



LAKE SAN MARCOS COMMUNITY ASSOCIATION

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"BUILDING A BETTER COMMUNITY"

LAKE SAN MARCOS COMMUNITY ASSOCIATION RESOLUTION OF THE BOARD OF DIRECTORS APPROVING **LIVE WELL SAN DIEGO** PARTNERSHIP

A regular meeting of the Lake San Marcos Community Association Board of Directors was held on March 13, 2014, where a quorum of the Board was present, and the following resolution was considered.

WHEREAS, it is known that three behaviors – poor nutrition, physical inactivity and tobacco use – are the main causes that lead to four chronic illnesses: **cancer, heart disease & stroke, Type 2 diabetes, and lung disease, and account for more than half of the deaths of San Diego County residents;** and

WHEREAS, the County of San Diego Health and Human Services Agency (HHSA) launched the *Live Well San Diego* initiative to serve as the blueprint for achieving the vision of healthy, safe, and thriving communities; and

WHEREAS, the Lake San Marcos Community Association wishes to partner with the County of San Diego to plan and implement innovative and creative projects to bring *Live Well San Diego's* vision of a healthy, safe and thriving San Diego to a new level; and

WHEREAS, the Lake San Marcos Community Association was formed to represent and facilitate the interests of its members and the overall community by encouraging and supporting a wide range of positive, group interactions that result in healthier individuals; a better quality of life and an all-round vibrant community; and

WHEREAS, the Lake San Marcos Community Association board and its members take an active role in many healthy physical activities within the community including tennis, swimming, golf, paddle tennis, boating, dancing, walking, gardening and fishing among others; and

WHEREAS, the Lake San Marcos Community Association board and its members are engaged in activities which promote the varied interest of residents including supporting their mental health and social interaction including service clubs, music, table games, lectures, book club, toastmasters, drama, newcomer's mixer, knitting, and writer's club among others; and

WHEREAS, Lake San Marcos Residents are involved in a wide range of cultural, religious and political groups representing a cross section of the regional population; and

WHEREAS, the Lake San Marcos Community Association sponsors and supports programs to ensure the enhanced health and ongoing safety of its residents through programs related to disaster preparedness, palliative care, Citizen Emergency Response Teams (CERT) and FEMA related flood and emergency information; and

WHEREAS, the Lake San Marcos Community Association engages in constructive interaction with the Community Development Corporation and encourages their efforts to improve Lake San Marcos recreational facilities ; the Lake San Marcos Security Patrol's proactive protective services within the community and nearby educational, governmental institutions and agencies including the City of San Marcos; Cal State University San Marcos and its Osher Program; San Marcos Unified School District, with emphasis on engagement with San Marcos High School and High Tech High; Palomar College as well as those with significant impacts on the environment, infrastructure and physical conditions within Lake San Marcos community including the County of San Diego, Vallecitos Water District and Regional Water Quality Control Board; and

WHEREAS, the Lake San Marcos Community Association believes that support and interaction with all of the above agencies and organizations bring many important benefits to the overall community, but also foster intergenerational and intercultural understanding and result often in new, innovative opportunities and relationship benefiting the quality of life for many residents; and

WHEREAS, the Lake San Marcos Community Association understands the benefit of providing frequent and comprehensive communications with all residents in the community by publishing and distributing monthly copies of the LSMCA **Quail Call** to all residential addresses as well as on the web (www.lsmca.com); and

NOW, THEREFORE, be it resolved that the Lake San Marcos Community Association supports the County of San Diego **Live Well San Diego** initiative and joins as a partner

organization on the path to promoting healthy, safe and thriving communities in the North County region.

PASSED AND ADOPTED, on this 13th day of March 2014 by the Board of Directors of the Lake San Marcos Community Association.

Dated: March 13, 2014

By: Eli Whitney
Eli Whitney
Chairman, Board of Directors

Attested: Jim Broach
Jim Broach
Executive Secretary