

OVERCOME BARRIERS

We're making a pledge in three areas to make sure your participation pays off:



Engagement: We'll work with you to determine the right opportunities for your organization.



Leadership: We bring the right people together to identify and work on shared goals.



Take Action: We'll provide your organization with practical action steps to take.



"We want to make it easy for you to do more and get the most out of your experience. There are lots of ways to contribute at any level, and we'd love to personalize an action plan that fits you and your team."

– Zac Hansen, Community Health Program Specialist

ACTIONS YOU CAN TAKE NOW



Participate

Attend, host, or sponsor a Signature Event



Speak

Share your expertise at the next Sector or Community Leadership Team meeting or Live Well Advance



Host

Organize your own event or work with other organizations to create one



Collaborate

Take action in community and sector-based work groups



Communicate

Share your stories to help others learn best practices

Reach out directly to your Partner Liaison or contact LWSD.HHSA@sdcounty.ca.gov to create customized connections and action steps.

GET INVOLVED

Recognized Partners like you are enjoying the benefits of ongoing engagement. Together, partners are working to address community and sector issues and supporting Signature Events that engage the community.

Check out their stories and more at **LiveWellSD.org/news**



COMMUNITY LEADERSHIP TEAMS

Live Well San Diego Community Leadership Teams tie together the collective efforts of organizations and community groups in each region of the county and provide a central point for planning and organizing collaborative action. Leadership Teams were formed to help guide planning and identify priority work efforts in each region and involve leaders from Recognized Partner organizations, as well as local community

leaders, stakeholders, and residents. Together, they engage in community enrichment efforts to help educate and mobilize communities and plan actions to improve the regions' health and wellbeing.

LiveWellSD.org/CLT

SECTOR ENGAGEMENT TEAMS

The Live Well San Diego Sector Engagement Teams bring population-specific organizations together to collaborate and share resources and best practices. Promoting healthy, safe and thriving communities is the goal within each sector, and providing relevant and tailored

resources to address disparities is a priority. Learn more and get involved!

LiveWellSD.org/sectors

SIGNATURE EVENTS

Leaders are needed to help develop and implement *Live Well San Diego* Signature Events.

- **Love Your Heart** Host a blood pressure screening site, provide site volunteers, host an online or inperson educational event (25K+ participants).
- **5K & Fitness Challenge** Provide sponsorship, host an exhibitor booth, join a race team (5K+ participants).
- **Live Well Advance** Present a breakout session, host an exhibitor booth, or provide sponsorship (2K+ participants).



LiveWellSD.org/events



