SOUTHBAYUNIONSCHOOLDISTRICT
RESOLUTION15-018
RESOLUTIONTOSUPPORTANDJOINTHELIVEWELLSANDIEGOINITIATIVE

ONTHEMOTIONOFMemberEllsworth,secondedbyMemberAguilar, 
thefollowingresolutionisadopted:

WHEREAS, South Bay Union School District revised their wellness policy in 
December 2013, with the new policy featuring changes recommended through the 
HealthyHunger-FreeKidsActof2010;and

WHEREAS, it is known that three behaviors -- poor nutrition, lack of exercise and 
tobacco use -- are the main causes of four chronic illnesses: cardiovascular disease 
and stroke, cancer, Type 2 diabetes and respiratory conditions, which account for more 
than half of the deaths in San Diego County residents; and

WHEREAS, the County of San Diego launched the Live Well San Diego Initiative 
to serve as a blueprint for achieving the vision of healthy, safe and thriving communities; 
and

WHEREAS, on July 13, 2010, October 9, 2012, and October 21, 2014 the San 
Diego Board of Supervisors adopted the Building Better Health, Living Safely and 
Thriving Strategies, the core components of Live Well San Diego, encouraging all 
residents of the county to participate in programs to build better health, increase safety 
as individuals, families, and communities and thrive; and

WHEREAS, South Bay Union School District recognizes the link between student 
health and learning and is committed to providing a comprehensive learning 
environment that supports and promotes wellness, healthy eating, healthy fundraising, 
nutrition education, physical education, and regular physical activity for our students; 
and

WHEREAS, South Bay Union School District provides services for 12 schools 
and more than 8,462 students in grades K through 8; and

WHEREAS, the mission of the South Bay Union School District emphasizes 
commitment to the academic and social success of all students; and

WHEREAS, South Bay Union School District, understands that well-nourished 
students have higher test scores, increased school attendance, improved concentration, 
and improved classroom behavior. Students who are physically fit, sleep better and are 
better able to handle the physical and emotional challenges that they may encounter 
during the day; and

WHEREAS, South Bay Union School District revised their wellness policy with 
the new policy featuring changes recommended through the Child Nutrition Act; and

WHEREAS, South Bay Union School District has a robust website featuring 
wellness resources for students, parents and teachers, a valuable resource for ensuring
these individuals are connected to readily accessible materials that they can use in their everyday life.

WHEREAS, South Bay Union School District serves on the Live Well San Diego South Region School Wellness Subcommittee, identifying ways to help make the school environment healthier and safer; and

WHEREAS, South Bay Union School District, the City of Imperial Beach and Circulate San Diego have collaborated on the Safe Routes to School Grant. South Bay Union School District will continue to work collaborate on this effort, which not only promises to increase student fitness, but also to reduce the congestion around schools with fewer parents dropping off and picking up their students; and

WHEREAS, South Bay Union School District wholly supports the Live Well San Diego initiative and is committed to upholding the goals of Live Well San Diego by providing healthy, safe and thriving schools through:

a. Ensuring the district maintains and monitors an active Wellness Committee that is committed to improving the health and well-being of all students.

b. Providing safe school environments that include participation in Safe Routes to Schools.

NOW THEREFORE, BE IT RESOLVED, that through these many efforts, the South Bay Union School District Board supports and joins the Live Well San Diego Initiative.

PASSED AND ADOPTED by the Board of the South Bay Union School District, County of San Diego, State of California, this 16th day of April, 2015, by the vote below:

I, Melanie Ellsworth, Clerk of the South Bay Union School District Board, County of San Diego, State of California, do hereby certify that the foregoing is a true copy of a resolution adopted by said board at a regular meeting thereof, at the time and by the vote therein stated, which original resolution is on file in the office of said board.

Melanie Ellsworth, Clerk

April 16, 2015

Approval: 4
Dissenting: 0
Abstaining: 0
Absent: 1
SOUTH BAY UNION SCHOOL DISTRICT
RESOLUTION 15-018
RESOLUTION TO SUPPORT AND JOIN THE LIVE WELL SAN DIEGO INITIATIVE

ON THE MOTION OF Member Ellsworth seconded by Member Aguilar, the following resolution is adopted:

WHEREAS, South Bay Union School District revised their wellness policy in December 2013, with the new policy featuring changes recommended through the Healthy Hunger-Free Kids Act of 2010; and

WHEREAS, it is known that three behaviors -- poor nutrition, lack of exercise and tobacco use -- are the main causes of four chronic illnesses: cardiovascular disease and stroke, cancer, Type 2 diabetes and respiratory conditions, which account for more than half of the deaths in San Diego County residents; and

WHEREAS, the County of San Diego launched the Live Well San Diego Initiative to serve as a blueprint for achieving the vision of healthy, safe and thriving communities; and

WHEREAS, on July 13, 2010, October 9, 2012, and October 21, 2014 the San Diego Board of Supervisors adopted the Building Better Health, Living Safely and Thriving Strategies, the core components of Live Well San Diego, encouraging all residents of the county to participate in programs to build better health, increase safety as individuals, families, and communities and thrive; and

WHEREAS, South Bay Union School District recognizes the link between student health and learning and is committed to providing a comprehensive learning environment that supports and promotes wellness, healthy eating, healthy fundraising, nutrition education, physical education, and regular physical activity for our students; and

WHEREAS, South Bay Union School District provides services for 12 schools and more than 8,462 students in grades K through 8; and

WHEREAS, the mission of the South Bay Union School District emphasizes commitment to the academic and social success of all students; and

WHEREAS, South Bay Union School District, understands that well-nourished students have higher test scores, increased school attendance, improved concentration, and improved classroom behavior. Students who are physically fit, sleep better and are better able to handle the physical and emotional challenges that they may encounter during the day; and

WHEREAS, South Bay Union School District revised their wellness policy with the new policy featuring changes recommended through the Child Nutrition Act; and

WHEREAS, South Bay Union School District has a robust website featuring wellness resources for students, parents and teachers, a valuable resource for ensuring
these individuals are connected to readily accessible materials that they can use in their everyday life.

WHEREAS, South Bay Union School District serves on the Live Well San Diego South Region School Wellness Subcommittee, identifying ways to help make the school environment healthier and safer; and

WHEREAS, South Bay Union School District, the City of Imperial Beach and Circulate San Diego have collaborated on the Safe Routes to School Grant. South Bay Union School District will continue to work collaborate on this effort, which not only promises to increase student fitness, but also to reduce the congestion around schools with fewer parents dropping off and picking up their students; and

WHEREAS, South Bay Union School District wholly supports the Live Well San Diego initiative and is committed to upholding the goals of Live Well San Diego by providing healthy, safe and thriving schools through:

   a. Ensuring the district maintains and monitors an active Wellness Committee that is committed to improving the health and well-being of all students.

   b. Providing safe school environments that include participation in Safe Routes to Schools.

NOW THEREFORE, BE IT RESOLVED, that through these many efforts, the South Bay Union School District Board supports and joins the Live Well San Diego Initiative.

PASSED AND ADOPTED by the Board of the South Bay Union School District, County of San Diego, State of California, this 16th day of April, 2015, by the vote below:

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I, Melanie Ellsworth, Clerk of the South Bay Union School District Board, County of San Diego, State of California, do hereby certify that the foregoing is a true copy of a resolution adopted by said board at a regular meeting thereof, at the time and by the vote therein stated, which original resolution is on file in the office of said board.

Melanie Ellsworth, Clerk

April 16, 2015

Approval: 4
Dissenting: 0
Abstaining: 0
Absent: 1