



LIVE WELL  
SAN DIEGO



# INTERGENERATIONAL GARDENS

Come garden with us! Older adults and residents of all ages are invited to learn more about gardening and healthy nutrition through activities and classes.

## Join us at one of the 9 garden sites:

- City of Imperial Beach
- City of Vista
- Near San Diego State University
- Ramona Library
- Spring Valley Community Center
- Lakeside Community Center
- Chula Vista - SBCS
- Linda Vista:
  - Salvation Army
  - Linda Vista Park

To sign up or for more information, please contact us.



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