

## RESOLUTION 2015-136

### A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SOLANA BEACH, CALIFORNIA, AUTHORIZING THE CITY TO BECOME A LIVE WELL SAN DIEGO PARTNER

**WHEREAS**, it is known that three behaviors—poor nutrition, lack of exercise, and tobacco use—are the main causes that lead to four chronic illnesses: cardiovascular disease and stroke, cancer, Type 2 diabetes, and respiratory conditions, which account for more than half of the deaths of San Diego County residents; and

**WHEREAS**, in 2010, the County of San Diego launched *Live Well San Diego*, a long term vision serving as the blueprint to improve the health, safety and well-being of all residents and communities; and

**WHEREAS**, the City of Solana Beach supports safe, walkable communities and has demonstrated leadership throughout the County with the development of the recently approved Comprehensive Active Transportation Strategy, pedestrian and bicycle safety improvements, securing a successful Safe Route to School grant and working with the local BikeWalkSolana community group to gain community feedback and work collaboratively to address pedestrian/bicycle improvements; and

**WHEREAS**, the City of Solana Beach provides recreation facilities and programs that support physical activities for youth and life-long fitness for adults in the community. The City has a unique and successful partnership with the local Boys and Girls Club to provide recreational and educational opportunities that focus on teaching the local youth healthy eating and cooking habits and staying physically active; and

**WHEREAS**, the City of Solana Beach supports access to fresh fruits and vegetables by permitting a farmers market every Sunday afternoon in the Cedros Design district; and

**WHEREAS**, the City of Solana Beach is committed to developing and maintaining a green and sustainable future for all those who live, work and play here. In support of these efforts, the City of Solana Beach has served as a leader in San Diego County, becoming the first city to remove single-use plastic bags from grocery store and retailers in 2012 and the first to approve a ban on disposable polystyrene food containers in 2015; and

**WHEREAS**, in 2003 the City of Solana Beach became the first city in the County to ban smoking on public beaches and routinely ranks at the top in the American Lung Association's report on tobacco control policies in the County; and

**WHEREAS**, the City of Solana Beach works closely with the San Dieguito Alliance for Drug Free Youth to prevent and reduce the use of alcohol, tobacco and other drugs among its youth; and

**WHEREAS**, the City of Solana Beach provides the Dial-A-Ride service offering affordable transportation to low-income residents who are unable to operate a motor vehicle and/or use public transportation due to their physical limitations from advanced age or disability; and

**WHEREAS**, the City of Solana Beach provides employee wellness benefits such as a joint-use agreement with the Boys and Girls Club that allows employees to use their pool and gym free of charge, an agreement with a local morning boot camp program that employees can use free of charge and has just introduced an Employee Wellness Program that provides employees a monthly reimbursement for a gym or health club membership; and

**WHEREAS**, the City of Solana Beach will collaborate and share information with the County of San Diego in support of *Live Well San Diego*.

**NOW THEREFORE**, the City Council of the City of Solana Beach, California, does resolve as follows:

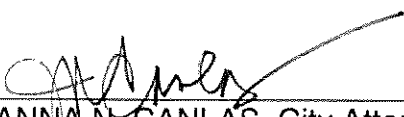
1. That the foregoing recitations are true and correct.
2. That the City Council authorizes the City of Solana Beach to become a Live Well San Diego partner.

**PASSED AND ADOPTED** at a special meeting of the City Council of the City of Solana Beach, California, held on the 18th day of November 2015, by the following vote:

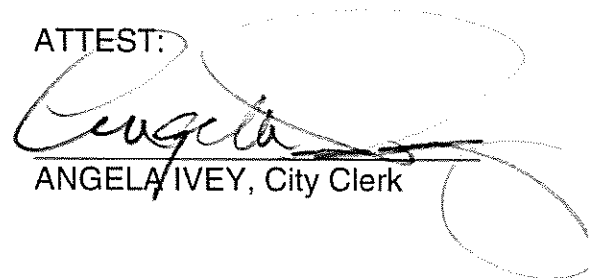
AYES: Councilmembers – Heebner, Zito, Zahn, Nichols, Marshall  
NOES: Councilmembers – None  
ABSENT: Councilmembers – None  
ABSTAIN: Councilmembers – None

  
LESA HEEBNER, Mayor

APPROVED AS TO FORM:

  
JOHANNA N. CANLAS, City Attorney

ATTEST:

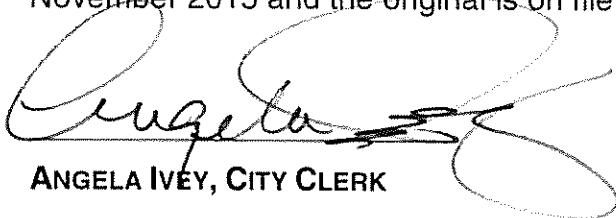
  
ANGELA IVEY, City Clerk



## RESOLUTION CERTIFICATION

STATE OF CALIFORNIA }  
COUNTY OF SAN DIEGO } §  
CITY OF SOLANA BEACH }

I, ANGELA IVEY, City Clerk of the City of Solana Beach, California, DO HEREBY CERTIFY that the foregoing is a full, true and correct copy of **Resolution 2015-136** *authorizing the City to become a Live Well San Diego partner* as duly passed and adopted at a Special Solana Beach City Council meeting held on the 18<sup>th</sup> day of November 2015 and the original is on file in the City Clerk's Office.

  
ANGELA IVEY, CITY CLERK

CERTIFICATION DATE: Dec 1, 2015