



Community Unit Calendar

Healthier Living, Feeling Fit, Tai Chi and Diabetes classes and workshops are offered at sites throughout San Diego County. For locations call 858 495-5500 or visit www.HealthierLivingSD.org

Items highlighted in blue are AIS sponsored or lead events

Items highlighted in green are events where AIS participates

March 2017

3/7-STEM in your Backyard (mini science expo): Logan Heights Library, 567 South 28th Street, San Diego, 92113. 3:30-6:30PM

3/8- STEM in your Backyard (mini science expo): Chula Vista Public Library, 365 F Street, Chula Vista, 91910 3:30-6:30PM

3/11-Foster Youth Intergenerational Games: Point Loma Nazarene University, 3900 Lomaland Drive, San Diego, 92106. 10:00AM-1:00PM (Call 858 616 5832 to register)

3/14- Fall Prevention Task Force Meeting: 5560 Overland Ave, 3rd Floor, San Diego. 12:45 – 2:00PM

3/14-Health Promotion Committee Meeting: 5560 Overland Ave, 3rd floor, San Diego. 2:30-4:00PM

3/15-ECAN's Spring into Healthy Living: McGrath Family YMCA, 12006 Campo Road, Spring Valley, 91978. 9:00AM-Noon.

3/18-Grandparents Raising Grandchildren/Kinship Caregivers Symposium: Meridian Baptist Church, 660 S. 3rd St, El Cajon, 92019, 9AM–1PM. Call 2-1-1 to register.

3/21-Fall Prevention Task Force Meeting-North County Chapter, Tri-City Wellness Center, 250 El Camino Real, Carlsbad. 92009 1:00PM-2:30PM

3/28-SanDiCAN General Meeting: War Memorial Building, 3325 Zoo Dr. , San Diego, 92101 10:30AM-12:00noon.

3/28- SoCAN General Meeting: South Region Live Well Center, 401 Mile of Cars Way, National City, 91950. **(Meeting location change for this month only).** 1-3PM

3/28- NorCAN General Meeting, The Foundation for Senior Well-Being, Panorama Building, 131 Richmar Avenue, San Marcos, CA 92069, 1-3pm.

3/30-Caregiver Coalition: 8825 Aero Dr. 1st floor conference room, San Diego ,92123 10:00AM-11:30AM

April 2017

4/4-South County Intergenerational Games: Chula Vista Training Center (formerly Olympic Training Center) 2800 Olympic Parkway, Chula Vista, 91915. 9:00AM-12:30PM. **Call (619) 4219622 to Register**

4/5-San Marcos Intergenerational Games: Walnut Grove Park, 1950 Sycamore Dr., San Marcos 92069. 8:00AM-12:00PM **Call (760)744-5535 to Register.**

4/11- Fall Prevention Task Force Meeting: 5560 Overland Ave, 3rd Floor, San Diego. 12:45 – 2:00PM

4/11-Health Promotion Committee Meeting: 5560 Overland Ave, 3rd floor, San Diego. 2:30-4:00PM

4/12- ECAN General Meeting: 935 S. Emerald Ave., El Cajon. 92020 1:00-3:00PM

4/18- Fall Prevention Task Force Meeting-North County Chapter, Tri-City Wellness Center, 250 El Camino Real, Carlsbad. 92009 1:00PM-2:30PM

4/22-Seniors and Caregivers Resource Fair: Greater Apostolic Faith Temple Church, 138 28th Street, San Diego, 92102 9:00AM-1:00PM.

4/25-SanDiCAN General Meeting: War Memorial Building, 3325 Zoo Dr. , San Diego, 92101 10:30AM-12:00noon.

4/25- SoCAN General Meeting: San Diego County Library-Bonita Branch, 4375 Bonita Rd., Bonita 91902, 1-3 p.m.

4/25- NorCAN General Meeting, The Foundation for Senior Well-Being, Panorama Building, 131 Richmar Avenue, San Marcos, CA 92069, 1-3pm.

4/27-Caregiver Coalition: 8825 Aero Dr. 1st floor conference room, San Diego ,92123 10:00AM-11:30AM