The Youth Sector was added to the *Live Well San Diego* vision to:

**Empower, Engage and Amplify Youth Voice**

**Connect & Support**
Connect young leaders with their local government, mentors and each other.
Support their leadership and professional development.

**Cross-Thread**
Serve as a mechanism for collaboration among County programs and services.
Inform the development of youth-serving programs.

**Outreach**
Reach youth throughout the region via social media platforms and youth-led Town Halls.

**Develop our Workforce**
Inform and inspire the future of the County workforce and the young leaders of our region.

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**Connect with Us!**

Website: [www.LiveWellSD.org/youth](http://www.LiveWellSD.org/youth)  
Email: [LiveWellYouth@sdcounty.ca.gov](mailto:LiveWellYouth@sdcounty.ca.gov)  
Instagram & Tik Tok: [@LiveWell_SD](https://www.instagram.com/LiveWell_SD)

*Updated August 2021*
Live Well San Diego Youth Sector Framework

The Youth Sector Framework was developed over the summer of 2020 incorporating the input of over 150 youth and youth-serving professionals via virtual listening sessions. This framework was approved by the County Board of Supervisors in October 2020.

1 Outreach and Recruitment - Winter
Two part-time Youth Advisor positions were added to the Live Well San Diego Support Team. The Youth Advisors are responsible for guiding the strategy of the Youth Sector including recruiting and leading the Youth Leadership Team (YLT). The YLT is comprised of 15 diverse young people (16-24 years old) from throughout San Diego County who serve a one-year term, participating in the following four components.

2 Leadership & Professional Development - Spring
Members of the YLT attend professional development and leadership trainings, while also learning about the structure and services of the County. Training topics include diversity and inclusion, strengths-based management, public speaking and communications, conflict resolution, and more.

3 Mentorship and Internship - Summer
Based upon their areas of interest, YLT members participate in mentoring and internships. County employees apply to serve as a mentor for a three-month term. YLT members also participate in an internship either in the mentor’s department or in a different area of interest.

4 Boards and Commissions – Summer-Spring
Youth are supported to participate on County Boards and Commissions. Youth are mentored and asked to provide their perspective on important topics and decisions, with the guidance of board members and staff.

5 Communications – Year-round
In addition to sharing resources and opportunities through various media platforms, Town Halls are organized and hosted by the YLT to provide an opportunity for all youth throughout San Diego County to engage and share their input on issues important to them. The YLT also connects with local youth-led organizations to increase the collective impact of youth voice.

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