



PROCLAMATION

Presented by Supervisor Greg Cox

HONORING THE IMPERIAL BEACH COMMUNITY CLINIC

WHEREAS, the health and well-being of citizens is of primary concern for the County of San Diego and on July 13, 2010, the County of San Diego launched Live Well San Diego to serve as a blueprint for achieving the County's vision of healthy, safe and thriving communities; and

WHEREAS, at the Imperial Beach Community Clinic, all patients are counseled about physical activity and nutrition at their annual exams, and patients who are identified as having a health problem such as unhealthy weight, hypertension or diabetes are referred to a registered dietician who provides nutrition and physical activity counseling, and refers patients to community resources for physical activities; and

WHEREAS, classes are offered to patients needing support for Emotional Eating, and nutrition classes are taught by a registered dietician and a behaviorist and open to the public; and

WHEREAS, all patients are screened for tobacco use, and referred to programs for cessation, and/or offered medications that assist with cessation; and

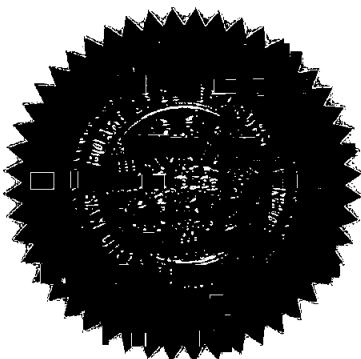
WHEREAS, patients are screened for drug and alcohol use, and patients with mild alcohol or drug abuse problems are treated by behavioral health staff; and those requiring a higher level of care are referred to other organizations in the South Bay that can provide that level of care; and

WHEREAS, the Imperial Beach Community Clinic is an active member of the Live Well San Diego South Region Leadership Team, and Neighborhood and School subcommittees, providing input and sharing lessons learned and best practices to advance Live Well San Diego goals; and

WHEREAS, the Imperial Beach Community Clinic works with Health Center Partners of Southern California, and its member clinics on staff training, peer support groups, and quality improvement; and

WHEREAS, the County of San Diego is committed to recognizing and honoring organizations that support the creation of healthier, safe and more self-sufficient communities; NOW THEREFORE,

BE IT PROCLAIMED by Chairman Ron Roberts and all members of the San Diego County Board of Supervisors that they commend the **IMPERIAL BEACH COMMUNITY CLINIC** for outstanding service, leadership, and commitment to the health and safety of the patients and do hereby declare this 24th day of March 2016 to be the **"IMPERIAL BEACH COMMUNITY CLINIC LIVE WELL SAN DIEGO DAY"** throughout San Diego County.



Gregory R. Cox
Supervisor 1st District

Sham Sabot
Supervisor 2nd District

Dave Roberts
Supervisor 3rd District

Ron Roberts
Supervisor 4th District

Ericson
Supervisor 5th District