



LIVE WELL
SAN DIEGO

Youth Sector

The Youth Sector was added to *Live Well San Diego* in 2020 to:

- Amplify youth voices throughout San Diego County
- Create youth-led opportunities for young people to actively participate in their local government
- Support young people to be at the forefront of addressing issues affecting diverse youth across the region
- Inform the development of youth-serving programs for the County of San Diego.

Goals

Collaborate and Cross-Thread

Serve as a platform for collaboration and cross-threading for programs that engage youth in San Diego County.

Engage Young Leaders

Engage diverse youth and provide a mechanism for youth voice throughout County programs and services.

Outcomes

Empower and Engage

Empower an essential part of our region's population to engage with their local government and address issues affecting youth and young adults.

Collaborate and Connect

Connect youth with each other, with resources, and with opportunities to support their leadership and professional development.

Develop our Workforce

Develop and inspire the future of the County workforce and the young leaders of our region.

Live Well San Diego Youth Sector Framework

The Youth Sector Framework was developed over the summer of 2020 incorporating the input of over 150 youth and youth-serving professionals via virtual listening sessions. This framework was approved by the County Board of Supervisors in October

1 Youth Advisors and Youth Leadership Team

Two part-time Youth Advisor positions were added to the *Live Well San Diego* Support Team. The Youth Advisors are responsible for guiding the strategy of the Youth Sector including recruiting and leading the Youth Leadership Team (YLT). The YLT is comprised of 15 diverse young people (16-24 years old) from throughout San Diego County who serve a one-year term, participating in the following four components.

2 Youth Training and Professional Development

Members of the YLT attend professional development and leadership trainings, while also learning about the structure and services of the County. Training topics include diversity and inclusion, strengths-based management, public speaking and communications, conflict resolution, and more.

3 Youth Town Halls and Community Conversations

Youth Town Halls are organized and hosted by the YLT to provide an opportunity for all youth throughout San Diego County to engage and share their input on issues important to them. Additionally, the YLT connects with local youth-led organizations to increase the collective impact of youth voice throughout the region.

4 Youth Mentorship and Service

Based upon their areas of interest, YLT members participate in mentoring and internships. County employees apply to serve as a mentor for a two-to-four-month term. YLT members also participate in an internship either in the mentor's department or in a different area of interest.

5 Youth Engagement on Boards and Commissions

Youth are invited to participate on County Boards and Commissions. Youth are mentored and asked to provide their perspective on important topics, with the guidance of board members and staff and with the support of the Youth Sector.