

# Appendix 3 - Reference Links

<b>BACKGROUND</b>	
<b>Childhood Obesity</b>	
California Department of Education	2015-16 California Physical Fitness Report - San Diego County - Body Composition: <a href="http://data1.cde.ca.gov/dataquest/PhysFitness/PFTDN/Summary2011.aspx?r=0&amp;t=3&amp;y=2015-16&amp;c=3700000000000&amp;n=00002016">http://data1.cde.ca.gov/dataquest/PhysFitness/PFTDN/Summary2011.aspx?r=0&amp;t=3&amp;y=2015-16&amp;c=3700000000000&amp;n=00002016</a>
Centers for Disease Control and Prevention: Childhood Obesity Facts	<a href="https://www.cdc.gov/healthyschools/obesity/facts.htm">https://www.cdc.gov/healthyschools/obesity/facts.htm</a>
World Health Organizations: The Determinants of Health	<a href="http://www.who.int/hia/evidence/doh/en/">http://www.who.int/hia/evidence/doh/en/</a>
Centers for Disease Control and Prevention: Health & Academics	<a href="https://www.cdc.gov/healthyyouth/health_and_academics/">https://www.cdc.gov/healthyyouth/health_and_academics/</a>
Centers for Disease Control and Prevention: About Child & Teen BMI	<a href="https://www.cdc.gov/healthyweight/assessing/bmi/childrens_bmi/about_childrens_bmi.html">https://www.cdc.gov/healthyweight/assessing/bmi/childrens_bmi/about_childrens_bmi.html</a>
KPBS: Chronically Absent Students Cost County Schools Millions	<a href="http://www.kpbs.org/news/2011/jun/27/chronically-absent-students-cost-county-schools-mi/">http://www.kpbs.org/news/2011/jun/27/chronically-absent-students-cost-county-schools-mi/</a>
Health Affairs: Annual Medical Spending Attributable to Obesity - Payer-and Service-Specific Estimates	Finkelstein, E. A., Trogdon, J. G., Cohen, J. W., & Dietz, W. (2009). Annual medical spending attributable to obesity: Payer-and service-specific estimates. <i>Health Affairs</i> , 28(5), w822-w831. doi:10.1377/hlthaff.28.5.w822
Journal of Health and Social Behavior: Adolescent Mental Health, Behavior Problems, and Academic Achievement	Mcleod, J. D., Uemura, R., & Rohrman, S. (2012). Adolescent Mental Health, Behavior Problems, and Academic Achievement. <i>Journal of Health and Social Behavior</i> , 53(4), 482-497. doi:10.1177/0022146512462888
U.S. Department of Education: Every Student Succeeds Act	<a href="https://www.ed.gov/esea">https://www.ed.gov/esea</a>
Additional Tools to Help Reduce Childhood Obesity	Safe Routes to School: <a href="http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/Schools/Safe-Routes-To-Schools-Resource-Guide.pdf">http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/Schools/Safe-Routes-To-Schools-Resource-Guide.pdf</a> San Diego County Childhood Obesity Initiative: <a href="http://ourcommunityourkids.org">http://ourcommunityourkids.org</a> San Diego County Childhood Obesity Initiative Policy Clearinghouse: <a href="http://ourcommunityourkids.org/resources/policy-clearinghouse.aspx">http://ourcommunityourkids.org/resources/policy-clearinghouse.aspx</a>
Combating Obesity: Chula Vista Elementary School District	Collecting BMI data: <a href="http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/Schools/BMI-toolkit.pdf">http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/Schools/BMI-toolkit.pdf</a>
<b>Behavioral Health</b>	
What is Mental Health?	Mental Health Disorder Information: <a href="https://www.cdc.gov/childrensmentalhealth/symptoms.html">https://www.cdc.gov/childrensmentalhealth/symptoms.html</a>
Access and Eligibility for Services	Children, Youth and Families (CYF) Provider Resource Manual: <a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> Access and Crisis Line: (888) 724-7240
San Diego Network of Care	<a href="http://sandiego.networkofcare.org/mh/">http://sandiego.networkofcare.org/mh/</a>

**Appendix 3: Reference Links (continued)**

Connecting to Resources	2-1-1 San Diego: <a href="http://www.211sandiego.org">http://www.211sandiego.org</a>
Wellness in Federal Law	Every Child Succeeds Act: <a href="https://www.ed.gov/esea">https://www.ed.gov/esea</a>
<b>Local Control Accountability Plans</b>	
Local Control Accountability Plans	<a href="http://www.cde.ca.gov/re/lc/">http://www.cde.ca.gov/re/lc/</a>
Evidence-Based Health and Wellness Practices for School	Alliance for a Healthier Generation's Healthy Schools Program Framework for Best Practices: <a href="https://www.healthiergeneration.org/_asset/l062yk/07-278_HSPFramework.pdf">https://www.healthiergeneration.org/_asset/l062yk/07-278_HSPFramework.pdf</a> California Food Policy Associates' School Nutrition for Academic Success: A LCAP Guide: <a href="http://cfpa.net/ChildNutrition/ChildNutrition_CFPAPublications/CFPA_LCAP_Booklet_FINAL_16_12_05.pdf">http://cfpa.net/ChildNutrition/ChildNutrition_CFPAPublications/CFPA_LCAP_Booklet_FINAL_16_12_05.pdf</a>
<b>POLICY</b>	
Journal of School Health: Strength and Comprehensiveness of District School Wellness Policies Predict Policy Implementation at the School Level	Schwartz, M. B., Henderson, K. E., Falbe, J., Novak, S. A., Wharton, C. M., Long, M. W., . . . Fiore, S. S. (2012). Strength and Comprehensiveness of District School Wellness Policies Predict Policy Implementation at the School Level*. <i>Journal of School Health</i> , 82(6), 262-267. doi:10.1111/j.1746-1561.2012.00696.x
School Wellness Policies	Wellness School Assessment Tool (WellsAT): <a href="http://www.wellsat.org/">http://www.wellsat.org/</a>
<b>Policies to Promote Health and Wellness</b>	
Aligning Wellness Policies, Programs, and Practices	<a href="https://www.csba.org/GovernanceAndPolicyResources/GovernanceBriefs.aspx">https://www.csba.org/GovernanceAndPolicyResources/GovernanceBriefs.aspx</a>
Assessing Community Needs	<a href="http://www.livewellsd.org/content/livewell/home/community/community-leadership-teams.html">www.livewellsd.org/content/livewell/home/community/community-leadership-teams.html</a>
Whole School, Whole Community, Whole Child	<a href="http://www.cdc.gov/healthyschools/wscw/components.htm">www.cdc.gov/healthyschools/wscw/components.htm</a>
Fundraising and Reward Alternatives	<a href="https://www.sandi.net/staff/sites/default/files_link/staff/docs/secondary-schools/Healthy%20Fundraising%20Resources.pdf">https://www.sandi.net/staff/sites/default/files_link/staff/docs/secondary-schools/Healthy%20Fundraising%20Resources.pdf</a> <a href="https://achieve.lausd.net/cms/lib/CA01000043/Centricity/Domain/126/Fundraising%20and%20Student%20Reward%20Ideas.pdf">https://achieve.lausd.net/cms/lib/CA01000043/Centricity/Domain/126/Fundraising%20and%20Student%20Reward%20Ideas.pdf</a>
Integrate Health Education	<a href="http://www.actionforhealthykids.org/component/content/article/11-general/1498-school-wellness-programs-policies-and-practices-other-webinar-series">http://www.actionforhealthykids.org/component/content/article/11-general/1498-school-wellness-programs-policies-and-practices-other-webinar-series</a>
Limiting Unhealthy Food Items in Celebrations	<a href="http://www.latimes.com/science/sciencenow/la-sci-sn-school-junk-food-child-obesity-20150504-story.html">http://www.latimes.com/science/sciencenow/la-sci-sn-school-junk-food-child-obesity-20150504-story.html</a>
Nutrition Guidelines	<a href="https://www.sandiegounified.org/competitivefoods">https://www.sandiegounified.org/competitivefoods</a>
Parent Involvement	<a href="https://www.sandi.net/staff/nursing-and-wellness-program/wellness-resources">https://www.sandi.net/staff/nursing-and-wellness-program/wellness-resources</a>
Professional Development	<a href="http://www.sdcoe.net/professionallearning/Pages/default.aspx">http://www.sdcoe.net/professionallearning/Pages/default.aspx</a>
Prohibit Marketing of Non-Nutritious Foods	<a href="http://www.changelabsolutions.org/sites/default/files/Restricting_Food_and_Beverage_Marketing_in_Schools-FINAL-201705.pdf">http://www.changelabsolutions.org/sites/default/files/Restricting_Food_and_Beverage_Marketing_in_Schools-FINAL-201705.pdf</a>
Safe Routes to School (SRTS)	<a href="http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/Schools/Safe-Routes-To-Schools-Resource-Guide.pdf">www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/Schools/Safe-Routes-To-Schools-Resource-Guide.pdf</a>
Standards-Based K-6 PE Program	<a href="https://www.sandiegounified.org/sites/default/files_link/district/files/physical-education/CA%20K-12%20Physical%20Education%20Framework.pdf">https://www.sandiegounified.org/sites/default/files_link/district/files/physical-education/CA%20K-12%20Physical%20Education%20Framework.pdf</a>
Training in Policy Implementation	<a href="https://www.hightechhigh.org/wp-content/uploads/2017/02/High-Tech-High-Wellness-Policy-2016-17.pdf">https://www.hightechhigh.org/wp-content/uploads/2017/02/High-Tech-High-Wellness-Policy-2016-17.pdf</a>
Wellness Committee with Active Stakeholders	<a href="https://www.sandiegounified.org/school-site-wellness-committees">https://www.sandiegounified.org/school-site-wellness-committees</a>

**Appendix 3: Reference Links (continued)**

<b>PARTNERSHIPS</b>	
<b>Partnerships to Promote Health and Wellness</b>	
Behavioral Health Services (BHS)	<a href="http://www.sandiegocounty.gov/hhsa/programs/bhs/">www.sandiegocounty.gov/hhsa/programs/bhs/</a>
California Hospital Association	<a href="http://www.calhospital.org/">www.calhospital.org/</a>
The Chula Vista Community Collaborative	<a href="http://chulavistacc.org/">http://chulavistacc.org/</a>
The Collaborative Agency Resources for Escondido (CARE) Youth Partnership	<a href="https://www.euhdsd.org/Page/348">https://www.euhdsd.org/Page/348</a>
County of San Diego Health and Human Services Agency (HHSA)	<a href="http://www.livewellsd.org/content/livewell/home/partners/best-practices-for-schools.html">www.livewellsd.org/content/livewell/home/partners/best-practices-for-schools.html</a>
Farm to School Taskforce	<a href="http://www.ourcommunityourkids.org/domains--committees/schools-and-after-school/farm-to-school-taskforce.aspx">www.ourcommunityourkids.org/domains--committees/schools-and-after-school/farm-to-school-taskforce.aspx</a>
HealthLink Public Health Nurses	<a href="http://www.sandiegocounty.gov/content/sdc/hhsa/regional_admin/north/healthlink.html">http://www.sandiegocounty.gov/content/sdc/hhsa/regional_admin/north/healthlink.html</a>
Julian Pathways Center for Family, Schools, and Community Partnerships	<a href="https://sites.google.com/a/juesd.net/julian/home">https://sites.google.com/a/juesd.net/julian/home</a>
North Coastal Prevention Coalition	<a href="http://northcoastalpreventioncoalition.org/">http://northcoastalpreventioncoalition.org/</a>
North County Gang Commission	County of San Diego Probation Department's North County Office: <a href="http://www.sdcounty.ca.gov/probation">www.sdcounty.ca.gov/probation</a> 2-1-1 San Diego: <a href="http://www.211sandiego.org">www.211sandiego.org</a>
North County School District Meet & Greets	<a href="http://www.sandiegocounty.gov/content/sdc/hhsa/regional_admin/north/healthlink.html">http://www.sandiegocounty.gov/content/sdc/hhsa/regional_admin/north/healthlink.html</a>
Oceanside Promise:	<a href="https://oceansidepromise.org/">https://oceansidepromise.org/</a>
Regional <i>Live Well San Diego</i> Leadership Teams	<a href="http://www.livewellsd.org/content/livewell/home/community/community-leadership-teams.html">http://www.livewellsd.org/content/livewell/home/community/community-leadership-teams.html</a>
San Diego Association of Governments (SANDAG)	<a href="http://www.sandag.org/srts">http://www.sandag.org/srts</a>
San Diego County Childhood Obesity Initiative (COI)	<a href="http://www.ourcommunityourkids.org/domains--committees/schools-and-after-school.aspx">www.ourcommunityourkids.org/domains--committees/schools-and-after-school.aspx</a>
San Diego County Office of Education (SDCOE)	<a href="http://www.sdcoe.net/student-services/Pages/default.aspx">www.sdcoe.net/student-services/Pages/default.aspx</a>
San Dieguito Alliance	<a href="http://www.sandieguitoalliance.org/">http://www.sandieguitoalliance.org/</a>
San Marcos Prevention Coalition	<a href="http://sanmarcospreventioncoalition.org/">http://sanmarcospreventioncoalition.org/</a>
Vista Partnership for Children	<a href="https://uwsd.org/files/galleries/Vista_Baseline_Report.pdf">https://uwsd.org/files/galleries/Vista_Baseline_Report.pdf</a>
<b>Ideas for Health and Wellness Partnerships</b>	
Faith-Based Communities	Faith-Based Academy: <a href="https://www.sdul.org/blank-c1sy6">https://www.sdul.org/blank-c1sy6</a> Crisis Response: <a href="http://www.readysandiego.org/faith-based/">http://www.readysandiego.org/faith-based/</a>
Funding Partners	Kaiser Permanente HEAL Zone Initiative: <a href="http://healzones.org/communities/southern-california/lemon-grove-san-diego-county">http://healzones.org/communities/southern-california/lemon-grove-san-diego-county</a> U.S. Department of Agriculture: <a href="https://www.fns.usda.gov/farmtoschool/farm-school-grant-program">https://www.fns.usda.gov/farmtoschool/farm-school-grant-program</a>

**Appendix 3: Reference Links (continued)**

Health Care Organizations	Scripps Family Medicine Residency Program: <a href="https://www.practicalplaybook.org/blogs/%E2%80%9Cteach-your-children%E2%80%9D-part-ii-changing-cultural-traditions-improved-health-can-turn-students">https://www.practicalplaybook.org/blogs/%E2%80%9Cteach-your-children%E2%80%9D-part-ii-changing-cultural-traditions-improved-health-can-turn-students</a>
Support for Kinship Care	<a href="http://www.ymca.org/yfs/programs/kinship-support-services.html">http://www.ymca.org/yfs/programs/kinship-support-services.html</a> <a href="http://211sandiego.org/resources/highlighted-resources/grandparents-caregivers/">http://211sandiego.org/resources/highlighted-resources/grandparents-caregivers/</a>
Volunteer Partnerships	<a href="http://www.livewellsd.org/content/dam/livewell/TipsandToolsOrgs/IG%20Directory%202014%20FINAL%20(small%20version)_011017.pdf">http://www.livewellsd.org/content/dam/livewell/TipsandToolsOrgs/IG Directory 2014 FINAL (small version)_011017.pdf</a> <a href="https://www.oasisnet.org/San-Diego-CA/CATCH-Healthy-Habits">https://www.oasisnet.org/San-Diego-CA/CATCH-Healthy-Habits</a> <a href="http://www.livewellsd.org/content/livewell/home/community/intergenerational/games.html">http://www.livewellsd.org/content/livewell/home/community/intergenerational/games.html</a>
Wellness Committees	Contact Deirdre Kleske for more information <a href="mailto:Deirdre.Kleske@sdcounty.ca.gov">Deirdre.Kleske@sdcounty.ca.gov</a> The Alliance for a Healthier Generation offers a Wellness Committee Toolkit: <a href="https://www.healthiergeneration.org/_asset/wwj4dq/09-875_SWCToolkit.pdf">https://www.healthiergeneration.org/_asset/wwj4dq/09-875_SWCToolkit.pdf</a>
Special Interest Task Forces, Workgroups, and Committees	Children, Youth and Family Behavioral Health System of Care Council: <a href="http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children.html">http://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/mental_health_services_children.html</a> Transition Age Youth Workgroup: <a href="http://www.sdyouthservices.org/site/PageServer?pagename=Transition_Age_Youth_Academy">http://www.sdyouthservices.org/site/PageServer?pagename=Transition_Age_Youth_Academy</a> Suicide Prevention Council: <a href="http://www.sdchip.org/initiatives/suicide-prevention-council/">http://www.sdchip.org/initiatives/suicide-prevention-council/</a> Family and Youth as Partners: <a href="https://cyfliaison.namisaniego.org/family-youth-partners/">https://cyfliaison.namisaniego.org/family-youth-partners/</a> San Diego Domestic Violence Council: <a href="http://www.sddvc.org/">http://www.sddvc.org/</a> Prescription Drug Abuse Task Force: <a href="https://www.sandiegorexabusetaaskforce.org/">https://www.sandiegorexabusetaaskforce.org/</a> Meth Strike Force: <a href="https://www.no2meth.org/">https://www.no2meth.org/</a> Change Agents Developing Recovery Excellence (CADRE): <a href="http://www.cadresandiego.org/">http://www.cadresandiego.org/</a> North Inland Faith Partnership: <a href="http://sandiego.networkofcare.org/mh/content.aspx?cid=861">http://sandiego.networkofcare.org/mh/content.aspx?cid=861</a> Hospital Partners Workgroup: <a href="http://hasdic.org/hasdic-regional-engagement/">http://hasdic.org/hasdic-regional-engagement/</a>
<b>PROGRAMS</b>	
<b>Nutrition and Physical Activity Programs</b>	
5-2-1-0 Every Day! Campaign	<a href="http://ourcommunityourkids.org/partners/5-2-1-0.aspx">http://ourcommunityourkids.org/partners/5-2-1-0.aspx</a>
Alliance for a Healthier Generation	<a href="https://www.healthiergeneration.org/take_action/schools/">https://www.healthiergeneration.org/take_action/schools/</a>
Arc	<a href="http://arc-experience.com/programs/high-school/">http://arc-experience.com/programs/high-school/</a>
California Thursdays	<a href="http://www.californiathursdays.org/">http://www.californiathursdays.org/</a>
The Daily Scoop	<a href="https://www.leanandgreenkids.org/daily-scoop-spring.html">https://www.leanandgreenkids.org/daily-scoop-spring.html</a>
Dairy Council of California	<a href="http://www.healthyeating.org/Schools.aspx">http://www.healthyeating.org/Schools.aspx</a>
Fit 2 Learn, Fit 4 Life	<a href="https://fit2learn.sdcoe.net/">https://fit2learn.sdcoe.net/</a>
Five & Fit	For more information, contact Pam Plimpton at <a href="mailto:Pam.Plimpton@sdcounty.ca.gov">Pam.Plimpton@sdcounty.ca.gov</a> .
Girls on the Run	<a href="https://www.gotrsd.org/">https://www.gotrsd.org/</a>

**Appendix 3: Reference Links (continued)**

Got Your Back San Diego (Feeding Kids First)	<a href="http://www.feedingkidsfirst.org/">http://www.feedingkidsfirst.org/</a>
Harvest of the Month	<a href="http://harvestofthemonth.cdph.ca.gov/Pages/default.aspx">http://harvestofthemonth.cdph.ca.gov/Pages/default.aspx</a>
Intergenerational Games	<a href="http://www.livewellsd.org/content/livewell/home/community/intergenerational/games.html">http://www.livewellsd.org/content/livewell/home/community/intergenerational/games.html</a>
Lean & Green Kids	<a href="https://www.leanandgreenkids.org/">https://www.leanandgreenkids.org/</a>
Meatless Monday	<a href="http://www.meatlessmonday.com/meatless-monday-k-12/">http://www.meatlessmonday.com/meatless-monday-k-12/</a>
Nutrition Education and Obesity Prevention (NEOP) Program	For more information contact Barbara Hughes, NEOP Education Lead, at <a href="mailto:Barbara.Hughes@sdcounty.ca.gov">Barbara.Hughes@sdcounty.ca.gov</a>
Olivewood Gardens	<a href="http://olivewoodgardens.org/about">http://olivewoodgardens.org/about</a>
Parents in Action: Engaging Parents in Support of School Wellness Policy	<a href="http://www.californiaprojectlean.org/doc.asp?id=169">http://www.californiaprojectlean.org/doc.asp?id=169</a>
Peaceful Playgrounds	<a href="http://peacefulplaygrounds.com/">http://peacefulplaygrounds.com/</a>
Pure Edge	<a href="http://pureedgeinc.org/curriculum/">http://pureedgeinc.org/curriculum/</a>
Rethink Your Drink School Lessons	<a href="https://archive.cdph.ca.gov/programs/cpns/Pages/RethinkYourDrinkCurriculum.aspx">https://archive.cdph.ca.gov/programs/cpns/Pages/RethinkYourDrinkCurriculum.aspx</a>
Safe Routes to School	<a href="http://www.saferoutesinfo.org/">http://www.saferoutesinfo.org/</a>
Serving Up MyPlate	<a href="http://www.fns.usda.gov/tn/serving-myplate-yummy-curriculum">http://www.fns.usda.gov/tn/serving-myplate-yummy-curriculum</a>
Smarter Lunchrooms Movement in California	<a href="http://www.cde.ca.gov/ls/nu/he/smarterlunchrooms.asp">http://www.cde.ca.gov/ls/nu/he/smarterlunchrooms.asp</a>
SPARK Physical Education	<a href="http://www.sparkpe.org/">http://www.sparkpe.org/</a>
Stacked Mobile Learning Farm	<a href="http://1to1movement.org/stacked/">http://1to1movement.org/stacked/</a>
UC Cooperative Extension	<a href="http://ucanr.edu/sites/SD-NFCS/Nutrition_Education_EFNEP/">http://ucanr.edu/sites/SD-NFCS/Nutrition_Education_EFNEP/</a>
UCSD Center for Community Health's School Wellness Program	<a href="https://ucsdcommunityhealth.org/work/school-wellness/">https://ucsdcommunityhealth.org/work/school-wellness/</a>
USDA Team Nutrition	<a href="https://www.fns.usda.gov/tn/team-nutrition">https://www.fns.usda.gov/tn/team-nutrition</a>
Wellness Wednesdays	<a href="http://www.healthyeating.org/Schools/School-Wellness/Wellness-Activities.aspx">http://www.healthyeating.org/Schools/School-Wellness/Wellness-Activities.aspx</a>
<b>Local Ideas for Nutrition and Physical Activity Programs</b>	
Car Free	<a href="http://www.eusd.net/el-camino-creek/">http://www.eusd.net/el-camino-creek/</a>
Chula Vista Promise Neighborhood	<a href="http://www.cvpromise.org/">http://www.cvpromise.org/</a>
Circuit Training	<a href="https://chulavista.ss12.sharpschool.com/community/wellness/physical_education__fitness__physical_activity/">https://chulavista.ss12.sharpschool.com/community/wellness/physical_education__fitness__physical_activity/</a>
Farm Lab	<a href="http://www.eusdfarmlab.com/">http://www.eusdfarmlab.com/</a>
Farm to School and Garden to Café	Farm to School Program: <a href="http://www.farmentoschool.org/">http://www.farmentoschool.org/</a> Garden to Café Program: <a href="https://www.sandiegounified.org/garden-caf%C3%A9">https://www.sandiegounified.org/garden-caf%C3%A9</a>
Farm-to-Table Restaurants	<a href="https://sites.google.com/a/juesd.net/julian/habitat">https://sites.google.com/a/juesd.net/julian/habitat</a>
Green Garden Cafe	<a href="http://www.eusd.net/child-nutrition-services/">http://www.eusd.net/child-nutrition-services/</a>
Healthy Eating Active Living (HEAL)	<a href="http://healzones.org/communities/southern-california/lemon-grove-san-diego-county">http://healzones.org/communities/southern-california/lemon-grove-san-diego-county</a>
Intergenerational Safe Routes to School	<a href="http://www.cityofflamesa.com/DocumentCenter/View/6246">http://www.cityofflamesa.com/DocumentCenter/View/6246</a>
Julian Elementary Character Garden	<a href="https://edibleschoolyard.org/program/julian-elementary-school">https://edibleschoolyard.org/program/julian-elementary-school</a>

**Appendix 3: Reference Links (continued)**

School Gardens	Intergenerational Community Garden (San Marcos Unified School District and the City of San Marcos Senior Center): <a href="https://www.facebook.com/SanMarcosCommunityGarden/">https://www.facebook.com/SanMarcosCommunityGarden/</a> Teaching Gardens (CVESD) <a href="http://www.heart.org/HEARTORG/GettingHealthy/HealthierKids/TeachingGardens/About-Teaching-Gardens_UCM_436619_SubHomePage.jsp">http://www.heart.org/HEARTORG/GettingHealthy/HealthierKids/TeachingGardens/About-Teaching-Gardens_UCM_436619_SubHomePage.jsp</a> Ocean Knoll Education Farm (Encinitas Union School District) <a href="http://healthydaypartners.org/garden/">http://healthydaypartners.org/garden/</a> New Roots Youth Program (SDUSD) <a href="http://crawfordhighgarden.blogspot.com/">http://crawfordhighgarden.blogspot.com/</a> Outdoor Classroom Gardens (Cardiff School District) <a href="https://www.ecoliteracy.org/sites/default/files/uploads/getting-started-2009.pdf">https://www.ecoliteracy.org/sites/default/files/uploads/getting-started-2009.pdf</a>
Kitchenistas	<a href="http://olivewoodgardens.org/the-kitchenistas-of-national-city/">http://olivewoodgardens.org/the-kitchenistas-of-national-city/</a>
No Cook Cooking Carts	<a href="https://www.sandiegounified.org/nutrition-education-resources">https://www.sandiegounified.org/nutrition-education-resources</a>
Project SUCCESS	<a href="https://eusd.org/departments/integrated-student-supports/project-success/">https://eusd.org/departments/integrated-student-supports/project-success/</a>
Running Clubs	<a href="https://www.lmsvschools.org//site/default.aspx?PageID=5299">https://www.lmsvschools.org//site/default.aspx?PageID=5299</a> <a href="http://www.palomarhealth.org/palomar-health-community-action-councils/community-action-council-of-powayrancho-bernardorrancho-penasquitos">http://www.palomarhealth.org/palomar-health-community-action-councils/community-action-council-of-powayrancho-bernardorrancho-penasquitos</a> <a href="https://www.curiepta.org/jog-a-thon">https://www.curiepta.org/jog-a-thon</a>
School Site Farmer's Markets	<a href="http://www.rwjf.org/en/library/grants/2016/02/refining-and-disseminating-a-valid--reliable-quantitative-assess.html">http://www.rwjf.org/en/library/grants/2016/02/refining-and-disseminating-a-valid--reliable-quantitative-assess.html</a>
Staff Wellness	World Class Wellness: <a href="https://business.kaiserpermanente.org/thrive/index">https://business.kaiserpermanente.org/thrive/index</a> Meeting Well: <a href="http://www.acsworkplacesolutions.com/meetingwell.asp">http://www.acsworkplacesolutions.com/meetingwell.asp</a> Eat Well: <a href="http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/CitiesandGovernmentsPDFs/county-of-san-diego-eat-well-practices.pdf">http://www.livewellsd.org/content/dam/livewell/Partners/PartnerPDFs/CitiesandGovernmentsPDFs/county-of-san-diego-eat-well-practices.pdf</a>
Try It Tuesdays	<a href="http://nsd.us/departments/nutrition/">http://nsd.us/departments/nutrition/</a>

<b>Behavioral Health Programs</b>		<b>Reach</b>
Access and Crisis Line (ACL)	The ACL offers Crisis Intervention and Suicide Prevention as well as Alcohol, Drug and Behavioral Health Information and Referral. San Diego Access and Crisis Line: 1-888-724-7240, TDD (619) 641-6992 7 days a week, 24 hours a day - Access to all languages.	San Diego County
Aurora Behavioral Health	<a href="http://www.aurorasandiego.com/">http://www.aurorasandiego.com/</a>	San Diego County
Boys to Men	<a href="http://www.boystomen.org">http://www.boystomen.org</a>	San Diego Unified School District (SDUSD), East County Special Education Local Plan Area (SELPA) Region, South County SELPA Region
Center for Community Solutions	<a href="http://www.ccssd.org/get-help/overview.html">http://www.ccssd.org/get-help/overview.html</a>	San Diego County
Center for Discovery	<a href="http://www.centerfordiscoverysandiego.com/">http://www.centerfordiscoverysandiego.com/</a>	San Diego County

**Appendix 3: Reference Links (continued)**

Central Region Community Violence Services/Alliance for Community Empowerment	<a href="http://www.upacsd.com/index.php/services-2/children-adolescent-mental-health-cmh/ace-program-3/">http://www.upacsd.com/index.php/services-2/children-adolescent-mental-health-cmh/ace-program-3/</a>	SDUSD
Clinic- and Community-Based Mental Health Outpatient Treatment	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 26)	San Diego County
Counseling Cove	<a href="http://www.sdyouthservices.org/site/PageServer?pagename=Counseling_Cove">http://www.sdyouthservices.org/site/PageServer?pagename=Counseling_Cove</a>	San Diego County
Crisis Services	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 15)	San Diego County
Day Treatment Services	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 21)	San Diego County
Encuentros Leadership Academy	<a href="http://www.encuentrosleadership.org/programs/leadership_academy">http://www.encuentrosleadership.org/programs/leadership_academy</a>	San Diego County
Faith-Based Crisis Response Team	<a href="http://steppinghigher.org/">http://steppinghigher.org/</a> 24-Hour Hotline: (877) 507-0803	SDUSD, North Inland SELPA Region
Father2Child Program	<a href="http://mhasd.org/father2child/">http://mhasd.org/father2child/</a>	SDUSD
Fee-For-Service (FFS) Network	<a href="https://www.optumsandiego.com/content/sandiego/en/access---crisis-line/providerdirectory.html">https://www.optumsandiego.com/content/sandiego/en/access---crisis-line/providerdirectory.html</a>	San Diego County
Friday Night Live and Club Live	<a href="https://www.sdfnl.net/">https://www.sdfnl.net/</a>	San Diego County
HERE NOW Suicide Prevention	<a href="http://www.sdyouthservices.org/site/PageServer?pagename=Prevention_and_Early_Intervention_HERE_NOW_Suicide_Prevention">http://www.sdyouthservices.org/site/PageServer?pagename=Prevention_and_Early_Intervention_HERE_NOW_Suicide_Prevention</a>	San Diego County
Hermanitas Youth Leadership Mentor Program	<a href="http://www.manasd.org/programs/hermanitas/">http://www.manasd.org/programs/hermanitas/</a>	San Diego County
Inpatient Psychiatric Care	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 17)	San Diego County
Jon Moffat: Cyber Education Consulting	<a href="https://www.jonmoffat.com/schoolinfo/">https://www.jonmoffat.com/schoolinfo/</a>	San Diego County
Juvenile Forensics Services Stabilization, Treatment and Transition Team (STAT)	<a href="http://www.sandiegocounty.gov/hhsa/programs/bhs/mental_health_services_children/juvenile_forensic_services.html">http://www.sandiegocounty.gov/hhsa/programs/bhs/mental_health_services_children/juvenile_forensic_services.html</a> For more information, call (858) 694-4680.	San Diego County
Juvenile Forensic Assistance for Stabilization and Treatment (JFAST)	<a href="http://www.sandiegocounty.gov/hhsa/programs/bhs/mental_health_services_children/juvenile_forensic_services.html">http://www.sandiegocounty.gov/hhsa/programs/bhs/mental_health_services_children/juvenile_forensic_services.html</a> For more information, call (858) 694-4680.	San Diego County
Kickstart San Diego	<a href="http://www.kickstartsd.org/">http://www.kickstartsd.org/</a>	San Diego County
Kids First Initiative	<a href="http://www.oside.k12.ca.us/kidsfirst">http://www.oside.k12.ca.us/kidsfirst</a>	Oceanside Unified School District
The Leader in Me	<a href="http://www.theleaderinme.org">http://www.theleaderinme.org</a>	San Diego County
McAlister Institute	<a href="http://www.mcalisterinc.org">http://www.mcalisterinc.org</a>	San Diego County
Mental Health First Aid	<a href="http://mhasd.org/first-aid-programs/">http://mhasd.org/first-aid-programs/</a>	San Diego County
Project LIFE	<a href="http://www.nclifeline.org/project-life">http://www.nclifeline.org/project-life</a>	San Diego County
Outpatient Treatment Programs for Young Children (0-5)	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 28)	San Diego County

**Appendix 3: Reference Links (continued)**

Palomar Family Counseling Service, Inc.	For more information, contact Maria Russo, Program Manager (760)-741-2660 <a href="http://www.palomarfamilycounseling.com/">http://www.palomarfamilycounseling.com/</a>	North Coastal and North Inland SELPA Regions
Palomar Family YMCA: North County	<a href="http://www.ymca.org/palomar">http://www.ymca.org/palomar</a>	North Coastal and North Inland SELPA Regions
Parent University	<a href="https://www.sandiegounified.org/san-diego-parent-university">https://www.sandiegounified.org/san-diego-parent-university</a>	San Diego County
PASS (Promoting Achievement & Student Success)	<a href="http://sdcoe.net/student-services/student-support/pass-americrops/Pages/default.aspx">http://sdcoe.net/student-services/student-support/pass-americrops/Pages/default.aspx</a>	SDUSD, North Coastal SELPA Region
Peer Assistance & Leadership	<a href="http://palusa.org/">http://palusa.org/</a>	San Diego County
Perinatal Case Management	<a href="http://www.vistahill.org/programs-services/perinatal-case-management/">http://www.vistahill.org/programs-services/perinatal-case-management/</a>	San Diego County
Positive Parenting Program	<a href="http://www.jfssd.org/site/PageServer?pagename=programs_youth_positive_parenting">http://www.jfssd.org/site/PageServer?pagename=programs_youth_positive_parenting</a>	San Diego County
QPR Training	<a href="http://www.sdchip.org/initiatives/suicide-prevention-council/trainings/">http://www.sdchip.org/initiatives/suicide-prevention-council/trainings/</a>	San Diego County
Refugee Services	<a href="http://www.syhc.org/cmss-social-services/">http://www.syhc.org/cmss-social-services/</a> <a href="https://notorture.org/client-services/">https://notorture.org/client-services/</a>	SDUSD, East County and South County SELPA Regions
Regional Alcohol and Other Drug Prevention	<ul style="list-style-type: none"> <li>• North Coastal Region: Vista Community Clinic <a href="http://www.vistacommunityclinic.org/community-health/">http://www.vistacommunityclinic.org/community-health/</a></li> <li>• North Inland Region: Mental Health Systems <a href="https://www.mhsinc.org/">https://www.mhsinc.org/</a></li> <li>• North Central Region: SAY San Diego <a href="https://www.saysandiego.org/">https://www.saysandiego.org/</a></li> <li>• Central Region: SAY San Diego <a href="https://www.saysandiego.org/">https://www.saysandiego.org/</a></li> <li>• East Region: Institute for Public Strategies <a href="http://publicstrategies.org/">http://publicstrategies.org/</a></li> <li>• South Region: Institute for Public Strategies <a href="http://publicstrategies.org/">http://publicstrategies.org/</a></li> </ul>	San Diego County
Residential Mental Health Treatment	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 18)	San Diego County
Residential Teen Group Homes – Addiction Treatment (Detoxification Programs)	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 18)	San Diego County
School-Based Mental Health Outpatient Treatment	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 27)	San Diego County
School-Based Prevention and Early Intervention Programs (PEI)	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 50)	San Diego County
Second Step	<a href="http://www.secondstep.org/">http://www.secondstep.org/</a>	San Diego County
Surviving Together, Achieving and Reaching for Success	<a href="http://www.sdyouthservices.org/site/PageServer?pagename=Surviving_Together_Achieving_and_Reaching_for_Success">http://www.sdyouthservices.org/site/PageServer?pagename=Surviving_Together_Achieving_and_Reaching_for_Success</a>	San Diego County
Tariq Khamisa Foundation	<a href="https://tkf.org/">https://tkf.org/</a>	San Diego County
Teen Recovery Centers (TRC)	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 40)	San Diego County



**Appendix 3: Reference Links (continued)**

Therapeutic Behavioral Services (TBS)	<a href="https://www.centerforchildren.org/resources/new-alternatives-therapeutic-behavioral-services-tbs/">https://www.centerforchildren.org/resources/new-alternatives-therapeutic-behavioral-services-tbs/</a>	San Diego County
Tobacco Use Prevention Education (TUPE)	<a href="http://www.cde.ca.gov/lh/he/at/tupeoverview.asp">http://www.cde.ca.gov/lh/he/at/tupeoverview.asp</a>	San Diego County
Trauma-Informed Care	To organize a training for your school or district, call 619-683-9340 x13 or email <a href="mailto:fysinfo@sdcoe.net">fysinfo@sdcoe.net</a>	San Diego County
Urban Beats	<a href="https://www.sdurbanbeats.org/">https://www.sdurbanbeats.org/</a>	SDUSD
Why Try	<a href="http://www.whytry.org/">http://www.whytry.org/</a>	San Diego County
Wraparound Services	<a href="http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf">http://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/bhs/documents/CYF/CYFBHSPRMJanuary2017.pdf</a> (See page 24)	San Diego County
<b>Healthy Fundraising and Rewards</b>		
Non-food Rewards	<a href="http://www.actionforhealthykids.org/storage/documents/parent-toolkit/rewardsf3a.pdf">http://www.actionforhealthykids.org/storage/documents/parent-toolkit/rewardsf3a.pdf</a>	
Healthy Fundraising	<a href="http://ourcommunityourkids.org/domains--committees/schools-and-after-school.aspx#resources">http://ourcommunityourkids.org/domains--committees/schools-and-after-school.aspx#resources</a> <a href="http://www.actionforhealthykids.org/storage/documents/parent-toolkit/fundraisers-family-health-f1.pdf">http://www.actionforhealthykids.org/storage/documents/parent-toolkit/fundraisers-family-health-f1.pdf</a>	
<b>IMPLEMENTATION</b>		
<b>Implementing Nutrition and Physical Activity Programs</b>		
District Wellness Policies	<a href="http://www.bridgingthegapresearch.org/research/district_wellness_policies/#CDCbriefs">http://www.bridgingthegapresearch.org/research/district_wellness_policies/#CDCbriefs</a>	
<b>OVERCOMING BARRIERS</b>		
Building Better Bodies	<a href="https://chulavista.ss12.sharpschool.com/cms/One.aspx?portalId=412034&amp;pageId=885199">https://chulavista.ss12.sharpschool.com/cms/One.aspx?portalId=412034&amp;pageId=885199</a>	
Joint-Use Agreements	<a href="http://www.ourcommunityourkids.org/resources/policy-clearinghouse.aspx">http://www.ourcommunityourkids.org/resources/policy-clearinghouse.aspx</a>	
Incorporating Physical Activity	<a href="http://www.letsgo.org/programs/schools/resources/">http://www.letsgo.org/programs/schools/resources/</a>	

**New Information and Updated Links Are Available!**

Appendix 3 includes reference links for the partners and programs mentioned in the Tools for Schools toolkit. The toolkit is a living document. As links change, new policy resources are developed, and new programs and partnerships become available, updated information will be added to the toolkit's Appendix 3 which can be accessed online at:

[www.livewellsd.org/content/dam/livewell/best-practices/Tools-For-Schools-Aug2017-Appendix3.pdf](http://www.livewellsd.org/content/dam/livewell/best-practices/Tools-For-Schools-Aug2017-Appendix3.pdf)