

SAN DIEGUITO UNION HIGH SCHOOL DISTRICT
Resolution in Support of the County of San Diego
LIVE WELL, SAN DIEGO! INITIATIVE

WHEREAS, it is known that poor nutrition, lack of exercise, tobacco use and environmental degradation pose harmful health implications such as heart disease, type 2 diabetes , obesity and respiratory ailments which account for significant portion of deaths in San Diego County; and

WHEREAS, the Board of Trustees recognize the link between student health and learning and desires to provide a comprehensive program to promote student health, physical activity, and wellness; and

WHEREAS, each school in the District has adopted a Safe & Drug-Free School Plan, and

WHEREAS, the Board of Trustees has long supported Red Ribbon Week and encouraged alcohol, tobacco, and drug prevention activities at each of the District's schools; and

WHEREAS, incorporates Tobacco Use Prevention Education into the curriculum and through positive school activities; and

WHEREAS, the District conducts the California Healthy Kids Survey to collect and analyze data related to students' attitudes toward and use of alcohol, tobacco, and drugs; and

WHEREAS, the Board of Trustees has adopted policies to incorporate nutrition education, physical education, and an ongoing wellness program at its schools; and

WHEREAS, the Nutrition Services promotes goals to keep students on campus during lunch by offering healthy, attractive food in our High Schools; and

WHEREAS, the District's Nutrition Services Department partners with Business and Culinary classes to generate ownership in the nourishment and health of students; and

WHEREAS, in an effort to fight childhood obesity and type 2 diabetes, the District provides the option of fresh fruits & vegetables and unlimited fresh drinking water to all students at all nine schools, 5 days a week; and

WHEREAS, in the effort to promote good nutrition and healthy eating habits, the Nutrition Services Department is targeting the reduction of fat, sugar and salt on the menu while increasing the availability and consumption of fresh fruits, vegetables, and whole grains; and

WHEREAS, the District has reduced its utility demands through the installation of two large photovoltaic arrays at La Costa Canyon High School and Canyon Crest Academy; and

WHEREAS, improving energy efficiency and incorporating sustainable design are priorities of the District's Long Range Facilities Master Plan funded by Proposition AA; and

WHEREAS, the District has embarked on a comprehensive recycling program with the goal of recycling 75% of waste; and

WHEREAS, the District collaborates with public agencies and community groups to enhance student safety such as with Walk San Diego in order to provide safe walking routes to school; and

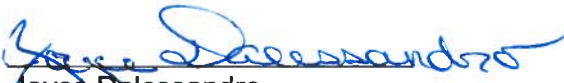
WHEREAS, the District reduces traffic by providing safe and efficient bus service at each of its middle schools, and is working with the City of Encinitas on a Transit Feasibility Study designed to improve the quality and efficiency of local transit services for students; and


WHEREAS, the District uses custodial cleaning products that are certified green, or are free from dangerous chemicals, in order to limit student and staff exposure and improve air quality; and

WHEREAS, the District conducts a comprehensive storm water management program to identify and address school site conditions that result in a clean, managed storm water discharge to our local environment; and

NOW, THEREFORE, be it resolved that through these many efforts, the San Dieguito Union High School District Board of Trustees supports the adopted Building Better Health and Living strategies and joins in the County of San Diego *Live Well, San Diego!* Initiative.

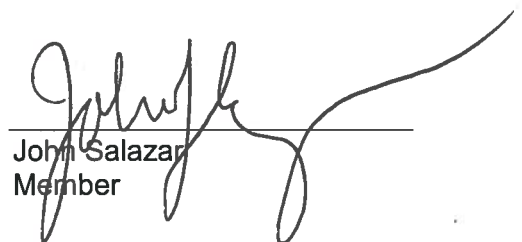
PASSED AND ADOPTED, this 20th day of February, 2014 by the Board of Trustees of the San Dieguito Union High School District by the following vote:


Joyce Dalessandro
President


Amy Herman
Vice President


Beth Hergesheimer
Clerk


Barbara Groth
Member


John Salazar
Member