



## Home Start Resolution

### Resolution in Support of Home Start, Inc. in the County of San Diego's Live Well Initiative

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the *Live Well San Diego* initiative to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the *Live Well San Diego* initiative is about uniting all sectors—business, schools, military and veteran's organizations, community- and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, Home Start's mission is to assure the safety and resiliency of children by strengthening families and their communities; and Home Start advances health by convening diverse partners to work collaboratively to achieve collective impact; and

WHEREAS, the concept of a 3-4-50 is the centerpiece for *Live Well San Diego*, which shows that three behaviors – poor nutrition, lack of exercise, and tobacco use contribute to four diseases: 1) cancer; 2) heart disease and stroke; 3) type 2 diabetes; and 4) respiratory conditions, which account for more than fifty percent of the deaths in San Diego County; and

WHEREAS, Home Start partners with the County of San Diego HHSA and Live Well San Diego on multiple projects, including Child Abuse Prevention Coordinating Council, TAY/Homeless Youth Initiative, Regional Continuum of Care, Trauma Informed Services Initiative; and

WHEREAS, Home Start oversees and implements additional programs and projects that demonstrate the principles of Live Well San Diego, including Mental Health Services, Community Services for Families, First 5 First Steps, Family Self Sufficiency, Financial Opportunity Center, Maternity Shelter; and

WHEREAS, Home Start is committed to continuing to advance *Live Well San Diego* into the future, and is embracing strategies of this initiative, including Trauma Informed Services, Evidence Based Practices, Increasing Access to Care, Workforce Development including Social Enterprise Initiative;

BE IT AND IT IS HEREBY RESOLVED by the Home Start Board of Directors that Home Start supports and approves Home Start's participation as a partner in the County of San Diego's Live Well program.

I, Laura A. Mustari, CEO of Home Start, Inc., do hereby certify the foregoing to be duly passed and adopted by the Home Start Board of Directors on May 26, 2015.

Laura A. Mustari, LCSW

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