

# LOVE YOUR HEART

## SAVE THE DATE! Volunteer Trainings

This year trainings will be conducted via WebEx with various days to select from **January 28 - January 31**.

There will be **one** in-person training on **January 31<sup>st</sup>** from 2:30 pm - 3:30 pm  
**North Inland Live Well Center - Grand Ave Room C**  
**649 West Mission Ave, Escondido, CA 92025**

To register for a WebEx (online) training, click [here](#) to select the day and time.  
To register for the in-person training, click [here](#). Please register by **1/29/19**.

If you have any questions, please contact [LoveYourHeartSD@sdcounty.ca.gov](mailto:LoveYourHeartSD@sdcounty.ca.gov)  
or visit the Love Your Heart [website](#).



LIVE WELL  
SAN DIEGO

LIVEWELLSD.ORG