



Board Resolution of The Arc of San Diego

2017-03 *Live Well San Diego* Partnership

WHEREAS, the health and well-being of citizens is of primary concern for the County of San Diego, and on July 13, 2010, the San Diego County Board of Supervisors adopted the *Live Well San Diego* vision, for achieving the county's vision of Building Better Health, Living Safely, and Thriving; and

WHEREAS, *Live Well San Diego* is the common thread between the work of public and private entities, faith-based and community-based organizations, cities, business community members, and other stakeholders toward a shared vision of a healthier, safe, and more self-sufficient communities; and

WHEREAS, The Arc of San Diego's mission is to support and empower people with disabilities to achieve their life goals; The Arc of San Diego was founded in 1951 and has grown to be one of the largest, most comprehensive service providers for people with disabilities in San Diego County; The Arc of San Diego provides a wide range of support to approximately 2,500 children and adults with intellectual and developmental disabilities such as autism, cerebral palsy, and Down syndrome annually; and

WHEREAS, The Arc of San Diego fulfills the *Live Well San Diego* partner requirements by providing a wide range of programs including early intervention services for infants and toddlers, adult day programs, residential services, independent living skills training, respite services, vocational training, employment placement programs, and recreational opportunities; and

WHEREAS, The Arc of San Diego is committed to continuing to advance *Live Well San Diego* into the future, and is embracing strategies of this initiative in ways illustrated here:

- Building a Better Service Delivery System by Our staff works in collaboration with other professionals such as speech therapists, psychologists, and nutritionists, as well as by partnering with community resources and other nonprofits to seek the best possible support for those we serve.
- Supporting Positive Choices by providing those we serve with opportunities to engage in activities that promote healthy living such as our Stepping Out to a Healthy Lifestyle program which focuses on increased physical activity daily and healthy eating habits and the establishing Our Place Yoga and Wellness Center that provides yoga classes, fitness training, and an overall emphasis on healthy living.

WHEREAS, The Arc of San Diego whole-heartedly supports the *Live Well San Diego* vision and will have the opportunity to collaborate with the network of *Live Well San Diego* champions and partners to achieve the greatest collective impact possible for creating and sustaining safe, healthy and thriving communities; and

NOW, THEREFORE, BE IT RESOLVED that the The Arc of San Diego Board of Directors hereby approves the partnership with the County of San Diego's *Live Well San Diego* vision during the meeting occurring on March 22, 2017.



Doug Hoehn
Board Chair

3/22/17

Date