



PROCLAMATION

Presented by Supervisor Ron Roberts

HONORING STRETCHTOPIA

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted Live Well San Diego to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the Live Well San Diego vision is about uniting all sectors – business, schools, military and veteran's organizations, community- and faith-based organizations, and all levels of government – in order to bring about positive change; and

WHEREAS, the mission of Stretchtopia is to create a happier and healthier workplace by helping businesses implement workplace wellness and offer yoga classes to employees; and

WHEREAS, Stretchtopia utilizes yoga as a tool for increasing well-being and resilience, and strives to make yoga inclusive and accessible for everyone by providing affordable classes with discounts for small businesses, government agencies and nonprofits; and

WHEREAS, by actively seeks partnerships with businesses and community members Stretchtopia brings the benefits of yoga to new populations and provides education on the benefits of wellness programs in the work environment; and

WHEREAS, Stretchtopia is working with the Live Well @ Work initiative as a partner and linking employers to resources, including planning free workplace wellness workshops; and

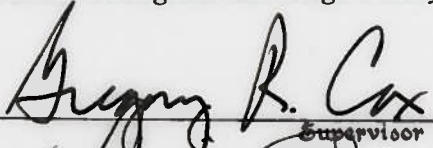
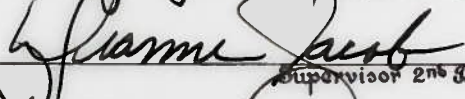
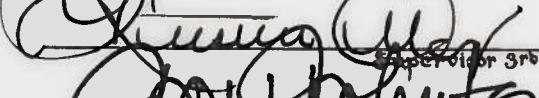


WHEREAS, designing custom classes to fit the needs of individuals in each group, Stretchtopia focus on stress reduction and releasing muscle tension from office work; and

WHEREAS, Stretchtopia is committed to continuing to advance Live Well San Diego into the future, and is embracing strategies of this vision by increasing access to wellness activities; and

WHEREAS, the County of San Diego is committed to recognizing and honoring those organizations dedicated to the best ideals of public service, and Stretchtopia is one such worthy group; NOW THEREFORE,

BE IT PROCLAIMED by Chairwoman Kristin Gaspar and all members of the San Diego County Board of Supervisors on this 19th day of May 2018 that they commend **STRETCHTOPIA** for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the **"STRETCHTOPIA LIVE WELL SAN DIEGO DAY"** throughout San Diego County.




 Supervisor 1st District

 Supervisor 2nd District

 Supervisor 3rd District

 Supervisor 4th District

 Supervisor 5th District