



PROCLAMATION

Presented by Chairwoman Kristin Gaspar

HONORING INTERNATIONAL COLLEGE OF HOLISTIC STUDIES

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted Live Well San Diego to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the Live Well San Diego vision is about uniting all sectors—business, schools, military and veterans' organizations, community- and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, the International College of Holistic Studies is a non-profit school that strives to provide the highest quality of education and professional career training by integrating balance of Western and Eastern holistic health principles and practices; and

WHEREAS, the International College of Holistic Studies regularly provides free chair massages and resources to community events that support individuals such as nurses and veterans; and

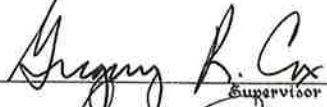
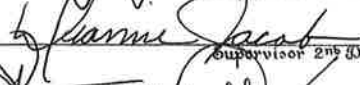
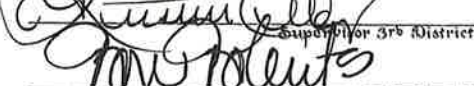
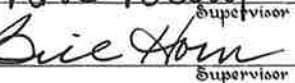

WHEREAS, the International College of Holistic Studies Wellness supports the health and wellness of its students by providing soothing low volume music throughout the campus, a meditation room, free yoga classes on Thursday nights, and weekly on-site counseling for Veteran students; and

WHEREAS, the International College of Holistic Studies partners with Vets Community Connections, Wounded Warrior Project, San Diego Military Advisory Council, VA Vocational Rehabilitation, Veteran's Village of San Diego, San Diego Veteran's Workforce, and San Diego Veterans Center to support the veterans and their families; and

*WHEREAS, The International College of Holistic Studies is committed to continuing to advance Live Well San Diego into the future, and is embracing strategies of this vision in ways such as hosting events for Vets Community Connections: Care package drives and Military Spouse Appreciation Days; **NOW THEREFORE,***

***BE IT PROCLAIMED** by Chairwoman Kristin Gaspar and all members of the San Diego County Board of Supervisors on this 5th day of October 2018 that they commend the **INTERNATIONAL COLLEGE OF HOLISTIC STUDIES** for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be "**INTERNATIONAL COLLEGE OF HOLISTIC STUDIES LIVE WELL SAN DIEGO DAY**" throughout San Diego County.*




 Supervisor 1st District

 Supervisor 2nd District

 Supervisor 3rd District

 Supervisor 4th District

 Supervisor 5th District