SAN PASQUAL UNION SCHOOL DISTRICT
RESOLUTION #15-16-05

Resolution in Support of the County of San Diego
LIVE WELL, SAN DIEGO! INITIATIVE

On motion of Member Hersey, Seconded by Member Heidemaat, the following resolution is adopted:

WHEREAS, it is known that poor nutrition, lack of exercise, tobacco use and environmental degradation pose harmful health implications such as heart disease, type 2 diabetes, obesity, and respiratory ailments which account for a significant portion of deaths in San Diego county; and

WHEREAS, the San Pasqual Union School District recognizes the link between student health and learning and academic success and has adopted a comprehensive Student Wellness policy to incorporate nutrition education, physical education, and ongoing wellness programs at its schools; and

WHEREAS, the district administers the California Healthy Kids Survey to collect and analyze data related to students’ sense of health and wellbeing, school safety, and behavior, experiences, and attitudes about use of alcohol, tobacco, other drugs; and

WHEREAS, the San Pasqual Union School District has adopted the CHARACTER COUNTS curriculum, centered on basic values called the Six Pillars of Character (trustworthiness, respect, responsibility, fairness, caring and citizenship) that is closely aligned with the County of San Diego Live Well, San Diego! Initiative encouraging a safer school and community environment; and

WHEREAS, the Food Services Department at San Pasqual Union School District works to surpass the state and federal standard nutrition requirements, providing salad bars at all schools, while also creating meals and an environment that is attractive to students; and

WHEREAS, the District’s Child Nutrition Program is targeting the reduction of fat, sugar, and salt on the menu to include prohibition of high sugar drinks and carbonated beverages sold on campuses; and

WHEREAS, the District, recognizes the need for clinically trained professionals to address the mental health needs of its students. Through a contract with Vista Hill Mental Health Service, San Pasqual Union has retained one mental health professional to provide individual and group counseling, peer mediation, crisis management, classroom presentations, staff training, community outreach and collaboration, as well as general on-site support for students, families and teachers; and

WHEREAS, the District has sought to reduce its utility demands and water usage through water efficient landscaping; and
WHEREAS, in collaboration with community partners, campus beautification and school gardening programs provide outdoor educational opportunities and fresh, organic herbs, vegetables, and fruit for students and staff; and

WHEREAS, the District embraces a recycling program, to include reduction of paper waste through web-based curriculum, and recycling bins throughout campus and in all classrooms and the office; and

NOW, THEREFORE, be it resolved that through these many efforts, the San Pasqual Union School District Board of Trustees supports the adopted Building Better Health and Living strategies and joins in the County of San Diego Live Well, San Diego! Initiative.

PASSED AND ADOPTED, this 12th day of January, by the Governing Board of the San Pasqual Union School District by the following vote:

AYES: 5  NOES: 0  ABSENT: 0  ABSTAINED: 0

I hereby certify that the foregoing is a full, true, and correct copy of the resolution duly adopted by said Governing Board of the San Pasqual Union School District at a regularly called and conducted meeting held on said date, which resolution is on file and of record in the office of said Board.

Blaise Jackson
President of the Board

Scott Heidemann
Clerk to the Board
AGENDA – January 12, 2016

Adopt Resolution Endorsing Live Well San Diego as the Foundation for a Healthy, Safe and Thriving District (Action)

**Background Information:**
In 2010, the County of San Diego Board of Supervisors adopted a comprehensive initiative called Live Well San Diego which includes three components: Building Better Health, adopted on July 13, 2010; Living Safely, adopted on October 9, 2012; and, Thriving, adopted on October 21, 2014.

**Proposal:**
Live Well San Diego connects organizations of every kind—cities and governments, businesses, healthcare organizations, schools and community and faith-based organizations—through a shared purpose. School district partners have the potential to reach children and families throughout San Diego County. Working together, we are able to support healthy, safe and thriving students, teachers and families through updated wellness programs, farm-to-market cafeteria programs, school gardens, safe routes to school, disaster preparedness and environmentally conscious buildings.

By adopting this resolution this will fulfill District Goals to offer social-emotional supports so that student needs are met for optimal learning.

**Financial Impact:**
None for this proposal

**Superintendent’s Recommendation:**
That the Board adopt Resolution #15-16-05 Endorsing Live Well San Diego as the Foundation for a Healthy, Safe and Thriving District