)** Town & Country and Escondido Center for the Performing Arts, 9:00-3:00PM