RURAL COMMUNITIES
SECTOR TELEBRIEFING

County of San Diego

Last Updated: October 20, 2022
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ELIZABETH WELLBROCK  
Community Health Program Specialist, Rural Sector Lead  
*Live Well San Diego* Support Team

TERESA GREENHALGH  
San Diego County Fire CERT Coordinator  
Community Risk Reduction  
San Diego County Fire Protection District

JOHN MALONE, MD, MPH, FIDSA, FACP, FACPE  
Medical SME  
County of San Diego

CAPTAIN NEIL CZAPINSKI  
Fire Captain  
*CAL FIRE / San Diego County Fire*

SARA AGAHI  
Flood Control Manager  
Land Use and Environment Group (LUEG),  
County of San Diego

BARBARA AYERS  
Senior Emergency Services Coordinator  
Office of Emergency Services (OES),  
County of San Diego
RURAL SECTOR TEAM

ROSE MARKS-PATTON

BELLE STEVENS
A few reminders before we begin:

- This telebriefing is being recorded.
- Your lines are muted.
- Please enter your questions in the Q&A box and your comments in the chat box.

Email us at LiveWellCFBO@sdcounty.ca.gov

Please add your NAME, AFFILIATION, and EMAIL to the chat box.
ANNOUNCEMENTS

LIZ WELLBROCK
COMMUNITY HEALTH PROGRAM SPECIALIST
RURAL SECTOR LEAD
Rural Telebriefings:
3rd Thursday of January & April 2023

Next telebriefing:
January 19th, 2023
1pm-2pm

SUBSCRIBE FOR RURAL UPDATES
Do you have an upcoming event or announcement that you want to promote in our next newsletter?

Check out our [E-Newsletter Content Request Form](#) and submit your request today!
San Diego County Fire Community Emergency Response Team

2022 Prepare in a Year Campaign October Pop-up Events

- Learn how to build a 72-hour Go-bag on a budget
- Get a free emergency AM/FM/NOAA radio while supplies last
- Email Teresa.Greenhalgh@sdcounty.ca.gov to sign up for Monthly Tips emails on emergency preparedness
- View the flyer for more information

WHEN: October 22, 2022 | 9:00AM - 10:30 AM

WHERE: Various Locations
- Dulzura Fire Station #30 | 17304 Highway 94, Dulzura, 91917
- Lake Morena Fire Station #42 | 29690 Oak Drive, Campo, 91906
- Palomar Mtn Fire Station #79 | 21610 Crestline Road, Palomar Mtn., 92060
- Warner Springs Fire Station #52 | 31049 Highway 79, Warner Springs, 92086
Fire Safe Council of San Diego and CAL Fire Present:

- Half day fire safety training workshops offered in rural communities at high-risk for wildfires
- **FREE** for local residents, fire safe councils, and CERT members
- View the [flyer](https://firesafesdcounty.org/events) for locations, dates, and times
- RSVP at [https://firesafesdcounty.org/events](https://firesafesdcounty.org/events) or call Morgan Graves at 619-562-0096

**News You Can Use:**
San Diego County Fire / Fire Protection District
Fast Facts

• Influenza (flu) is a respiratory illness caused by influenza viruses.

• In the U.S., flu season begins in the fall and lasts through the following spring.

• The CDC recommends that people 6 months and older get vaccinated against the flu each year.
  • Flu Vaccine Locations

Social Media Resources

• Additional Flu Flyers and Social Media Materials
Save the Date: December 7, 2022 | 8am-5pm
Virtual Pre-Conference December 6, 2022

Visit the website
UPCOMING TOWN HALL MEETINGS:

- **Behavioral Health Services**
  - Wednesday, Nov 16th

- **Homeless Solutions & Equitable Communities**
  - Wednesday, Dec 14th
  - 5:30pm – 6:30pm

Register for Zoom link and more information
WILDFIRE AND EMERGENCY PREPAREDNESS

BARBARA AYERS
Senior Emergency Services Coordinator
Office of Emergency Services (OES),
County of San Diego
Office of Emergency Services (OES)
San Diego County

Are You Ready?

Barbara Ayers, Senior Emergency Services Coordinator
I love rural

This is our hometown yesterday. We're not out of the woods yet today. Photo by News-Sentinel. Patrick Mulville

This is not a drill. In this moment, everything changed. Oil train derailment - in our front yard.
Barbara Ayers / June 4, 2016
What are our risks, San Diego?

- Wildfires
- Earthquakes
- Heat
- Flooding
- Tsunamis
What is / who is OES?

County Office of Emergency Services

• Create a regional culture of preparedness by providing comprehensive, accessible, and inclusive education, training, and resources to prepare the whole community for emergencies.
SAN DIEGO COUNTY

- 3.3 million residents (5th most in US)
- Coastal, Inland Valleys, Mountains, Deserts
- Busiest land border crossing in US
- Tourist destination with 35M visitors/year
- More small farms than any other county
SAN DIEGO COUNTY

- 70+ miles of coastline
- FEMA Risk Index: #16, Very High Risk
- 18 Incorporated Cities
- 17 Tribal Governments
- 16 Military Installations
About OES...

- Coordinates the County’s planning for, response to, and recovery from disasters.

- Issues emergency alert and warnings.

- Mobilizes regional resources during a disaster.

- Provides training, outreach and education to local organizations and the public.
County EOC - supporting unincorporated areas and cities - the region

(Borrego to coast; south bay to Rainbow)

Emergency Operations Center (EOC)

County = (Operating Area) OA
- Unincorporated County
- Rural + urban impacts
- One or more cities impacted

Cities also have EOCs

OA = Single point of contact for state
EOC is “activated” for large-scale, rapidly expanding emergencies

- NOT field response (Incident Command) - Offsite EOC
- Unmet community needs
- Coordination and collaboration across agencies
- Supporting unmet community needs
- Rapidly expanding incidents
- When emergency services are overwhelmed
County EOC “Activation” = regional partnerships
Unincorporated areas. Cities as needed.

- Countywide disaster preparedness, response and recovery
- Regional partnerships / mutual aid
- Coordinate with state and feds for region
- Emergency declarations
- Coordinate shelter and mass care needs
- Residents and business recovery
- Cost recovery
County EOC activities

• EOC – many departments, agencies - all in one place
  • Federal, state, regional, local agencies
  • SDG&E, construction, transportation
  • Care & Shelter branch
  • Fire and Law
• Evacuation and shelter
• Public Alert and Warning
• Regional needs, crossing boundaries
• Large scale incidents
Public Outreach - Public Warning

- Make sure it’s official information - watch for rumors
- Evacuation: Warning vs. Order - action
- Weather: Warning – action (vs. Advisory, Watch)
- Where to get info
  - Alert San Diego citizen notifications
  - Official press releases
  - SDEmergency website Alertsd.org
  - 211, Trusted nonprofits, Partner Relay
  - Media stories
  - County, city websites
  - County Fire / Sheriff / PD / Fire agencies
  - Ready SD Twitter/ Ready Facebook
AlertSanDiego

OPT IN

Cell phone & email address
Evacuation notices & disaster information used by all local fire and law enforcement to notify people at risk.

www.readysandiego.org/AlertSanDiego
SD Emergency Mobile app

- Available in English & Spanish
- Emergency Updates
- *ShakeReady SD* Earthquake Early Warning

Available: [WWW.ReadySanDiego.org](http://WWW.ReadySanDiego.org)
WILDFIRES
It happened to me – several times!
It can happen to you.
Should I stay or should I go now? Just DO it!

- Make a list
- Prepare to evacuate whether you go or not
- Don’t wait for a knock on the door.
  - Have maps and alternate routes
  - Take your Emergency Supply Kit
  - Lock your door
Ready? To leave – NOW?

My neighbors in the Microwave fire

Jose Reyes and his son Eric, 7, load their belongings into their pickup
Let’s go camping
3 days to 3 weeks!

Pack your kit in:

- Cooler on wheels
- Milk crate
- Laundry basket
- Cardboard box
- Pillow case
- Trailer

Instant evac: Trailer or motorhome
What's wrong with this picture?
My neighbors in the Microwave fire
It happened to me – several times! It can happen to you.

Lessons learned:

- Expect people to be in denial. My neighbors: 4 houses, 4 attitudes.
- If you’re ready early, help your neighbors
- Smoke can kill you faster than fire
- Know how to shut off gas, and water?

- Power is out. How will you get info? Charge your phone? See to pack your car?
- Build an evacuation list. Now.
Pay special attention to: Kids, seniors, AFN, animals

Been there, done that:

Animals are reactive - keep them contained, like in a bathroom until you can crate them.

Some shelters won’t have animal space nearby. You need crates, pop-up fencing.

My senior neighbors didn’t want to leave. Who needs a ride?
Grab n Go

Top 5 – Evac list

• Heartbeats and memories
  • People and animals
• Go Kit
• Essentials: RX, glasses, walkers, diapers
• Laptop, hard drive with critical dox
• Cell phone chargers
• One item you can’t live without?

Hardest – heaviest?
(Can’t live without)
Water
Great American ShakeOut Earthquake drill

- 10/20 at 10:20am, worldwide
- **799,152 participants** are registered for 2022 ShakeOut in San Diego County

Today we are joining millions of people who are practicing earthquake safety!
Drop where you are, onto your hands and knees.

Cover your head and neck.
Crawl underneath the table or desk.
Stay on your knees and bend forward to protect vital organs.

Hold On to your shelter with one hand
Keep covering your head/neck with your other hand.
Nothing to Get Under?

Drop where you are, onto your hands and knees.

Cover your head and neck with one arm and hand. Then crawl next to a wall, away from any windows. Stay on your knees and bend forward to protect vital organs.

Hold On to your head and neck with both arms/hands.
Be A Prepper!

• Make a Kit
• Family Plan
• Stay informed

WWW.ReadySanDiego.org
Resources available at: WWW.ReadySanDiego.org

- SD Emergency app
- AlertSanDiego
- Know Your Hazards
- Personal Disaster Plan

ReadySanDiego.org
Thank you
FLOOD CONTROL AWARENESS AND INFORMATION

SARA AGAHI
Flood Control Manager
Land Use and Environment Group (LUEG),
County of San Diego
Rural Communities Sector Workgroup
DPW Flood Control

OCTOBER 20, 2022
Understand your flood risk
- [https://msc.fema.gov/portal/home](https://msc.fema.gov/portal/home)

Protect your property from flooding & erosion
- Prevent Soil Erosion on Your Property [https://www.readysandiego.org/content/dam/oesready/en/flooding/Prevent-Soil-Erosion-on-your-Property.pdf](https://www.readysandiego.org/content/dam/oesready/en/flooding/Prevent-Soil-Erosion-on-your-Property.pdf)

Flood after fire
- [https://www.sandiegocounty.gov/content/sdc/dpw/flood/erosion-control-homeowners-assistance-center-.html](https://www.sandiegocounty.gov/content/sdc/dpw/flood/erosion-control-homeowners-assistance-center-.html)

Free sand & sandbags
- [https://www.readysandiego.org/content/dam/oesready/en/flooding/2021_01_ReadySD_Unincorporated_Flooding_Flyer_Final.pdf](https://www.readysandiego.org/content/dam/oesready/en/flooding/2021_01_ReadySD_Unincorporated_Flooding_Flyer_Final.pdf)
- How to fill and place sandbags [https://www.sandiegocounty.gov/content/dsc/oes/docs/Sandbags.pdf](https://www.sandiegocounty.gov/content/dsc/oes/docs/Sandbags.pdf)

Webcameras at roads that flood
- [https://www.sandiegocounty.gov/content/sdc/sdcfcd/webcams.html](https://www.sandiegocounty.gov/content/sdc/sdcfcd/webcams.html)

How to determine if there are public drainage facilities on your property?
- [https://www.readysandiego.org/content/oesready/en-us/flooding.html](https://www.readysandiego.org/content/oesready/en-us/flooding.html)
CAL FIRE UPDATE

CAPTAIN NEIL CZAPINSKI
Fire Captain
CAL FIRE / San Diego County Fire
Wildfire Update and Tips to Prepare

Rural Communities Telebriefing
FALL/WINTER OUTLOOK
EMERGENCY SUPPLY KIT

- Face masks (n-95 or similar)
- Food/Water
- Maps with evac route options
- Prescriptions/Eyeglasses
- First aid kit, flashlight, cell phone charger

- More details can be found at ReadyForWildfire.org
EMERGENCY ACTION PLAN

- Designate meeting location
- Establish different escape routes
- Have a plan for pets and livestock
- Create family contact tree and communication plan
Review your evacuation checklist
Grab your Emergency Supply Kit
Cover up with appropriate clothing
Go!

If you are unable to evacuate and feel threatened, call 911
EMERGENCY NOTIFICATIONS

LOCAL FIRE INFO

- Wireless Emergency Alerts
- AlertSD.org
- Twitter (@CALFIRESANDIEGO, @SDSHERIFF and others)
- TV News Stations
- Radio News Stations
- Scanner Apps
- HPWREN/AlertWildfire Cams
PUBLIC HEALTH & MEDICAL UPDATES

JOHN MALONE, MD, MPH, FIDSA, FACP, FACPE
Medical SME
County of San Diego
Influenza Cases

Figure 5. Cumulative Influenza Cases by CDC Episode Week* and Fiscal Year

*If case did not have symptoms or illness onset date is unavailable, the earliest of specimen collection date, date of death, or date reported is used instead.
Avian Influenza (AI), commonly called bird flu, is a disease found in some populations of wild waterfowl that can infect chickens, turkeys, pheasants, quail, ducks, geese and guinea fowl, as well as a wide variety of other domesticated and wild birds.

HPAI causes a severe illness with a high mortality rate among infected birds.

Source: CDFA - AHFSS - AHB - Avian Influenza (ca.gov)
San Diego County: Monkeypox & COVID-19

- Monkeypox Local Cases
- COVID-19 Local Cases
- About Human Monkeypox
- About COVID-19
COMMUNITY FEEDBACK

LIZ WELLBROCK
COMMUNITY HEALTH PROGRAM SPECIALIST
RURAL SECTOR LEAD
WE WANT TO HEAR FROM YOU!

Your opinion matters!
Help us better serve rural residents and communities!

Click the link below to access the survey before 10/31/22.

RURAL SECTOR EVALUATION SURVEY
CLOSING
STAY CONNECTED!

- For COVID-19 questions and resources, please email: COVID-questions@sdcounty.ca.gov

- For Rural Sector questions and resources, please email: LiveWellCFBO@sdcounty.ca.gov

- Community-Based Organizations Website
- Faith-Based Organizations Website
- Rural Communities Website

- Sign up for email updates