



# BASTYR UNIVERSITY

## DECLARING BASTYR UNIVERSITY A LIVE WELL SAN DIEGO UNIVERSITY

**WHEREAS**, the health and well-being of citizens is of primary concern for the County of San Diego, and on July 13, 2010, the San Diego County Board of Supervisors adopted *Live Well San Diego* serving as the blueprint for achieving the county's vision of healthy, safe, and thriving communities; and

**WHEREAS**, the concept of 3-4-50 is the centerpiece for *Live Well San Diego*, which shows that three behaviors - poor nutrition, lack of exercise, and tobacco use contribute to four diseases: (1) cancer, (2) heart disease and stroke, (3) type 2 diabetes, and (4) respiratory conditions, which account for more than fifty percent of deaths in San Diego County; and

**WHEREAS**, *Live Well San Diego* is the common thread between the work of public and private entities, faith-based organizations, agencies, cities, businesses, community members, and other stakeholders toward a shared vision of healthier, safer, and more self-sufficient communities; and

**WHEREAS**, Bastyr University (BU) founded in 1978 is a non-profit educational institution that has grown to become the world's leading academic center for advancing knowledge in the natural health arts and sciences by integrating education, research and clinical services; and

**WHEREAS**, BU is committed to supporting the health and wellness of its students, staff, and faculty with a tobacco-free, safety-focused campus environment providing access to whole foods, nature, exercise, and health care services; and

**WHEREAS**, BU actively promotes the full participation and inclusion for students with disabilities in health and professional programs by promoting a greater understanding and awareness of inclusion, diversity, and accessibility issues; and

**WHEREAS**, BU is committed to preparing its students to work with and care for diverse communities that includes underserved populations in a variety of clinical and non-clinical settings; and

**WHEREAS**, BU fosters engagement with the greater community by offering nutritional cooking and healthy living classes, and by offering free health screenings at wellness events; and

**WHEREAS**, BU is committed to building bridges between primary health care and public health to sustain effective collaboration for improved population health; and

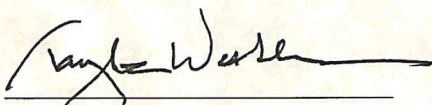
**WHEREAS**, BU wholeheartedly supports the *Live Well San Diego* vision and is committed to working with the County of San Diego and its partners in supporting healthy, safe, and thriving learning and health care delivery communities.


**NOW, THEREFORE, BE IT RESOLVED** that the Board of Trustees of Bastyr University declares Bastyr University is a *Live Well San Diego* University. The president is hereby authorized to execute documents and perform all acts necessary to carry out the intention of this resolution. This resolution will take effect immediately.

I hereby certify that the foregoing is a full, true and correct copy of a resolution duly passed and adopted by the Board of Trustees of Bastyr University at a meeting held on the January 18, 2018.

**ADOPTED** by vote of members of the Board of Trustees of Bastyr University constituting a quorum at a meeting held upon due notice on January 18, 2018, in Kenmore, Washington.

Attest:

  
Tayloe Washburn, Board Chair

  
Gerald Hoffmeister, Board Secretary

  
Harlan Patterson, President