WHEREAS, the health and well-being of citizens is of primary concern for the County of San Diego, and on July 13, 2010, the San Diego County Board of Supervisors adopted the Live Well San Diego vision, for achieving the County’s vision of Building Better Health, Living Safely, and Thriving; and

WHEREAS, Live Well San Diego is the common thread between the work of public and private entities, faith-based and community-based organizations, cities, business community members, and other stakeholders toward a shared vision of a healthier, safe, and more self-sufficient communities; and

WHEREAS, MMA Academy, a Self-Defense, Fitness and Fighting training center committed to “Strengthening mind and body” since 1990; and

WHEREAS, MMA Academy fulfills the Live Well San Diego partner requirements by teaching thousands of men, women and children self-defense and their extensive community service involvement has offered exclusive self-defense training for a variety of resource groups throughout the county and surrounding areas. Their fundraising goals for the community are to have each person who has the desire to learn self-protection to have that right!

WHEREAS, MMA Academy is committed to continuing to advance Live Well San Diego into the future, and is embracing strategies of this initiative in ways illustrated here:

- Supporting Positive Choices by educating the community on healthy nutritional choices and a safe and healthy physical lifestyle.
- Making the safety of San Diego County residents a daily priority in an effort to end all types of assaults such as bullying, and including verbal attack, by providing trainings in public safety, self-defense, children’s anti-bullying and anti-abduction.
- Delivering empowerment services and education, on topics such as Sexual Assault Prevention and Domestic Violence Prevention to local educational facilities and community events.
- Improving the culture from within by providing team-building, leadership training, and corporate wellness programs.

WHEREAS, MMA Academy whole-heartedly supports the Live Well San Diego vision and will have the opportunity to collaborate with the network of Live Well San Diego champions and partners to achieve the greatest collective impact possible for creating and sustaining safe, healthy and thriving communities; and

NOW, THEREFORE, BE IT RESOLVED that the MMA Academy Governing Board of Directors hereby approves the partnership with the County of San Diego's Live Well San Diego vision.

\[Signature\]

Name, Title

\[Signature\]

Date