YOUTH ENGAGEMENT IN SERVICE:
DEVELOPMENT OF A
LIVE WELL SAN DIEGO
YOUTH SECTOR

TUESDAY, OCTOBER 27, 2020
ITEM #5
Explore the development of a new

*Live Well San Diego* Youth Sector

**Components:**

- Hire two, part-time Youth Advisors
- Youth participation on Boards and Commissions
- Youth leadership and training
- Mentorship opportunities
Live Well San Diego

Sectors

- Schools and Education
- Business and Media
- Cities and Government
- Community & Faith-Based
- Youth
Youth (15-24 years old) = 15% of San Diego County population

PERCENTAGE OF YOUTH AND ADULTS IN SAN DIEGO COUNTY IN 2019

- Adults, 66%
- Children, 19%
- Youth and Young Adults, 15%
Hosted over 35 listening sessions with youth-led groups and youth-serving organizations

Listening session with San Ysidro Health Peer Health Advocates (9/2/20)
YOUTH ENGAGEMENT FRAMEWORK

1. Youth Advisors and Youth Leadership Team
2. Youth Training and Professional Development
3. Youth Convening and Collaboration
4. Youth Mentorship and Service
5. Youth Engagement on Boards and Commissions
Youth Advisors and Youth Leadership Team

- Youth Advisors
  - Part-time
  - County Staff

- Adult Allies
  - Existing
  - County Staff

Live Well San Diego
Youth Leadership Team
2 Training and Professional Development

Youth-Identified Trainings

- Youth-friendly Strengths Finder
- Government and County Structure
- Collaboration among Youth-Led Groups
- Building Effective Teams
- Implicit Bias, Inclusiveness, Racial Equity
3 Convening and Collaboration

Youth-led Town Halls
- Open to all Youth
- County-engaged youth

Youth-led Org Collaboration
- Youth-led Orgs
- Youth Leadership Team
Youth Mentorship and Service

Identify Youth INTERESTS

PROGRAM + MENTOR matching

MEANINGFUL SERVICE
Youth Engagement on Boards and Commissions

Majority of respondents support youth engagement

**Youth**
- Voting members, as appropriate
- Provide youth voice
- Shadow Board members

**Board Members**
- Training to effectively recruit and engage youth
- Serve as mentors
Youth-led Session:

Let’s Hear from You(th)!
Engaging Youth Voices in San Diego County

December 3, 2020 at 3:30pm

www.livewellsd.org
Recommendation

Approve the Youth Sector Framework

Next Steps:

• Hire part-time Youth Advisors

• Youth Engagement Session at the Live Well Advance, December 3rd

• Launch the *Live Well San Diego* Youth Sector