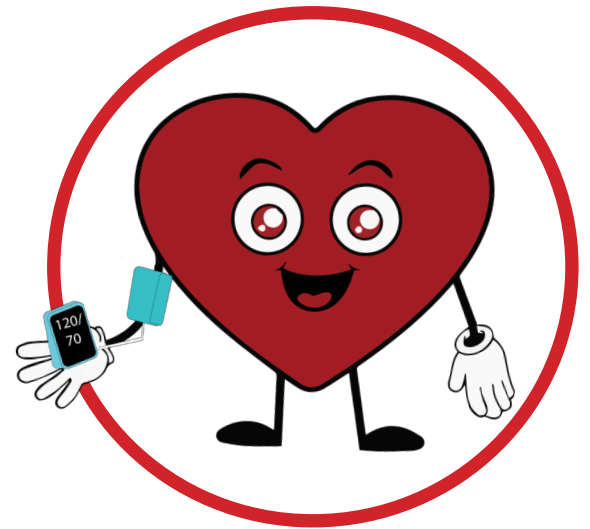


# LOVE YOUR HEART

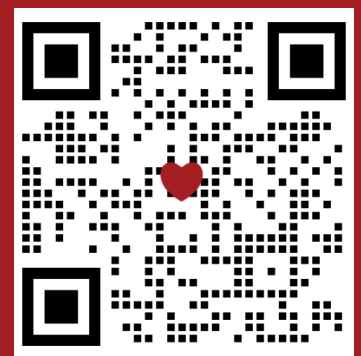
**FEBRUARY 14-29, 2024**

## Take Charge of Your Heart Health

1. Check your blood pressure
2. Submit your numbers
3. Learn what they mean
4. Follow-up with your doctor



**Scan the QR code to submit  
your blood pressure results  
for Love Your Heart!**



**LoveYourHeartSD.org**

