WHEREAS, it is known that three behaviors—poor nutrition, lack of exercise, and tobacco use—are the main causes that lead to four chronic illnesses: cardiovascular disease and stroke, cancer, Type 2 diabetes, and respiratory conditions, which account for more than half of the deaths of San Diego County residents; and

WHEREAS, the County of San Diego Health and Human Services Agency (HHSA) launched the Live Well San Diego Initiative to serve as the blueprint for achieving the county’s vision of safe, healthy and thriving communities; and

WHEREAS, on July 13, 2010, and October 9, 2012, the San Diego Board of Supervisors adopted the Building Better Health and Living Safely strategies, the first two components of Live Well San Diego encouraging all residents of the county to participate in programs to build better health and increase safety as individuals, families, and communities; and

WHEREAS, the Julian Union School District recognizes the link between student health and learning and is committed to providing a comprehensive learning environment that supports and promotes wellness, healthy eating, nutrition education, physical education and activity for district students; and

WHEREAS, Julian Pathways Center for Families, Schools, and Community Partnerships, a program of the District, links students and families to supports at school or in the community in order to ensure student academic and personal success, with staff also providing direct counseling services, behavioral support, drug free community strategies, crisis intervention, and case management to students, and families; and

WHEREAS, the district recognizes the importance of eating local, fresh, healthy and delicious Farm to School food to the health, wellbeing, and academic success of students as a core component of the Julian Nutrition Program; and

WHEREAS, the district has partnered with University of California December Communities and Pediatricians Collaborating Together (PACCT) to provide monthly pediatric residents to teach parent and student wellness classes and provide health consultations; and

WHEREAS, the district has partnered with Palomar Health to implement the Project 21 T.O.D.A.Y. (Transforming Obesity and Diabetes Awareness in Youth) program at Julian Elementary School; and

WHEREAS, since 2009, the district has contracted with the Big Smiles program to provide an oral health clinic for students during the school day; and

WHEREAS, all teachers have been trained in CATCH- Coordinated Approach To Child Health-an evidence-based, coordinated school health program designed to promote physical activity, healthy food choices and the prevention of tobacco use in children; and
WHEREAS, the district partners with San Diego County Office of Education Foster Youth and Homeless Education Services and Feeding America to provide the San Diego Foods for Kids Backpack program for food insecure families; and

WHEREAS, the Julian Nutrition Program provides a healthy afternoon snack for students through the Afterschool Education and Safety (ASES) program; and

WHEREAS, Julian Pathways provides Harvest of the Month nutrition and garden curriculum to grades K-5; and

WHEREAS, The Elementary Character Garden and Junior High Living Room Garden provide opportunities for garden and nutrition education; and

WHEREAS, the Garden Ambassador program provides leadership opportunities for 5th grade students for the promotion of healthy eating and physical activity; and

WHEREAS, schools encourage physical activity through the implementation of activities such as Running Club, Mountain Bike Club, jog-a-thons, intramural sports; and

WHEREAS, an innovative Employee Health program, in partnership with VEBA- Voluntary Employee Beneficiary Association- and Healthy Behaviors, links staff with community resources and on-site educational opportunities to encourage increased physical activity, healthy eating, and the support of wellness behaviors to support long-term employee health; and

WHEREAS, Julian Pathways provides opportunities for parents/guardians to learn about healthy eating, physical activity, and youth behavioral health supports through Parent University workshops; and

NOW, THEREFORE, be it resolved, that through these many efforts, the Julian Union School District Board of Education supports the Building Better Health and Living Safely Strategies and joins the Live Well San Diego Initiative.

PASSED AND ADOPTED by the Board of Education of the Julian Union School District, San Diego County, California, this 15th day of January, 2014 by the following vote:
AYES: Slaughter, Johns, Tellam
NOES: - 0 -
ABSENT: Booth, Romero

I, Helen Johns, Clerk of the Board of Education of the Julian Union School District, San Diego County, California, do hereby certify that the foregoing resolution was adopted by the Board of Education at its regular meeting held on January 15, 2014.

[Signature]
Clerk of the Board of Education