Welcome to Sweetwater Summit Regional Park! Visitors to this 140-acre regional park have quite a palette of activities to choose from. The summit sits atop a hill overlooking the Sweetwater Valley. To the west you can see San Diego Bay and the Pacific Ocean, and to the east are meandering views of the Sweetwater Reservoir and rugged backcountry mountains.

Sweetwater Summit Campground offers modern amenities, including equestrian campsites for those who want to explore the 16 miles of trails around the park. Below the summit are hundreds of acres of streamside habitat surrounded by meadows and oak woodlands that provide a variety of habitats for hikers, horses, riders, and mountain bikers. The trailhead is off San Miguel Road in Bonita, and there is an adventurous trek for an active and passive recreation.

Sweetwater Regional Park is especially appealing to those who want to get away – but not too far away. Only 10 miles southeast of downtown San Diego, Sweetwater offers a perfect place to get in touch with nature.

**SOUTH COUNTY PARKS**

**It’s Time to Play!**

Two of the best birding spots include Dairy Farm Road, which meanders in the northeast corner of the park, and the Bird and Butterfly Garden, which is recognized as a backyard wildlife habitat by the National Wildlife Federation. For those who love fresh fruits and vegetables, the community vegetable garden is a place to exercise their green thumbs.

Bird watching, hiking, biking, or horseback riding along more than 22 miles of trails is enjoyable year round. With a wealth of natural resources, the park is a favorite place for active and passive recreation.

Jonathan Sellers and Charlie Keever Outdoor Educational Activity Center

Located in Imperial Beach, the Jonathan Sellers and Charlie Keever Outdoor Educational Activity Center is just steps from Fisherman’s Landing Baywalk with expansive views of the San Diego Bay National Wildlife Refuge.

The Center features a spiraling, 30-foot-wide nautilus shell with natural sea glass and pictures of the bay. The center also has climbing rocks, wildlife viewing telescopes and a curved seating area.

The U.S. Fish and Wildlife Service, which manages the Refuge, plans to use the center to enhance the environmental education programs it provides to local school children.

**Tijuana River Valley Regional Park**

Tijuana River Valley Regional Park offers more than 1,800 acres of diverse habitats, from dense riparian forests along the Tijuana River to coastal maritime sage scrub on top of Spooner’s Mesa.

The Valley is critical to wildlife because it is part of the Pacific Flyway, which provides foraging and breeding habitat for many migratory bird species. The importance to wildlife, the area has been designated by the U.S. Fish and Wildlife Service, which manages the Refuge, plans to use the center to enhance the environmental education programs it provides to local school children.

**Oat Valley Regional Park**

The Oat Valley Regional Park (OVRP) is one of the largest open space areas within southern San Diego County. Linking south San Diego Bay with lower Otay Lake, the park is a joint effort by the County of San Diego and the cities of San Diego and Chula Vista.

Oat Valley Regional Park provides South Bay residents and visitors with recreational opportunities ranging from playing fields and picnic areas to hiking, biking, and horse trails.

**Welcome to South County Parks**

With infinite options for activities to try, South County Parks provide attractions and opportunities for everyone. From hiking and biking, to horseback riding and bird watching, to sightseeing and community gatherings, as well as camping opportunities. It’s time to play in South San Diego County!

**Live Well San Diego**

It is a shared vision that can only be accomplished through collaboration with partners in every sector - education, business, community, faith-based and government.

This vision also encourages every resident to make healthy, safe choices and support their families and neighbors to do the same. One of the major goals of the initiative is to help San Diegans lead healthier lifestyles. County parks provides great opportunities to enjoy nature and exercise at the same time. In support of the Live Well San Diego vision, South San Diego County provides resources to support residents and visitors in becoming healthy, safe and thriving.

The region’s natural resources in our campground parks, and preserves offer many opportunities for staying active and living well.

**Bayshore Bikeway**

San Diego’s 24-mile Bayshore Bikeway loop is a multi-jurisdictional project. The goal is to develop a world-class, continuous Class 1 bike path that will allow bicyclists to safely ride all the way around San Diego Bay, off of city streets.

The diverse route extends through the cities of San Diego, National City, Chula Vista, Imperial Beach, and Coronado. The loop currently exists as a combination of off-street bike paths and on-street bike lanes and routes offering unique views of San Diego Bay.

Visit www.sandiego.org/bayshorebikeway for more info.

**Providence House Event Center**

The newly renovated Providence House is adjacent to the City of Chula Vista’s Rohr Park. The event center has a public meeting space that consists of ADA improvements, kitchen upgrades, and additional parking and restrooms.

The community room is ideal for birthday parties, baby showers, family reunions, and group meetings. The library is open to San Diego County residents year round.

**Oatay Lakes County Park**

Located in Imperial Beach, the Jonathan Sellers and Charlie Keever Outdoor Educational Activity Center is just steps from Fisherman’s Landing Baywalk with expansive views of the San Diego Bay National Wildlife Refuge.

The Center features a spiraling, 30-foot-wide nautilus shell with natural sea glass and pictures of the bay. The center also has climbing rocks, wildlife viewing telescopes and a curved seating area.

The U.S. Fish and Wildlife Service, which manages the Refuge, plans to use the center to enhance the environmental education programs it provides to local school children.
**LEGEND**

- Parks/Open Space
- Existing Trail Systems
  - California Coastal Trail
  - Sweetwater River Park Trail
  - Otay Valley Regional Park Trail (OVRP)
  - Tijuana River Valley Regional Park (TJRVP)
  - Sweetwater Summit/Eastview Park
- Proposed Trail Systems
  - California Coastal Trail
  - Otay Valley Regional Park Trail
- Areas of Interest

**OTAY VALLEY REGIONAL PARK**
- OVRP Trail Access Points:
  - Plaza Bonita Road
  - Bonita Road
  - Sweetwater Road
  - San Miguel Road
  - Summit Meadow Road

**TJRV P TRAIL ACCESS POINTS:**
- Dairy Mart Road
- Hollister Street
- Monument Road
- Sunset Avenue

**SWEETWATER TRAIL ACCESS POINTS:**
- Plaza Bonita Road
- Bonita Road
- Sweetwater Road
- San Miguel Road
- Summit Meadow Road

**Tijuana River Valley Regional Park (TJRVP)**
- TJRVP Trail Access Points:
  - 27th Street
  - Saturn Boulevard
  - Rios Avenue
  - Hollister Street
  - Beyer Boulevard
  - Swiss Park

**SOUTH SAN DIEGO COUNTY PARKS**
- Sweetwater Regional Park
- Lincoln Acres Park
- Provence House
- Otay Lakes Park
- Otay Valley Regional Park
- Sweetwater Summit/Eastview Park
- County Administration Center Waterfront Park

2 Miles