

PROCLAMATION

HONORING the National Alliance on Mental Illness (NAMI) San Diego

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the *Live Well San Diego* initiative to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the *Live Well San Diego* initiative is about uniting all sectors—business, schools, military and veterans organizations, community- and faith-based organizations, and all levels of government—to bring about positive change; and

WHEREAS, NAMI San Diego's goals are to inform, educate and support people with mental illness and their families, to share information and strive to end stigma associated with mental illness; and

WHEREAS, NAMI San Diego has hosted an Annual 5K Walk for the past ten years, which is attended by more than 3,000 participants annually. The San Diego County NAMI Walk includes a major community resource fair which provides free public resources to all event participants; and

WHEREAS, NAMI San Diego now partners with County Behavioral Health Services to host its annual NAMI Walk and HHS Wellness Expo, with more than 110 resource booths, a community art show, live entertainment, and

WHEREAS, NAMI San Diego offers a free helpline, support groups, and educational meetings, as well as a lending library for persons with mental health concerns throughout San Diego County; and

WHEREAS, NAMI San Diego is committed to continuing to advance *Live Well San Diego* into the future, and is embracing strategies of this initiative in ways illustrated here:

- Building a Better Service Delivery System by providing a work environment that honors lived experience, uses recovery language, provides education about mental illness, and promotes stigma reduction,
- Supporting Positive Choices by enforcing local ordinances on tobacco use at the NAMI offices and providing an Employee Assistance Program for alcohol and drug abuse prevention, and
- Pursuing Policy and Environmental Change by providing weekly NAMI San Diego wellness webinars and encouraging community participation in health promotion events.

NOW, THEREFORE, BE IT PROCLAIMED by Chairman Bill Horn and all members of the San Diego Board of Supervisors on this 2nd day of May 2015 that they commend the National Alliance on Mental Illness (NAMI) San Diego for its outstanding service, leadership, and commitment to the health and wellness of County residents, and do hereby declare this day to be **"NAMI San Diego LIVE WELL SAN DIEGO DAY."**