



Bella Mente
Montessori Academy

**RESOLUTION OF THE BOARD OF DIRECTORS OF BELLA MENTE CHARTER SCHOOL
ESTABLISHING THE PARTNERSHIP WITH LIVE WELL SAN DIEGO**

On motion of Member Caroline Veale, seconded by Member Scott Moore, the following resolution is adopted:

WHEREAS, it is known that poor nutrition, lack of exercise, tobacco use and environmental degradation pose harmful health implications such as cancer, heart disease, type 2 diabetes, and respiratory ailments, which account for a significant portion of deaths in San Diego County, and

WHEREAS, on July 13, 2010 the San Diego County Board of Supervisors adopted Live Well San Diego, a long term vision serving as the blueprint for achieving healthy, safe and thriving communities; and

WHEREAS, Bella Mente Montessori Academy's mission and vision is closely aligned with the County of San Diego's Live Well San Diego vision encouraging healthy lifestyles for its students and families ensuring a safe environment; and

WHEREAS, Bella Mente Montessori Academy has adopted nutrition standards for all food and beverages available to staff and students provided through the food service program, and classroom celebrations; and

WHEREAS, Bella Mente Montessori Academy has formed a Health Wellness Committee comprised of parents, staff, students, and community stakeholders to support Bella Mente Montessori Academy in promoting the health and wellness of its students and families; and

WHEREAS, Bella Mente Montessori Academy offers every student an opportunity to engage in garden and nutrition, Walk/Bike to School Week, Screen Free Week, Boosterthon running fundraiser; and

WHEREAS, Bella Mente Montessori Academy, along with Community of Vista, participate in annual Red Ribbon Week activities to increase student awareness of

Healthy Lifestyles, school and community connectedness, and prevention of substance abuse; and

WHEREAS, Bella Mente Montessori Academy participates in cyber-bullying training with Vista Sheriff School Resource Officer; and

WHEREAS, Bella Mente Montessori Academy employs a Registered School Nurse to oversee health policies and procedures, ensure implementation of best practices at school and to be a health resource to parents; and

WHEREAS, Bella Mente Montessori Academy has partnered with Vista Teen Outreach to provide nutritious food for families in need on weekends throughout the school year; and

WHEREAS, Bella Mente Montessori Academy conducts the California Healthy Kids Survey to collect and analyze data related to students' attitudes towards and use of alcohol, tobacco, and drugs; and

WHEREAS, Bella Mente Montessori Academy offers yearly vision and hearing screening for students K,1,2,5,8; and

WHEREAS, Bella Mente Montessori Academy has an AED on site, which includes annual training as well as First Aid and CPR for all staff; and

WHEREAS, Bella Mente Montessori Academy has implemented strategies aligned with Alliance for a Healthier Generation in order to improve attendance and health of all its students; and

WHEREAS, Bella Mente Montessori Academy will continue to partner, collaborate, learn and share best practices in an effort to maximize the impact of Live Well San Diego partnership; and

THEREFORE BE IT RESOLVED, that Bella Mente Montessori Academy; and its Board, supports the adopted Building Better Healthy, Living Safely, and Thriving Strategies, and joins in the County of San Diego's Live Well San Diego vision.

AYES: All (5)

NOES: 0

ABSTAIN: 0