Research says:

- Exposure to crime and violence has been shown to increase stress, which may (1, 2):
  - Worsen hypertension and other stress-related disorders.
  - Contribute to the increased prevalence of certain illnesses, such as upper respiratory illness and asthma, in neighborhoods with high levels of violence.
  - Lead people to engage in unhealthy behaviors such as smoking in an effort to reduce or cope with stress (1, 2).

In addition, exposure to violent neighborhoods has been associated with increased substance abuse and sexual risk-taking behaviors as well as risky driving practices (2).

- Neighborhoods with high violence are thought to encourage isolation and therefore inhibit the social support needed to cope with stressful events (2).

- Volunteering helps with unmet community needs, and saves resources by providing valuable community services so more money can be spent on local improvements. The estimated value of a volunteer’s time in 2013 was $22.55 per hour (3).

- Volunteering is an investment in local communities and the people who live in them, and promotes civic responsibility (4).


Best Practices Are:

- **Information-Led Policing**: The Sheriff’s Department began taking full advantage of new crime analysis capabilities to identify criminal hotspots and high-risk offenders. Our Tracking Known Offenders program partnered Deputy Sheriffs with county Probation Officers to identify convicted offenders as they left our jails and entered the community. Meanwhile, the Sheriff’s Analysis Driven Law Enforcement (SADLE) team took the principles of information-led policing and began applying them proactively to prevent and disrupt crime (1).

- **Tracking Known Offenders (TKO)** is a collaborative effort of the Probation Department and the Sheriff’s Department. TKO began out of the Encinitas Sheriff’s Station but has recently expanded to include the Vista Sheriff’s station. The Probation Department provides information and criminal intelligence to assist the Sheriff’s Department in solving crimes, and the Sheriff’s Department assists the Probation Department in the field supervision and enforcement of court orders. Functioning together, these departments maximize limited resources, while ensuring that those on probation are abiding by the conditions of probation and all laws. There is an exerted effort to increase supervision techniques, reduce recidivism and identify those probationers that are continuing a criminal lifestyle. The purpose of TKO is to provide the citizens of San Diego County safe and livable communities. This will be accomplished by combining the resources of both agencies in order to more efficiently and effectively communicate, share information, identify suspects/probationers engaged in continued criminal conduct, complete field supervision operations, ensure compliance with court orders and laws, and encourage participation in rehabilitative programs for those on probation (2)(3).

- **Truancy Intervention Program (TIP)**: This program targets juveniles with school attendance problems, grades K-12, in three school districts. The Probation Department provides a School Probation Officer at each of the sites to assist in monitoring the juvenile’s attendance through direct contact with the juvenile and his/her family. The goals are to increase the juvenile’s school attendance and enhance academic achievement.

- **Senior Volunteer Program (SVP)**: Senior volunteer programs, such as You Are Not Alone (YANA), Senior Volunteer Patrol (SVP), and Retired & Senior Volunteer Program (RSVP), benefit sponsor organizations, volunteers, and the communities they serve. Positive outcomes include (4):
  - Relief to understaffed/overburdened organizations
Research, Best Practices & Logic Model – SECURITY_CRIME RATE

- Enrich the lives of volunteers, become more engaged in the community, and promote better health & quality of life
- Provide valuable services to help meet needs in the community
- Conduct wellness checks and intervention services to elderly, disabled & homebound individuals living alone

- **Community Assessment Teams (CATs):** The CATs are community-based prevention and intervention programs designed to provide services to families with school-age youth who have chronic behavior problems or other issues (i.e., chaotic home life, inadequate parental supervision) that place them at risk of entering or continuing in the Juvenile Justice system. Home-based in five locations throughout the county, mobile teams provide in-home, strength-based assessments, interventions, referrals and case management services for eligible families.

- **Breaking Cycles:** This is a family-centered program with a team approach to juvenile delinquency prevention and intervention. This collaboration includes the Health and Human Services Agency, Mental Health agencies, Educational Systems, Community Based Organizations, families and community members. The team utilizes the family’s strengths to develop and implement a plan, which focuses on delinquency intervention by employing a comprehensive and collaborative system of graduated sanctions and treatment to break the cycle of delinquency and substance abuse.

2. Source: 2010-2011 Probation Annual Report
4. [http://independentsector.org/volunteer_time](http://independentsector.org/volunteer_time)

**Logic Model:**

**EXAMPLE OF COLLECTIVE ACTION FOR MEASURABLE IMPACT:**

<table>
<thead>
<tr>
<th>Public Safety Group</th>
<th>Land Use &amp; Environmental Group</th>
<th>Community/Faith Based Organizations</th>
<th>Business</th>
<th>Schools</th>
<th>Other local jurisdictions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Promote good choices for at-risk youth</td>
<td>Conduct partnered park safety assessments</td>
<td>Neighborhood outreach</td>
<td>Business parks &amp; chambers of commerce outreach</td>
<td>Promote security among school students</td>
<td>Partner with local, state &amp; federal jurisdictions</td>
</tr>
<tr>
<td>Early Intervention Programs</td>
<td>Park safety improvements projects</td>
<td>Facilitate start-up neighborhood watch groups</td>
<td>Conduct safety meetings with local businesses</td>
<td>Safety events at local schools</td>
<td>Track known offenders across jurisdictions</td>
</tr>
<tr>
<td>Early Intervention</td>
<td>Increase safety in communities &amp; parks</td>
<td>Increase awareness &amp; pro-activeness</td>
<td>Reduce crime element around business parks</td>
<td>Early intervention</td>
<td>Increase safety in the communities</td>
</tr>
</tbody>
</table>

**Population Outcomes**

- **Short Term:** w/in 3 years
- **Mid-Term:** w/in 7 years
- **Long Term:** w/in 10 years

- Influence good choices through safety Strategies
- Increase perception of safety
- Reduce total crime rate