

ENCINITAS UNION SCHOOL DISTRICT



RESOLUTION 25-1213

LIVE WELL, SAN DIEGO! INITIATIVE

WHEREAS, it is known that poor nutrition, lack of exercise, tobacco use and environmental degradation pose harmful health implications such as heart disease, type 2 diabetes, obesity and respiratory ailments which account for a significant portion of deaths in San Diego County; and

WHEREAS, the Encinitas Union School District has accepted as a main objective a comprehensive health and wellness program that encourages multiple forms of physical activities, nutritional education and environmental stewardship practices; and

WHEREAS, the comprehensive health and wellness program developed for the students of the Encinitas School District is closely aligned with the County of San Diego *Live Well, San Diego!* Initiative encouraging healthy lifestyles for its students and families and ensuring a safe environment; and

WHEREAS, the District has formed both a Wellness Committee and a Green Committee comprised of parents, staff and community stakeholders to support the district in promoting the health and wellness of its students and families; and through their efforts each school site has a thriving school garden providing for outdoor educational opportunities focusing on nutrition and at the same time providing fresh, organic produce for the District's lunch program; and

WHEREAS, the District's Child Nutrition Program now has salad bars at all nine schools, five days a week, promoting good nutrition and healthy eating habits, and

WHEREAS, in an effort to fight childhood obesity and type 2 diabetes, EUSD has removed high-sugar drinks from the school lunch program, providing the option of unlimited fresh drinking water to all students; and

WHEREAS, the District has introduced a standardized lunchtime waste management protocol that has every student separating waste into recyclable materials and food scraps for onsite composting and thereby reducing lunchtime waste by 80%; and

WHEREAS, the District has begun the installation of high efficiency hand dryers and other resource conservation efforts at each school site to reduce carbon emissions, protect natural resources and educate students and families about responsible stewardship practices such as, rain harvesting and storm water runoff education; and


WHEREAS, the District is investigating the use of renewable energy sources such as the placement of photovoltaic panels where feasible, and

WHEREAS, the District is collaborating with the City of Encinitas to ensure safe routes to school and works with SANDAG to promote regular walk and bike to school programs as well as special events occurring twice a year; and

WHEREAS, the school district is purchasing custodial cleaning solutions that are certified as green cleaners or are free of all chemicals in order to limit exposure to chemicals and improve air quality for students and staff; and

NOW, THEREFORE, be it resolved, that through these many efforts the Encinitas Union School District Board of Trustees supports the adopted Building Better Health and Living strategies and joins in the County of San Diego *Live Well, San Diego!* Initiative.

PASSED AND ADOPTED, this 11th day of June, 2013 by the Board of Trustees of the Encinitas Union School District by the following vote:


Emily R. Andrade


Maureen "Mo" Muir


Carol Skiljan


Gregg Sonken


Marla Strich