My companion is living with dementia.

Your understanding is appreciated!

Please open for communication tips and reminders.

Instructions for print and use:

- Print this document on both sides (flip sheet on the long edge), a standard letter sized sheet (8.5 x 11), and with “Actual size” page sizing for best results.
- Cut out each card along the dotted lines.
- Fold along the center line.
- Keep the card in your wallet, purse, or pocket.
Through kindness and understanding, we can improve the quality of life of our friends and neighbors living with dementia.

1. Dementia causes changes in thinking, memory, reasoning, and behavior; please be patient.
2. When speaking with someone living with dementia, approach them slowly from the front, use simple sentences, and allow ample time for a response.
3. If the person cannot find the right word, encourage non-verbal communication such as gestures or pictures.
4. When guessing the right word, try guessing the right word.

The following tips and reminders can help:

- Try guessing the right word.
- Visual communication such as gestures or pictures.
- Encourage non-verbal communication.
- Allow ample time for a response.

1. Reasoning and behavior: please be patient.
2. Dementia causes changes in thinking, memory.

The following tips and reminders can help:

- Encourage non-verbal communication.
- Allow ample time for a response.
- Reasoning and behavior: please be patient.
- Dementia causes changes in thinking, memory.

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