SOLANA BEACH SCHOOL DISTRICT
RESOLUTION 020115

RESOLUTION IN SUPPORT OF THE COUNTY OF SAN DIEGO
LIVE WELL SAN DIEGO

WHEREAS, is known that three behaviors – poor nutrition, lack of exercise and tobacco use – are the main causes of the four chronic illness: cardiovascular disease and stroke, cancer Type 2 diabetes and respiratory conditions, which account for more than half of the deaths in San Diego County residents; and

WHEREAS, the County of San Diego launched the Live Well San Diego Initiative to serve as a blueprint for achieving the vision of healthy safe and thriving communities;

WHEREAS, on July 13, 2010 and October 9, 2012, the San Diego Board of Supervisors adopted the Building Better Health and Living Safety strategies, the first two components of Live Well San Diego encouraging all residents of the county to participate programs to build better health and increase safety as individuals, families and communities; and

WHEREAS, the Solana Beach School District recognizes the link between student health and learning and is committed to providing a comprehensive learning environment that supports and promotes wellness, healthy eating, nutrition education, physical education, and activity for our students; and

WHEREAS, the District recognizes the link between student healthy and learning and is committed to providing safe, healthy, and thriving school environments that promote student wellness, proper nutrition, nutrition education, and regular physical activity for all District students; and

WHEREAS, the District has formed a Wellness Committee to support the district in promoting the health and wellness of its students and families; and through their efforts each school site has a thriving school garden providing fresh, organic produce for the District’s lunch program; and

WHEREAS, the District’s Child Nutrition Program now has salad bars at all seven schools, five days a week, promoting good nutrition and healthy eating habits, and

WHEREAS, the Solana Beach school District wholly supports the Live Well San Diego Initiative and is committed to upholding the goals of Live Well San Diego by providing safe, healthy, and thriving schools through:

a. Leadership, advocacy, and continued collaboration engaging District leaders, school staffs, parents, students, and community members.

b. Designing, monitoring, and evaluating a wellness policy that includes requirements and guidelines to promote the consumption of nutritious foods and increased physical activity for all District students while encouraging parental involvement in helping children establishing lifelong healthy and active habits.

c. Safe school environments, participation in Safe Routes to Schools, and bullying prevention and awareness programs.
NOW THEREFORE, it be resolved, that through these many efforts, the Solana Beach School Board of Education supports the Building Better Health and Living Safely strategies and joins the Live Well San Diego Initiative.

PASSED AND ADOPTED, this 11th day of February, 2015 by the Board of Education of the Solana Beach School District by the following vote:

AYES: 4

NOES: 0

ABSENT: 1 (Lewry)

I HEREBY CERTIFY that the foregoing resolution was duly introduced, passed and adopted at a regularly called and conducted meeting held on said date.

Julie Uno
Clerk of the Governing Board
Solana Beach School District