

## **LIVE WELL SAN DIEGO INITIATIVE RESOLUTION NO. 15-05**

**WHEREAS**, it is known that poor nutrition, obesity, lack of exercise, tobacco, alcohol and other drugs pose harmful health consequences such as heart disease, diabetes, cancer and respiratory illness that negatively impact the wellbeing of our community and account for the majority of deaths in San Diego County; and

**WHEREAS**, it is known that bullying, discrimination and violence-related incidents negatively affect the school community environment and a student's ability to learn; and

**WHEREAS**, on July 13, 2010 the San Diego County Board of Supervisors adopted the *Live Well San Diego* initiative, a 10-year plan serving as the blueprint for achieving the vision of healthy, safe and thriving communities; and

**WHEREAS**, the Vista Unified School District recognizes the link between student health and learning and desires to provide a comprehensive coordinated school health program that supports and reinforces health literacy through health education, physical education, health services, nutrition services, psychological and counseling services, health promotion for staff and a safe and healthy school environment with parent and community involvement; and

**WHEREAS**, the nutrition standards adopted by the district for all food and beverages available to students and staff, including foods and beverages provided through the district's food service program, student store, vending machines, fundraisers and other venues, meet or exceed state and federal nutrition services requirements; and

**WHEREAS**, the District has formed a Wellness Committee comprised of staff, parents, and community stakeholders to support the health and wellness of students and families; and

**WHEREAS**, the District has partnered with the nonprofit organizations, Got Your Back and Food for Kids, to provide nutritious food for families in need on weekends throughout the school year; and

**WHEREAS**, the District employs Registered Credentialed School Nurses to oversee the District health policies and procedures, ensure implementation of best practices in schools, be a health resource to parents, and provide access to health care assistance to the community; and

**WHEREAS**, the District, in partnership with Vista Community Clinic, has implemented the A+ Teeth Dental Screening Program offering free dental screening services to all District elementary and middle schools; and

**WHEREAS**, the District recognizes that automated external defibrillators (AED) should be deployed on school campuses to provide protection from the risk of sudden cardiac arrest for all age groups, and has authorized the placement of AED's at school sites for use by personnel who have volunteered to receive training in AED's; and

**WHEREAS**, the District is committed to providing a safe school and community environment by taking a proactive approach to disaster and safety plans. Participants of the District Safety Committee include School Administrators and staff, a parent representative, and City of Vista and Oceanside representatives, including law enforcement; and

**WHEREAS**, the District partners with emergency responders and school sites in the development of disaster and emergency plans, and has partnered with the American Red Cross to provide community care and shelter facilities in the event of a disaster; and

**WHEREAS**, the District works with City Planners in developing Safe Routes to Schools and creating a bicycle friendly community; and

**WHEREAS**, the District is a participant in the City of Vista Community Safety Commission, dedicated to promoting and enhancing community safety and welfare; and

**WHEREAS**, the District supports and engages students in programs that focus on safety and prevention including the California Highway Patrol program's Start Smart (Safe Driving Practices) and Every 15 Minutes (Drunk Driving Prevention) as well as other evidence-based tobacco, drug and alcohol prevention curriculum; and

**WHEREAS**, the District has implemented The AWARE program (Attitude When Angry and Resolving Emotional Issues Non-violently) at the middle and high schools in recognition of the importance of emotional literacy and intervention for students at risk for gang involvement; and

**WHEREAS**, the District has integrated Character Education into the culture of our District through implementation of the nationally recognized Character Counts, a widely used character development framework, in addition to Conflict Resolution, Safe School Ambassadors and Breaking Down the Walls, programs that address bullying behaviors and barriers to effective communication; and

**NOW, THEREFORE**, be it resolved that through these many efforts, the Vista Unified School District Board of Trustees supports the adopted Building Better Health and Living Safely Strategies and joins in the County of San Diego *Live Well San Diego* Initiative.

11/3/2014  
Date

  
Board President