



Live Well on Wheels (Live WoW) County of San Diego Services List

Service	Description
Aging & Independence Resources	Aging & Independence Services (AIS) provides programs that help older adults and people with disabilities stay safe, healthy, engaged, and as independent as possible. Outreach services and resources include: • Information and assistance connecting individuals with local resources. • Information on investigating suspected abuse of older and dependent adults. • Connecting eligible individuals with in-home care and personal care assistance. • Information on advocating for residents living in care facilities. • Resources on home-delivered meals and information on nutrition dining centers. • Providing Care Coordination to support safety and daily needs through personalized care plans. • Offering information on education and wellness programs. • Resources on managing estates and serving as a legal guardian for at-risk individuals unable to care for themselves.
Child and Family Well-Being Resources	Child and Family Well-Being (CFWB) partners with the community to strengthen and support families. Through child- and family-centered programs, CFWB promotes safety, stability, and well-being by connecting families to resources that help prevent foster care involvement. CFWB oversees a range of services, including: • Polinsky Children's Center, a 24/7 temporary emergency shelter for children. • San Pasqual Academy, a residential education campus for adolescent foster youth. • Foster care eligibility, licensing, and placement services. • Support for foster youth with emotional or behavioral needs. • Services for youth preparing to transition to adulthood. • Adoptive home assessments and placements (https://sdcares4kids.com/). • Critical support services for regional child welfare operations. To learn more about prevention efforts, community partnerships, or training opportunities, visit CFWB Engage San Diego County.
Epidemiology &	The Epidemiology & Immunizations Services branch (EISB) is responsible for identifying, investigating, and reporting communicable diseases to





Immunization Services & Resources	protect the health of the community. The services provided are: • Vaccinations at select community events The information, resources, and educational materials provided are: • Branch provided immunization services • Childhood Lead Poisoning Prevention program <i>Provided by the Department of Public Health Services.</i>
First 5 San Diego Resources	First 5 San Diego promotes the health and well-being of young children during the most critical years of development, from prenatal through age five. Outreach services and resources include: • Information on developmental checkups and services. • Resources for dental care. • Quality preschool, early education and literacy programs. • Home visiting services and other family support services.
General County Services & Resources	The Community Health Engagement Team (CET) provides information about general County services and resources. Outreach services and resources include: • San Diego Wellness Resources. • Housing and Legal Resources. • CalFresh and Eligibility Resources. • Nutrition Education: healthy recipes, and tips for preventing childhood obesity. • Aging and Independence Services. • Vaccine Education and Resources. • Behavioral and Mental Health Resources and Information: depression screeners and resources, stress management, and county resource lists.
Hands-Only CPR Training	Revive & Survive San Diego is a public-health initiative that coordinates hands-only cardiopulmonary resuscitation (CPR) trainings for community members through partnerships. Outreach services and resources include: • Free hands-only CPR training (non-certification). • Education on recognizing cardiac arrest and responding quickly. • Practice with CPR training mannequins. • Education on locating and using Automated External Defibrillators (AEDs). • Building confidence in responding during a cardiac emergency.





HIV, STD, & Hepatitis Services & Resources	The HIV, STD, and Hepatitis branch ensures the development and delivery of quality care, treatment, and prevention services for HIV, STI's, and viral hepatitis. The services provided are: • Free condoms and lubrication • Naloxone (medication that can reverse an opioid overdose) The information, resources, and educational materials provided are: • Branch provided programs and services • STI and HIV prevention • STI and HIV testing and clinical services • Harm Reduction Services • HIV Planning Group <i>Provided by the Department of Public Health Services.</i>
Homeless Outreach Services	The Office of Homeless Solutions (OHS) coordinates outreach, case management, and program connections for people at risk or experiencing homelessness. Outreach services and resources include: • Case management and housing navigation support. • Connections to community resources and social services.
Housing and Homelessness Resources	The Housing Authority of the County of San Diego (HACSD) provides rental assistance to low-income families through the Housing Choice Voucher (HCV) Program and serves vulnerable populations, including individuals experiencing or at risk of homelessness, older adults, people with disabilities, and veterans. Outreach services and resources include: • Education for current and prospective landlords interested in participating in the program. • Provide referrals to legal and fair housing organizations. • Assistance with completing applications. • Answers to questions about Section 8 and other housing programs. • Responses to inquiries regarding existing cases. • Information about incentive programs and participant resources
Library Resources	San Diego County Library supports community learning by providing access to books, digital resources and free programs for all ages. Outreach services and resources include: • Library card or e-Card sign-ups. • Reading recommendations.





	• Information about free programs (Citizenship, Library High School, English as a Second Language, and storytimes for kids, etc.). • Information about eLibrary services such as Libby, PressReader, and Rosetta Stone.
Maternal, Child, & Family Health Resources	The Maternal, Child, and Family Health Services branch (MCFHS) is dedicated to promoting health, and to protecting and supporting pregnant women, children, and vulnerable families in the community. The information, resources, and educational materials provided are: • Chronic diseases • Dangers of smoking • Healthy eating • How to get access to medical and dental care • Maternal and child health • Oral health <i>Provided by the Department of Public Health Services.</i>
Military and Veterans Resources	The Office of Military & Veterans Affairs provides services for veterans and their dependents who may be eligible for state or federal benefits. Outreach services and resources include: • Transition assistance for military personnel, certification of discharge papers. • VA benefits counseling and support with claims. • Assistance with dependency and Indemnity Compensation. • Information on death, burial, cemetery benefits. • Support with admission to the State Veterans Homes. • Assistance requesting military records or decorations. • Guidance on discharge upgrades and correction of records. • Information on VA home loan guarantees. • Education benefits details. • Medical and dental care resources. • Cal-Vet Home Loans. • College Tuition Fee Waivers.
Mobile Pharmacy Services	Pharmacists from Public Health Services, County of San Diego Health & Human Services Agency can offer health education and screenings that provide insights, tips, and useful information to help the community live healthy, thriving lives. Outreach services and resources include: • Health Education: Pharmacists provide health education on a variety of topics including major chronic diseases, high blood





	sugar (diabetes), high cholesterol, high blood pressure, other common diseases states, over-the-counter medications, weight management, vaccination, how to quit smoking, and mental health. • Blood Pressure Screening: Pharmacists conduct blood pressure screenings and offer education on medications, tips for maintaining a healthy blood pressure, and better food choices. • Naloxone Supply and Education: Pharmacists offer Naloxone nasal spray, a medication to reverse the effects of opioids, along with training, and thorough education. • Vaccination Service: Pharmacists administer a variety of vaccines, including flu and COVID-19, while providing education on vaccine safety, benefits, and any potential side effects.
Public Benefits (CalFresh, Medi-Cal, CalWorks)	The Hospital and Community Support Services (HCSS) provides public benefits support. Outreach services and resources include: • Outreach on CalFresh, CalWORKs and Medi-Cal programs. • Applying for CalFresh, CalWORKs and Medi-Cal benefits. • Providing EBT cards & EBT PIN issuance (upon special request). • Inquiries on existing cases.
Public Health Preparedness & Response Resources	The Public Health Preparedness & Response branch (PHPR) supports emergency preparedness for all types of disasters, both natural and man-made. They foster preparedness in communities by supporting in the response to public health threats through readiness activities. The information, resources, and educational materials provided are: • Extreme heat awareness • Heat stroke/heat exhaustion prevention and treatment • Locations of local designated Cool Zones <i>Provided by the Department of Public Health Services.</i>
Tuberculosis (TB) Prevention & Care Resources	The Tuberculosis (TB) Prevention & Care branch works to detect and prevent the spread of TB in the community through treatment, case management, contact investigation, and education. The information, resources, and educational materials are: • TB and latent TB infection • TB risk and prevention <i>Provided by the Department of Public Health Services.</i>
Vaccines	Please inquire about vaccines that may be available.
Vector Control Resources	The Vector Control Program (VCP) works to protect the public from vectors like mosquitoes and the diseases they can transmit.





	Outreach services and resources include: • Information on mosquito inspections and control. • Education on free mosquitofish for mosquito prevention. • Educational rodent inspections. • Free rat control starter kits. • Educational presentations to schools and organizations.
Voting Resources	The Registrar of Voters (ROV) provides voter support and election information to help community members participate confidently. Outreach services and resources include: • Voter registration, reregistration, and preregistration. • Information on current and upcoming elections. • Assistance checking voter registration status. • Handouts and answers voter's rights, locations, election dates and the voters' guide for new citizens. • Explanations of the election process. • Assistance in English and Spanish.

For more information contact: *Department of Strategy and Community Engagement* at LiveWellOnWheels@sdcounty.ca.gov

