



Live Well on Wheels (Live WoW) County of San Diego Services List

Service	Description
Aging & Independence Resources	<p>Aging & Independence Services (AIS) provides programs and services to help older adults and persons living with disabilities to stay safe, healthy, engaged, and as independent as possible. They offer programs, education, and resources related to fitness, brain health, caregiving, volunteering, elder abuse education, mental health, safety & preparedness, and fall prevention.</p> <p><i>Provided by Aging and Independence Services.</i></p>
Child and Family Well-Being Resources	<p>Child and Family Well-Being department (CFWB) works hand in hand with our community to strengthen and protect families through child- and family-centered programs. Together, our goal is to ensure the safety, stability, and well-being of children by creating supportive environments where families can thrive. Walking alongside families to connect them with the resources, tools, and services they need to prevent entry into foster care. For more information of CFWB's prevention work that uplift children and families involved in foster care, opportunities for community to be part of supporting families in need, or to request a training, please visit CFWB Engage San Diego County.</p> <p><i>Provided by the Child and Family Well-Being Department.</i></p>
First 5 San Diego Resources	<p>First 5 San Diego promotes the health and well-being of young children during their most critical years of development, from the prenatal stage through five years of age. The services provided are:</p> <ul style="list-style-type: none">• Developmental checkups and services• Dental care• Quality preschool, early education and literacy programs• Home visiting services and other family support services <p><i>Provided by the Child and Family Well-Being Department.</i></p>
General County Services & Resources	<p>The Community Engagement Team (CET) provides information on general County services and resources. Our team provides outreach and tabling on several programs such as:</p> <ul style="list-style-type: none">• Public Health programs and resources for the community• Nutrition education and physical activity





	<ul style="list-style-type: none">• Behavioral health services and mental health programs• Grandparents Raising Grandchildren, Kinship Care Provider, and intergenerational programming and information• Vaccines information• Upcoming County of San Diego community events• Immigrant and refugee resources
	<p><i>Provided by the Department of Strategy and Community Engagement.</i></p> <p>Hands-Only CPR Training</p> <p>Revive & Survive San Diego is a public-health initiative that coordinates hands-only cardiopulmonary resuscitation (CPR) trainings for community members. With a growing team of partners from public health, emergency services, education and community organizations, Revive & Survive offers free and accessible hands-only CPR training across San Diego County with the goal of equipping 1-million San Diegans with a life-saving skill in case of a cardiac arrest emergency.</p> <p><i>Provided by Revive & Survive San Diego Training Partners.</i></p>
Homeless Outreach Services	<p>The Office of Homeless Solutions (OHS) coordinates outreach, case management, and cross-threading of programs for people at risk or experiencing homelessness. OHS offers the following services to the community:</p> <ul style="list-style-type: none">• Case management and housing navigation support• Connections to community resources and social services <p><i>Provided by Housing and Community Development Services.</i></p>
Housing and Homelessness Resources	<p>The Housing Authority of the County of San Diego (HACSD) provides rental assistance to low-income families through the Housing Choice Voucher (HCV) Program. HACSD serves the most vulnerable populations; those who may be experiencing homelessness or at risk of homelessness, elderly and disabled families, and veterans.</p> <p>The services provided are:</p> <ul style="list-style-type: none">• Answer questions and educate current landlords and prospective landlords interested in participating in the program• Assisting prospective applicants completing an application• Answering general questions related to Section 8 and other Programs• Inquires on existing cases• Resources for current participants on incentive programs <p><i>Provided by Housing and Community Development Services.</i></p>





Library Resources	<p>San Diego County Library supports lifelong learning and community connections. We offer free services at 33 library branches, 5 MySDCL Kiosks, and access to online learning resources in the eLibrary. Visit sdcl.org to learn about library services, browse the online events calendar, and find promotional materials for system-wide programs. You can now get instant access to online resources in the eLibrary by signing up for an eCard.</p> <p><i>Provided by the San Diego County Library.</i></p>
Mobile Pharmacy Services: Health Education, Blood Pressure Checks, Opioid Overdose Safety, HIV Prevention & Treatment Support, and Quit-Smoking Support	<p>Pharmacists from Medical Care Services (MCS), County of San Diego Health & Human Services Agency, provide mobile pharmacy services designed to improve wellness and prevent disease. Services include health education, screenings, and access to resources that support chronic disease management, healthy living, and medication safety.</p> <p>Health Education: Information is available to help community members take care of their health and prevent illness. Topics can include:</p> <ul style="list-style-type: none">• Diabetes (high blood sugar)• High cholesterol• High blood pressure• Mental health• Heart Disease• Healthy eating and being active• Quitting smoking or vaping• Fall prevention and safety at home• Poison prevention <p>Blood Pressure Checks: Free blood pressure checks with guidance on food, exercise, and medicines that can help keep blood pressure in a healthy range.</p> <p>Naloxone for Opioid Overdose Safety: Naloxone nasal spray is available, along with education on how to recognize an overdose and use the medicine safely.</p> <p>HIV Prevention & Treatment Support: Information and support are available for HIV PrEP (a daily pill that lowers the chance of getting HIV) and PEP (medicine taken soon after possible contact with HIV), including how to access these medicines.</p>





	<p>Nicotine Replacement Therapy (NRT): Support for quitting smoking or vaping through options such as nicotine patches and lozenges.</p> <p><i>Provided by Medical Care Services.</i></p>
Military and Veterans Resources	<p>The Office of Military & Veterans Affairs provides professional services for military veterans and their dependents and survivors who are entitled to benefits from the United States Department of Veterans Affairs, the State of California, and other agencies as applicable.</p> <p><i>Provided by Self-Sufficiency Services.</i></p>
Nutrition Education	<p>The CalFresh Healthy Living program provides nutrition education and interventions for underserved communities that include outreach events to support the likelihood that individuals will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the current Dietary Guidelines for Americans and U.S. Department of Agriculture food guidance.</p> <p><i>Provided by Public Health Services</i></p>
Public Benefits (CalFresh, Medi-Cal, CalWorks)	<p>The Hospital and Community Support Services (HCSS) provides public benefits support which includes:</p> <ul style="list-style-type: none">• Outreach on CalFresh and Medi-Cal programs• Applying for CalFresh and Medi-Cal benefits• Providing EBT cards & EBT PIN issuance• Inquiries on existing cases <p><i>Provided by Self-Sufficiency Services.</i></p>
Vaccines	<p>Please inquire about vaccines that may be available.</p> <p><i>Provided by County Vaccine Contractors, Medical Care Services, and Public Health Services.</i></p>
Vector Control Resources	<p>The Vector Control Services works to protect the public from vectors like mosquitoes and the diseases they transmit. The Vector Control Program (VCP) provides services such as:</p> <ul style="list-style-type: none">• Survey diseases carried by vectors: rats, mosquitos, ticks, etc• Respond to public requests for vector inspections• Provide free fish that eat mosquito larvae, rat control starter kit• Promote outreach and educate the public about preventing vectors and diseases they transmit





	<p><i>Provided by the Department of Environmental Health and Quality.</i></p>
Voting Resources	<p>The Registrar of Voters (ROV) provides several services at outreach events such as:</p> <ul style="list-style-type: none">• Check registration status• Check party affiliation and districts• Register adults to vote and pre-register 16 and 17 years-old adolescents to vote• Distribute flyers with upcoming elections dates and information about various parties• Hand out registration reports and election results• Share community calendar where all outreach events are listed

Provided by the Registrar of Voters.

For more information contact: *Department of Strategy and Community Engagement* at

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