


Live Well on Wheels (Live WoW) County of San Diego Service List

Service	Description
Aging & Independence Services	Aging & Independence Services (AIS) provides programs and services to help older adults and persons living with disabilities to stay safe, healthy, engaged, and as independent as possible. They offer programs, education, and resources related to fitness, brain health, caregiving, volunteering, elder abuse education, mental health, and intergenerational work.
CalFresh Healthy Living: Nutrition Education	The CalFresh Healthy Living program provides nutrition education and interventions for underserved communities to support the likelihood that individuals will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and U.S. Department of Agriculture food guidance.
Child and Family Well-Being Services	Child and Family Well-Being (CFWB) offer services that help families connect to CWS programs, services, and support, so that “Every child grows up safe and nurtured.” The CFWB Community Outreach Liaison is available to provide fostering and adoptive services such as family and caregiver trainings and other behavioral health needs such as substance abuse treatment services.
First 5 San Diego Resources	First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. The services provided are: <ul style="list-style-type: none">• Developmental checkups and services• Dental care• Quality preschool, early education and literacy programs• Home visiting services and other family support services
Mobile Pharmacy Services: Health	Pharmacists from Medical Care Services (MCS), County of San Diego Health & Human Services Agency, provide mobile pharmacy services designed to improve wellness and prevent disease. Services include health education, screenings, and





<p>Education, Blood Pressure Checks, Opioid Overdose Safety, HIV Prevention & Treatment Support, and Quit-Smoking Support</p>	<p>access to resources that support chronic disease management, healthy living, and medication safety.</p> <p>Health Education: Information is available to help community members take care of their health and prevent illness. Topics can include:</p> <ul style="list-style-type: none">• Diabetes (high blood sugar)• High cholesterol• High blood pressure• Mental health• Heart Disease• Healthy eating and being active• Quitting smoking or vaping• Fall prevention and safety at home• Poison prevention <p>Blood Pressure Checks: Free blood pressure checks with guidance on food, exercise, and medicines that can help keep blood pressure in a healthy range.</p> <p>Naloxone for Opioid Overdose Safety: Naloxone nasal spray is available, along with education on how to recognize an overdose and use the medicine safely.</p> <p>HIV Prevention & Treatment Support: Information and support are available for HIV PrEP (a daily pill that lowers the chance of getting HIV) and PEP (medicine taken soon after possible contact with HIV), including how to access these medicines.</p> <p>Nicotine Replacement Therapy (NRT): Support for quitting smoking or vaping through options such as nicotine patches and lozenges.</p>
	<p>The Housing Authority of the County of San Diego (HACSD) provides rental assistance to low-income families through the Housing Choice Voucher (HCV) Program. HACSD serves the most vulnerable</p>





Housing and Community Development Services	<p>populations; those who may be experiencing homelessness or at risk of homelessness, elderly and disabled families, and veterans.</p> <p>The services provided are:</p> <ul style="list-style-type: none">• Answer questions and educate current landlords and prospective landlords interested in participating in the program• Assisting prospective applicants completing an application• Answering general questions related to Section 8 and other Programs• Inquires on existing cases• Resources for current participants on incentive programs
Information on General County Services & Resources	<p>The Community Health Engagement Team (CHET) provides information on general County services and resources. The CHET team provides outreach and tabling on several programs such as:</p> <ul style="list-style-type: none">• Nutrition education and obesity prevention• Public health programs, resources for the community• Behavioral health services and mental health programs• Grandparents Raising Grandchildren, Kinship Care Provider, and intergenerational programming and information• COVID-19• Upcoming County of San Diego community events• Immigrant and refugee resources
Military and Veterans Resources	<p>The Office of Military & Veterans Affairs provides professional services for military veterans and their dependents and survivors who are entitled to benefits from the United States Department of Veterans Affairs, the State of California, and other agencies as applicable.</p>
Public Benefits Information / Services (CalFresh, Medi-Cal, CalWorks)	<p>The Hospital and Community Support Services (HCSS) provides public benefits support which includes:</p> <ul style="list-style-type: none">• Outreach on CalFresh and Medi-Cal programs• Applying for CalFresh and Medi-Cal benefits• Providing EBT cards & EBT PIN issuance• Inquiries on existing cases
	<p>The Registrar of Voters (ROV) provides several services at outreach events such as:</p> <ul style="list-style-type: none">• Check registration status





Registrar of Voters	<ul style="list-style-type: none">• Check party affiliation and districts• Register adults to vote and pre-register 16 and 17 years-old adolescents to vote• Distribute flyers with upcoming elections dates and information about various parties• Hand out registration reports and election results• Share community calendar where all outreach events are listed
San Diego County Library Outreach	<p>The San Diego County Library provides a wide range of programming for customers of all ages.</p> <ul style="list-style-type: none">• Online Library High School- earn your high school diploma• Digital resources for resumes, career search, language learning, student materials, homework help, veteran's service• Books, DVDs, compact discs, downloadable audiobooks, and magazines are available to the public. The library carries materials in a variety of languages• Storytimes and family events• Citizenship classes• Volunteer opportunities• Print/copy/scan- subject to fees
The Office of Homeless Solutions	<p>The Office of Homeless Solutions (OHS) coordinates outreach, case management, and cross-threading of programs for people at risk or experiencing homelessness. OHS offers the following services to the community:</p> <ul style="list-style-type: none">• Case management and housing navigation support• Connections to community resources and social services
Vaccines	<p>Please inquire about vaccines that may be available</p>
Vector Control Services	<p>The Vector Control Services works to protect the public from vectors and the diseases they transmit. The Vector Control Program (VCP) provides services such as:</p> <ul style="list-style-type: none">• Survey diseases carried by vectors: rats, mosquitos, ticks, etc• Respond to public requests for vector inspections• Provide free fish that eat mosquito larvae, rat control starter kit• Promote outreach and educate the public about vectors and diseases they transmit





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For more information contact: *Live Well San Diego* Support Team at LWSD.HHSA@sdcounty.ca.gov

