

PROCLAMATION

Presented by San Diego County Supervisor Ron Roberts

HONORING SENIOR COMMUNITY CENTERS AS A LIVE WELL SAN DIEGO PARTNER

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the *Live Well San Diego* initiative to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the *Live Well San Diego* initiative is about uniting all sectors—business, schools, military and veteran's organizations, community- and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, Senior Community Centers has shared the values and vision for creating a healthy, safe and thriving society for older adults in San Diego County; and

WHEREAS, Senior Community Centers has provided a state-of-the-art Health and Wellness Program for seniors at the Gary and Mary Senior Wellness Center with integrative services and Feeling Fit classes on-site, promoting physical wellness, social well-being, and lifelong learning; and

WHEREAS, Senior Community Centers has provided meals to seniors for the past 40 years, serving breakfast and lunch seven days a week downtown, serving lunch five days a week at nine congregate sites throughout the County, and will serve nearly 220,000 home-delivered meals this year alone in four regions of the county; and

WHEREAS, Senior Community Centers helped to shape the safety-net More on the Menu (MOM) program that provides regular deliveries of fresh fruits and vegetables to homebound seniors; and

WHEREAS, Senior Community Centers coordinates a Homeless Prevention Program, assisting at-risk seniors to obtain more permanent, stable and affordable housing and avoid homelessness; and

WHEREAS, Senior Community Centers manages a pilot program for a Virtual Senior Center, linking homebound seniors with one another and professionals through technology to provide ongoing learning and reduce isolation among the homebound; and

WHEREAS, Senior Community Centers has committed to continuing to improve the health and wellbeing of seniors in San Diego County through the innovative "Passport to Health" program through the use of a health kiosk at the Gary and Mary West Wellness Center that measures vital health markers and sends the data to the senior and Care Coordinator to be used as part of a comprehensive care plan to ensure that the senior receives the proper health and wellness care they need; and

WHEREAS, the County of San Diego is committed to recognizing and honoring those organizations that are dedicated to the best ideals of public service, and Senior Community Centers is one such worthy organization; NOW THEREFORE,

BE IT PROCLAIMED by Supervisor Ron Roberts and all members of the San Diego Board of Supervisors on this 10th day of January 2014 that they commend **Senior Community Centers** for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the "**SENIOR COMMUNITY CENTERS LIVE WELL SAN DIEGO DAY**" throughout San Diego County.