PROCLAMATION
Presented by Supervisor Greg Cox

HONORING ARTHRITIS FOUNDATION SAN DIEGO OFFICE

WHEREAS, health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the Live Well San Diego initiative to achieve the County’s vision of safe, healthy and thriving communities; and

WHEREAS, the Arthritis Foundation was founded in 1948 and is the largest national, volunteer-driven nonprofit organization solely dedicated to the prevention, control and cure of arthritis; and

WHEREAS, arthritis is the leading cause of disability in the United States with an annual cost to the economy of over $128 billion per year; and

WHEREAS, the Arthritis Foundation San Diego Office has been providing programs and services to the more than 412,000 adults and 6,000 children battling the daily pain of one or more of the 174 types of arthritis since 1963; and

WHEREAS, the Arthritis Foundation’s “Walk With Ease” program is the only walking program identified as arthritis-appropriate and evidence-based by the Centers for Disease Control and Prevention and has been proven effective in increasing balance, reducing pain, improving mental health, flexibility and overall physical health; and

WHEREAS, the Arthritis Foundation San Diego Office has been a partner with Aging & Independence Services, serving with the Health Promotion committee; and promoting Evidence Based Healthier Living Workshops for their clients and caregivers; and

WHEREAS, the 2014 Jingle Bell Run/Walk will be held on Saturday, December 13th to raise funds to help find a cure for arthritis; and

WHEREAS, the County of San Diego is committed to recognizing and honoring those organizations that are dedicated to the best ideals of public service, and the Arthritis Foundation San Diego Chapter is one such worthy organization; NOW THEREFORE,

BE IT PROCLAIMED by Chairwoman Dianne Jacob and all members of the San Diego Board of Supervisors on this 13th day of December 2014, that they commend the ARTHRITIS FOUNDATION SAN DIEGO OFFICE for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the “ARTHRITIS FOUNDATION SAN DIEGO OFFICE LIVE WELL SAN DIEGO DAY” throughout San Diego County.