

# SOCIAL MEDIA TRAINING



LIVE WELL  
SAN DIEGO

JOIN HERE:

[https://zoom.us/j/  
91897655459](https://zoom.us/j/91897655459)

Join the *Live Well San Diego* Youth Sector's social media training! Learn best practices on how to engage young people through TikTok and Instagram!

TikTok



7/29 4-4:45 PM

Recommendation: Download Instagram and TikTok apps and create an account before the trainings begin!

Instagram



8/5 4-4:45 PM