

# OUR HEALTH IS WORTH A SHOT!

## Youth Video & Visual Art Vaccine Challenge *Our Health is Worth a Shot!* Submission Checklist

Thank you for participating in the *Our Health is Worth a Shot!* youth challenge to raise awareness about the importance of COVID-19 vaccines! See the checklist below to ensure all items are completed before submission.

### Reel Talk and Beyond the Shot (Video) submissions should:

- Be 15- to 60-seconds in length
- Provide a video link to a website that is correct and viewable by the public
- Include the phrase “*Our health and the health of our community is worth a shot*”
- Have a script in English (if applicable)

### Vax Facts and Beyond the Shot (Visual Art) submissions should:

- Use fact(s) featured from one of the following organizations: U.S. Food and Drug Administration, Centers for Disease Control and Prevention, National Institutes of Health, California Department of Public Health, or County of San Diego
- Include a working link to the source with your submission to reference your COVID-19 vaccine fact
- Feature fact(s) in at least one complete sentence
- Upload the image or photo in PDF, JPG, GIF, or PNG format

### Before you click “submit,” all submissions must:

- Have the web address “[Coronavirus-SD.com/Vaccine](https://Coronavirus-SD.com/Vaccine),” **AND** the text “Be COVID Safe” **AND** “Get Vaccinated” in your video or visual art piece
- Ensure your video or visual art conveys a *positive* message and image that motivates other youth and young adults to get the COVID-19 vaccine
- Include a clearly legible and signed [Registration and Release Form](#)
  - Please attach a **scanned** copy, if possible (participants will not be eligible if the County of San Diego cannot feature the video or visual art piece)

Please ensure your submission meets all the requirements from [Official Entry Requirements, Rules, and Tips](#) **before** completing the [online submission form](#). This and all other youth challenge forms are available at [Coronavirus-SD.com/Challenge](https://Coronavirus-SD.com/Challenge), below *Submit Your Entry*.

For any questions or concerns about the submission requirements, please e-mail [LiveWellYouth@sdcounty.ca.gov](mailto:LiveWellYouth@sdcounty.ca.gov).