

K-12 TELEBRIEFING



June 3, 2025

Welcome!

SUBJECT MATTER EXPERTS



Dr. Beatty

Assistant Medical Director
County of San Diego



Tracy Schmidt

Director of Safety and
Student Engagement, SDCOE



Dr. Taras

Physician Consultant
SDCOE



Dr. Motadel

Chief Pediatric Officer
County of San Diego



Corinne McCarthy

Coordinator, School Nursing
SDCOE

SPECIAL GUESTS



Paige Colburn-Hargis

Injury Prevention Program Coordinator
Trauma Services at Scripps Memorial
Hospital La Jolla



Anae Evangelista

Community Impact Manager
San Diego Hunger Coalition



Michelle West, MPH

President
Children in Need



Katherine Colocado, MPH

Vice President
Children in Need

EDUCATION SECTOR TEAM



Nicole Villa



Allison Hirahara



Samantha Mendoza



Jen Levy

AGENDA



Agenda Item	Speaker/Presenter
Welcome & Announcements	Nicole Villa
Ebike Safety for Educators: Protecting Students on the Move	Paige Colburn-Hargis
SUN Bucks (Summer EBT)!	Anae Evangelista
Children in Need Grants for Youth Enrichment Activities	Katherine Colocado & Michelle West
Public Health Updates	Dr. Beatty
Q&A Session	All Panelists



Announcements

STOP THE BLEED GRANT PROGRAM



- The STOP THE BLEED® Grant program is open for applications until **June 10**.
- Grants consist of STOP THE BLEED® Training kits valued at \$1,250.

[Learn more and apply.](#)

SCOOP FROM YOU(TH) CHALLENGE



THE COUNTY OF SAN DIEGO HEALTH AND
HUMAN SERVICES AGENCY (HHSA) INVITES
YOU(TH) TO PARTICIPATE IN THIS YEAR'S...

SCOOP FROM YOU(TH) CHALLENGE:

PIECE OF MIND



The [2025 Scoop From You\(th\) Challenge: Piece of Mind](#) is now accepting submissions through August 30, 2025. Youth and young adults ages 12-25 are invited to submit their art for a chance to be awarded up to \$900.

SAVE THE DATE: LIVE WELL ADVANCE CONFERENCE & SCHOOL SUMMIT



Mark your calendars for the 10th annual [Live Well Advance Conference & School Summit!](#)

October 22, 2025
San Diego Convention Center

THANK YOU, CORINNE!



On behalf of the Education Sector, we want to thank you for all that you've done to support our schools, students, and team. We are so grateful for the years we've spent working by your side, and we will miss you dearly!



E-Bike Safety for Educators

Protecting Students on the Move

Paige Colburn-Hargis

**Scripps Memorial Hospital La Jolla – Trauma Service
Injury Prevention Community Outreach Program**



San Diego County Trauma System

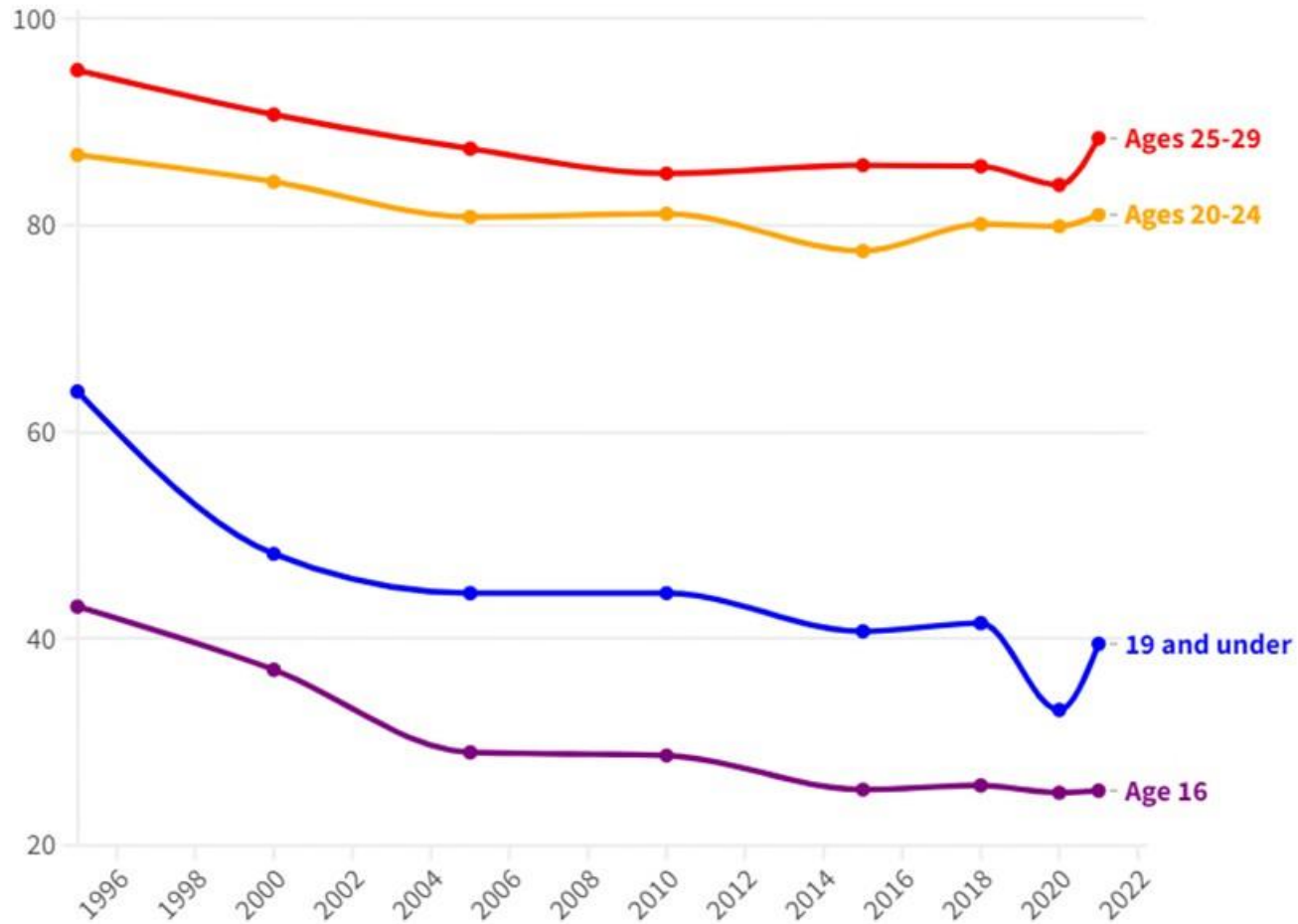
* Since the inception of the San Diego County Trauma System in 1984, the preventable death rate from major traumatic injury in the county fell from 21 percent to less than 1 percent

Electric Bikes (E-Bikes)



- E-Bikes popularity is soaring!
- Environmental benefits - alternative to short car trips or errands
- Economical means of transportation
- Rebates and Voucher Programs
- Can provide independence for older adults or people with physical limitations
- Great form of exercise (if you pedal)
- AND E-Bikes are FUN!

Teens are Driving Less



Source: Federal Highway Administration

Percentage of Americans with driver's license has been decreasing

Why E-Bike Safety Matters – Especially Now



41% of unintentional injury deaths among children age 0-14 years occur between Memorial Day - Labor Day

What's the Problem?

- New Technology – New Safety Concerns

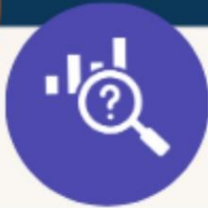
- Weight & Maneuverability
- Higher Speeds = Higher Injury Severity
- Confusion over Class 1, 2, 3, e-Motos
- Lack of public awareness
- Deceptive marketing by manufacturers
- Social media Influencers promoting risky behaviors
- Battery fire risks





E-BIKES: AN EMERGING INJURY TREND

2019
E-Bike
Crashes
Increase



Data Collection

Current ICD-10-CM E-Codes do NOT distinguish e-bicycle injuries
National Surveillance not possible



Key Stakeholders Identified

Workgroup formed to create proposal to the CDC requesting designated ICD-10-CM codes for e-bikes



October 2022

New designated ICD-10 codes created V20.1-V29.01



Identify Trends

Utilizing Trauma Registry Data identified Teens and older adults as key targets for intervention



Leveraged Partnerships

- Schools
- Community Groups
- Law Enforcement
- State Coalition
- Advocacy
- Legislators

Grant Funding

Received RFP Grant Funding to expand e-bike safety education and helmet distribution
Over 100,000 in funding to date



Develop Teen e-Bike safety Education Programs

- School & Community Presentations
- Webinars
- Skills Clinics
- Media Coverage



Develop Mature Riders e-Bike Safety Education Programs

- Community Presentations
- Webinars
- Skills Clinics
- Media Coverage



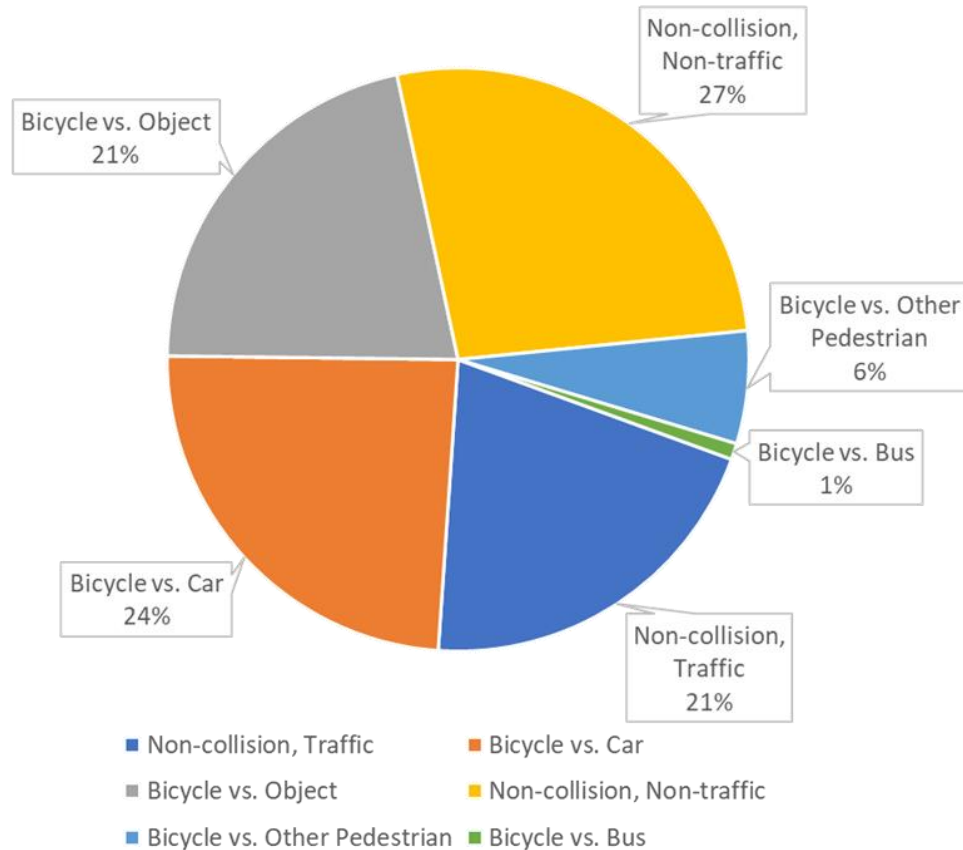
FREE Teen e-Bike Safety Online Course

- Partnership with ABEA
- \$34,95 value
- Certification Completion
- Scripted Injury Prevention Webpage
- Media Coverage

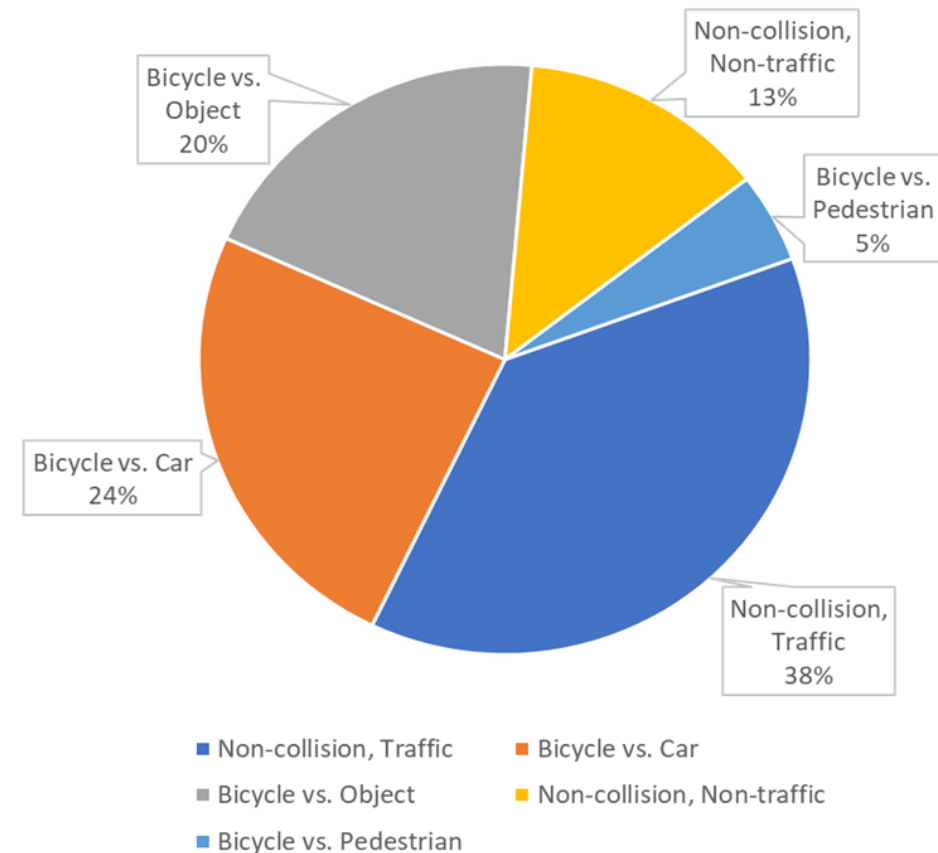


Bicycle and E-Bike Crashes (SMHLJ) – 9%

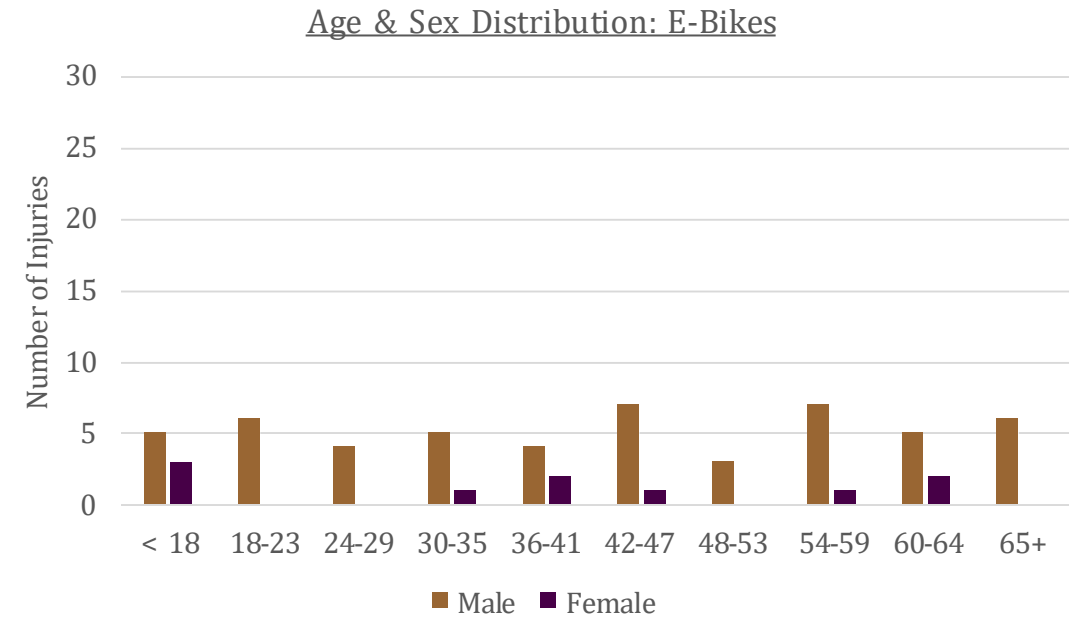
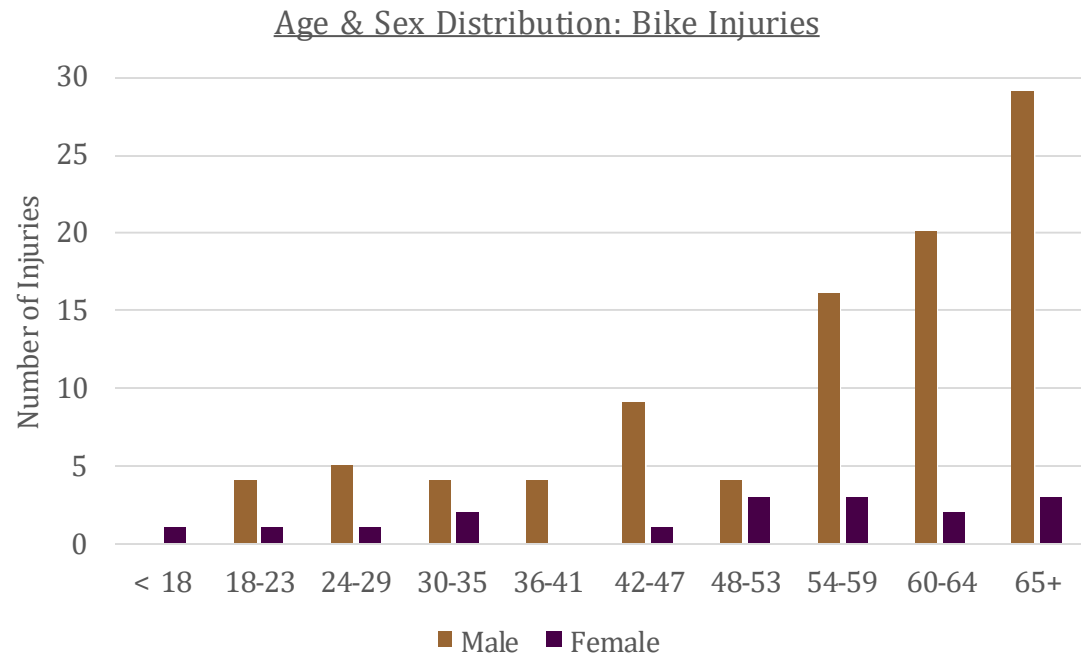
Standard Bike Crashes 6% (n=112)



Electric Bike Crashes 3% (n=61)

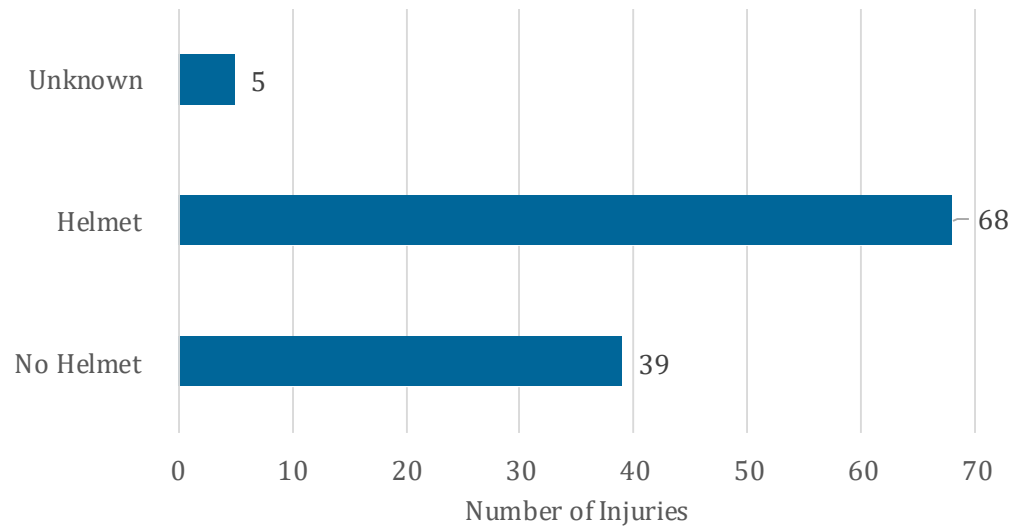


Age & Sex Distribution

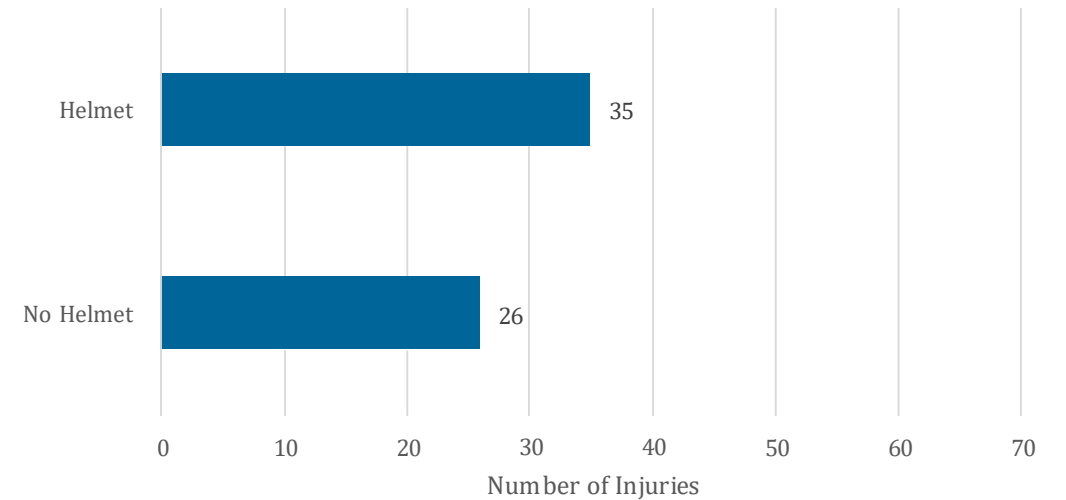


Safety/Protective Measures

Protection Measures: Bikes



Protection Measures: E-Bikes



Challenge

New Riders on Ebikes

- Lack of experience
- Behavioral issues/immaturity
- Misunderstanding of speed/risk
- Public safety concerns
- Disruption → Backlash



Essential

to Train Kids and Teens

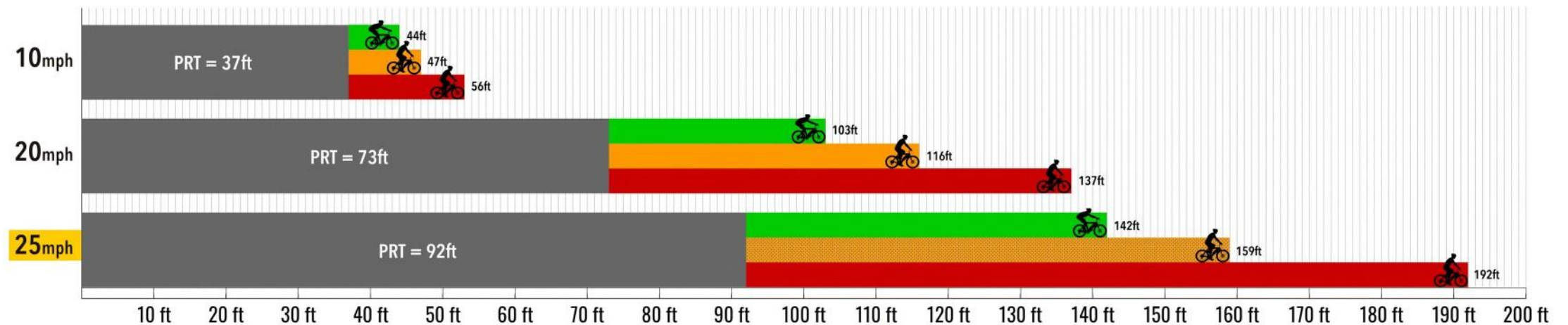
- Etiquette & Responsibility
- Rules of the road
- Dynamics & components of the roadway



Essential

to Train Teens

- How speed increases stopping distance
- How awareness and skill can decrease stopping distance



Priority

to Train Teens

- High risk situations
 - Wrong way riding
- Limitations of bike infrastructure
 - Speed reduction
 - Vantage & visibility reduction
 - Hazards
- Importance of a properly fitted helmet and WHY



The B4's: Ways to Stay Safer on an Ebike



BE PREDICTABLE

- Become educated – Thanks for being here!
- Learn the Rules of the Road
- Take a skills class – 50% of all crashes are “solo falls”

BE PREPARED

- ABC Quick Check
- Wearing the Right Helmet and fitting it correctly- Up to 85% reduction in serious head injury
- Safe Battery Charging to reduce risk of fire

BE SEEN-

- Wear reflective clothing, reflectors and lights(Front and Back)

BE HEARD

- Alert others when passing

* Benefit of Teen Bike/E-Bike Safety Education: Learning the Rules of the Road and how to ride responsibly uses many of the same principles used to teach road safety to new teen drivers .



Our Gift to Your Family

Free Ebike Training That Could Save Your Teen's Life!

Ebikes provide exciting transportation independence for teens, but they're not just ordinary bicycles. With speeds and dynamics closer to mopeds, these vehicles require specialized knowledge to navigate roads and bike paths safely.

Scripps Health Injury Prevention Program is taking the lead to help your teen be a safe and responsible rider. Scripps is partnering with the American Bicycling Education Association to offer comprehensive ebike education FREE to San Diego County teens.

Ebike Training for Teens gives kids the fundamental knowledge to be safe and responsible ebike drivers on the roads and bikeways of their communities.

Lessons include:

- Battery safety, brake inspection, and bike security
- Safety equipment
- Rules of movement and traffic law
- Lines, signs, and signals on roads and bikeways
- How crashes happen and how to avoid them
- How speed and skill affect stopping distance
- Essential communication skills
- Best practices for riding in a group

For questions or additional resources to keep your family safe, contact the Scripps Injury Prevention Team at InjuryPrevention@scrippshealth.org.



Don't leave your teen's safety to chance: help them take the first step towards becoming a confident, safe ebike rider!

To access this valuable course for free, scan the QR code and complete a quick survey.



or click this link:
<https://forms.office.com/r/CWqve2Paci>

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FREE Access to Teen Ebike Online Safety Curriculum

What Schools Can Do Now

Share free Teen Ebike course + promote helmet usage

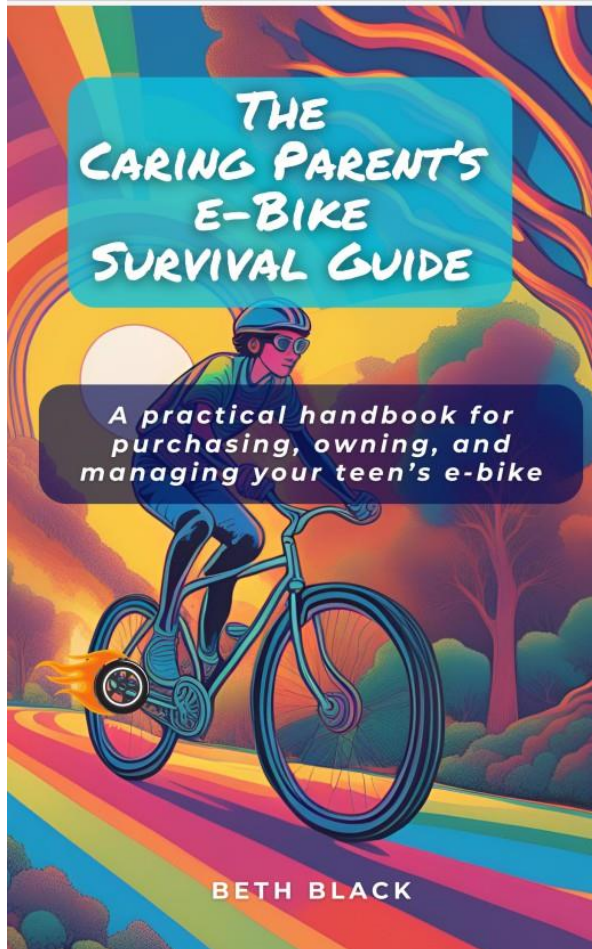
Update policies:

- No multiple riders
- Helmet requirements
- Arrival/departure safety rules
- Screen bikes at events

Use newsletters and assemblies for safety messaging

Encourage skills training and community bike rides for safe routes to school
– We can help!

More Resources



The Six-Point Plan



The Incline Program:
Motivating Better Conduct
An Effective Diversion Program

SDSU Public Health Internship Community Education Projects

E-Bike Classifications and Regulations



Class 1
20 MPH MAX

- Pedal assisted
- No assistance with out pedaling
- Same rules as regular bikes
- Fire rating: UL 2849, UL 2271

Class 2
20 MPH MAX

- Pedal & throttle assisted
- Pedal or not Capabilities
- Same rules as regular bikes
- Fire Rating: UL 2849, UL 2271

Class 3
28 MPH MAX

- Pedal assisted and walk-assist option
- Restrictions on usage areas
- Must be at least 16 years old to operate
- Fire rating: UL 2849, UL 2271

Ride Smart, Ride Legal

What You Need to Know

- No riders under 16 on Class 3 e-bikes.
- Helmets are required under age 18 for classes 1 & 2, all riders must wear a helmet on a class 3
- Do not tamper with the speed governor, drive train, or braking system.
- No "multi-class" e-bikes — it's not a legal loophole!
- No adding a throttle to a Class 3 e-bike, even if stores or manufacturers sell them.
- Beware of illegal models — buy smart and ride safe!

Bellemont Project Age Recommendations:

Class 1: Best for beginners and riders under 14 (recommend waiting until 14 for electric biking)

Class 2: Age 14 with strong cycling skills or wait until age 16

Want more safety tips and buying guidance?

Read Beth Black's Book - The Caring Parent's E-Bike Survival Guide



Belmont Project



<https://belmontproject.com>

E-Bike Survival Guide



<https://a.co/d/h30IG58>

TYPES OF E-BIKES


CLASS 1
>20 MPH

PEDAL ASSISTED

NO ASSISTANCE WITH OUT PEDALING

SAME RULES AND ACCESS AS REGULAR BIKES

FIRE RATING: UL 2849, UL 2271




CLASS 2
>20 MPH

THROTTLE ASSISTED

CAN BE RIDDEN WITH OUT PEDALING

MOSTLY THE SAME RULES AND ACCESS AS REGULAR BIKES

FIRE RATING: UL 2849, UL 2271





CLASS 3
>28 MPH

PEDAL ASSISTED AND THROTTLE

RESTRICTIONS ON USAGE AREAS

MUST BE AT LEAST 16 YEARS OLD TO OPERATE

FIRE RATING: UL 2849, UL 2271



E-MOTO
<28 MPH

THROTTLE ONLY

ONLY ALLOWED ON ROADS

UNREGULATED

MORE LIKE A MOTOR CYCLE THAN A BIKE

FIRE RATING: UL 2271, UL 2580, UL 2202

!PARENTS!
CHECK THE CLASS FOR SAFETY AND ENSURE IT'S UL-CERTIFIED TO MEET SPECIFIC STANDARDS.
SAFE CHOICE, SAFER RIDES!

CALIFORNIA



BICYCLE



**TYPE 1
EBIKE**



**TYPE 2
EBIKE**



**TYPE 3
EBIKE**



MOPED

Vehicle		User				Bike Access			
Pedal Operated	Max Assisted Speed	Minimum Age (yrs)	Driver's License	License Plate	Helmet	Class 1 Bike Path	Class 2 Bike Lane	Class 3 Bike Route	Class 4 Protected Lane
YES	N/A	N/A	NO	NO	17 AND UNDER	YES	YES	YES	YES
YES	20	N/A	NO	NO	17 AND UNDER	YES	YES	YES	YES
NO	20	N/A	NO	NO	17 AND UNDER	YES	YES	YES	YES
YES	28	16	NO	NO	YES	NO	YES	YES	YES
NO	N/A	16	YES	YES	YES	NO	YES	YES	NO

Keep Summer Safe, Fun and Injury Free!



Summer = freedom, but also increased risk

Students need skills and rules to stay safe

Schools can help to set expectations that save lives



Questions?

Paige Colburn-Hargis – Scripps Memorial Hospital La Jolla
Trauma Injury Prevention Program Coordinator

Colburn-hargis.paige@scrippshealth.org

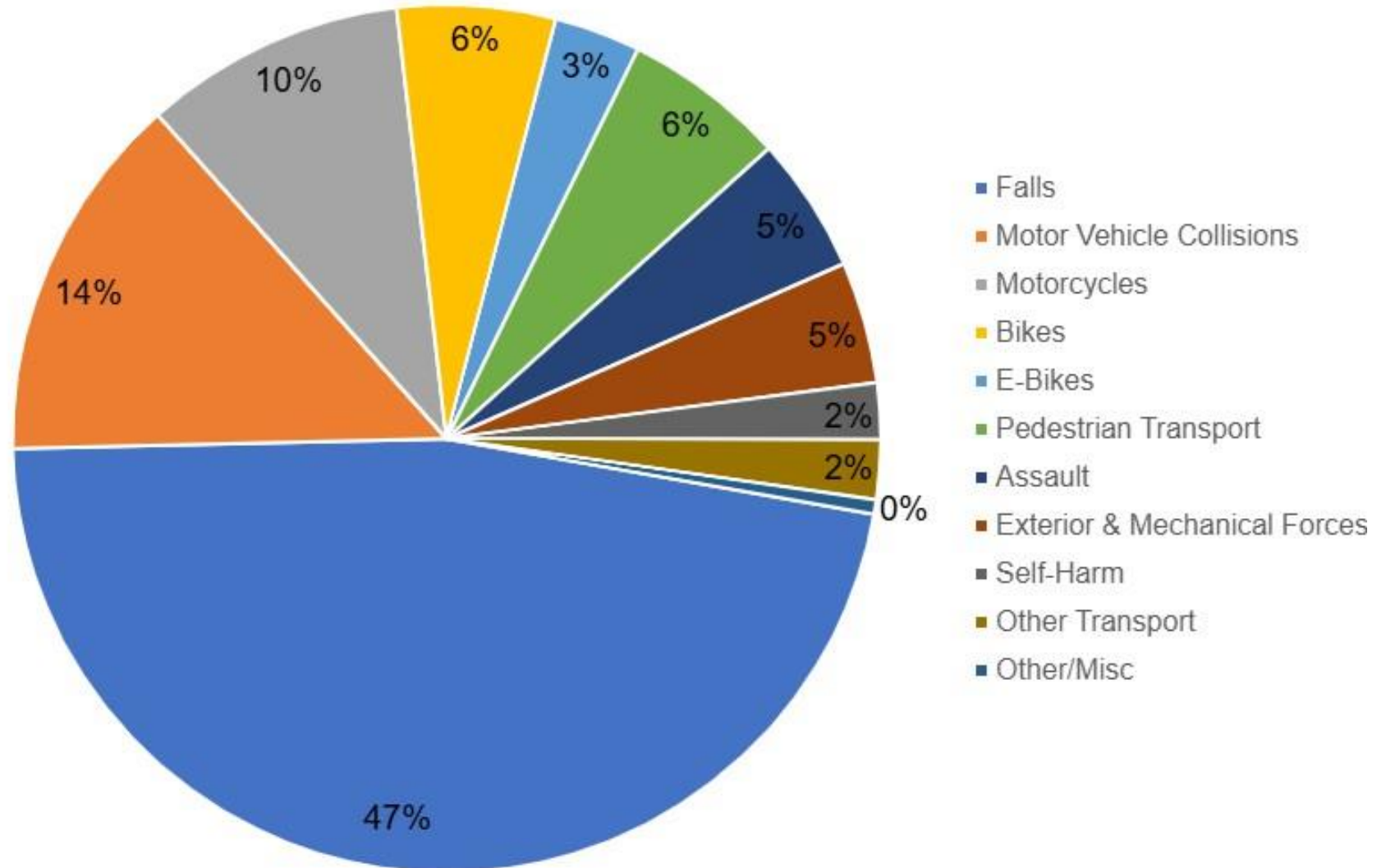
InjuryPrevention@ScrippsHealth.org

Let's Stay in Touch!

Leading Mechanisms of Injury

1. Falls 47%
2. MVC 14%
3. MCC 10%
4. Bikes/e-Bikes 9%
5. Pedestrian Transport 6%
6. Assault 5%

Total Injuries = 1897



WHAT WOULD MAKE CYCLING SAFER?

ACCORDING TO PEOPLE
ON THE INTERNET

HELMETS



ACCORDING TO
ACTUAL STATISTICS

SEPARATING BIKES
AND TRAFFIC



EDUCATING
DRIVERS



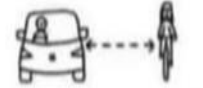
ENFORCING
SPEED LIMITS



DEDICATED TRAFFIC-
FREE ROUTES



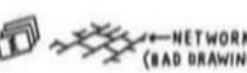
CLOSE PASS LAWS



DISQUALIFYING
REPEAT OFFENDERS



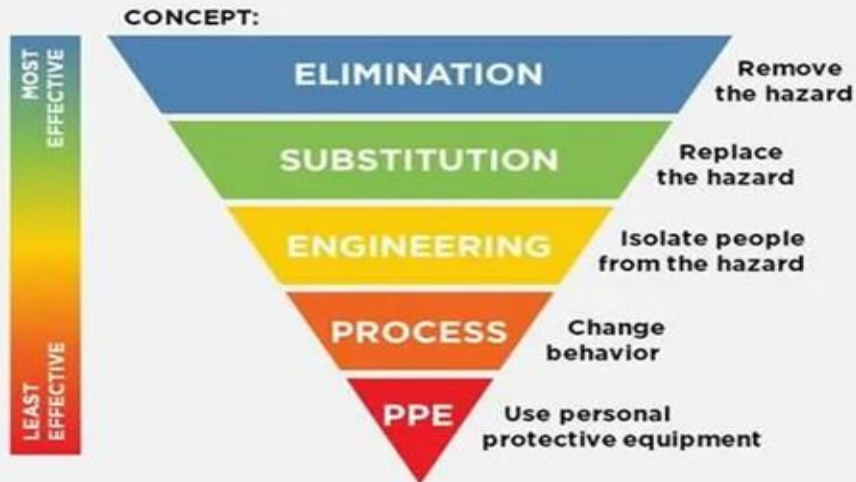
INVESTMENT IN
ACTIVE TRAVEL



GETTING PEOPLE
OFF THEIR SOFAS



HIERARCHY of CONTROLS



CONCEPT APPLIED TO STREETS:

BAN CARS

WALKING, BIKING, TRANSIT

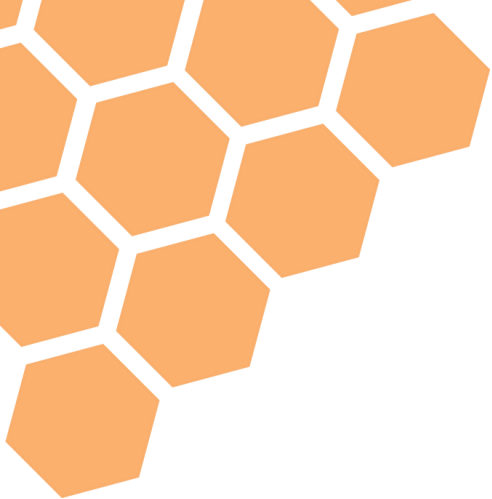
CURBS, BOLLARDS, BARRIERS

SIGNS, EDUCATION, ENFORCEMENT

HELMETS, HI-VIZ, SHAMEFLAGS

NIOSH DIAGRAM REDRAWN AND AUGMENTED BY: @GAGREENWAYS

Applying a Safe Systems Lens



SAN DIEGO
HUNGER
COALITION



Anae Evangelista
Community Impact Manager



San Diego Hunger Coalition's Mission

For more than 50 years, San Diego Hunger Coalition has been leading coordinated action to end hunger in San Diego County supported by research, education and advocacy.



CalFresh Task Force



Hunger Free Activists



Hunger Free San Diego
Advisory Board &
Community Advisory
Council

Nutrition Insecurity in San Diego County

Nutrition Insecurity = an individual's inability to purchase 3 healthy, nutritious meals a day

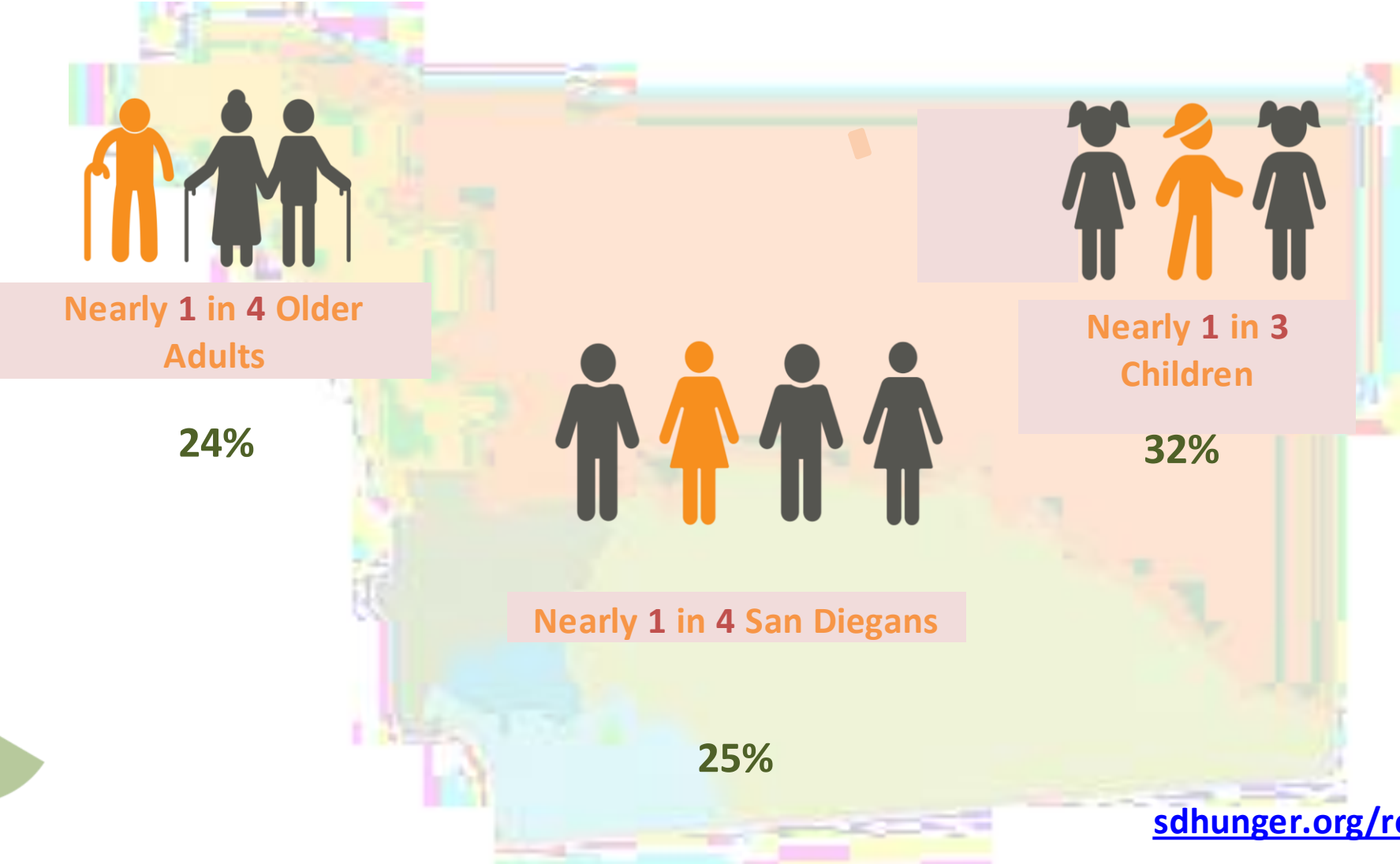
Nutrition insecure population = families with income **below 200%** of the Federal Poverty Level (FPL)

- **Family of 4 < \$64,300**

2025 Federal Poverty Guidelines			
Household Size	FPL 100%	FPL 150%	FPL 200%
1	\$15,650	\$28,952.50	\$31,300
2	\$21,150	\$39,127.50	\$42,300
3	\$26,650	\$49,302.50	\$53,300
4	\$32,150	\$59,477.50	\$64,300
5	\$37,650	\$69,652.50	\$75,300

Source: aspe.hhs.gov

Nutrition Insecurity in San Diego County, December 2024



Nutrition Insecurity in San Diego County, Sep 2024

San Diego County	Children (0-18)	Older Adults (60+)	Population with Disabilities
25%	32%	24%	38%
1 in 4	Nearly 1 in 3	Nearly 1 in 4	Nearly 2 in 5
~ 824,000 People	~ 214,000 Kids	~ 170,000 Seniors	~ 135,000 People w/disabilities



SUN Bucks (Summer EBT)



Summer & Children in School

Summer is the hungriest time of the year for children.

- During summer, children lose access to daily School Breakfast & School Lunch – up to *30 million children across the U.S.*
- When schools are closed, kids lose access to these healthy meals and are at:
 - o Higher risk of food and nutrition insecurity
 - o More likely to experience obesity, poor grades, and other negative outcomes.
- o Despite best efforts, **group summer meal sites historically only reach 1 in 6 children** who are eligible for free or reduced-price school meals during the school year
 - o Leads to a meal gap during the summer months



SUN Bucks (Summer EBT)

Starting last year in summer 2024, a new permanent program, Sun Bucks, began to help bridge the hunger gap for children on break from school. Eligible children received \$40 per summer month (\$120 total), per child in the family.

- Researchers found that a similar program during the pandemic, **Pandemic-EBT (P-EBT)**, reduced hardship among the lowest-income children by *30 percent* in the week after families received benefits.
- P-EBT protected an *estimated 2.7 to 3.9 million* children from hunger.
- Sun Bucks (Summer EBT) is **returning this year** and is expected to positively impact *more than 29 million children* across the nation.



SUN Bucks - Facts

- *SUN Bucks benefits can be used wherever CalFresh is accepted.*
 - This includes most local grocery stores, delivery via Instacart, and at participating farmer's markets.
- *SUN Bucks benefits can be used to purchase SNAP EBT-eligible items:*
 - Fruits
 - Vegetables
 - Meat
 - Seafood
 - Veggies
 - Etc.
- *Immigration status does NOT affect eligibility.*
 - In addition, using SUN Bucks benefits will not affect immigration status.

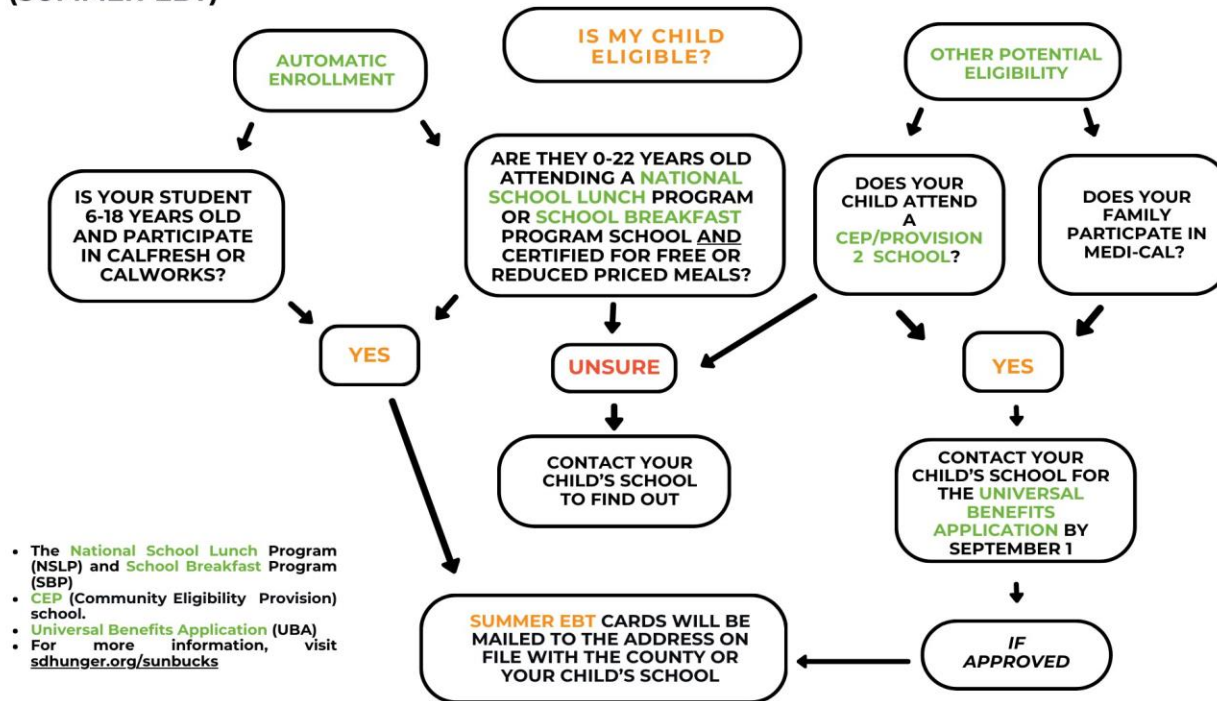


SUN Bucks Eligibility



SUN Bucks (SUMMER-EBT)

SUN BUCKS WILL PROVIDE GROCERY-BUYING BENEFITS TO FAMILIES WITH LOW-INCOME WITH SCHOOL-AGED CHILDREN WHEN SCHOOLS ARE CLOSED FOR THE SUMMER.
A **ONE-TIME \$120 DEPOSIT** WILL BE LOADED IN A **DEBIT LIKE-CARD** FOR **EACH ELIGIBLE CHILD** IN EVERY FAMILY.



ELIGIBILITY IS NOT BASED ON IMMIGRATION STATUS

Automatic Certification – Families will automatically get mailed the SUN Bucks card for their eligible child.

- Children receiving **CalFresh or CalWORKS**.
 - This includes children whose families are currently on the program or who were on these programs at any point during the school year.
- Children who are considered:
 - **Foster**
 - **Homeless**
 - **Migrant**
 - **Runaway**

SUN Bucks Eligibility



SUN Bucks (SUMMER-EBT)

SUN BUCKS BRINDARÁ BENEFICIOS PARA LA COMPRA DE ALIMENTOS A FAMILIAS DE BAJOS INGRESOS CON NIÑOS EN EDAD ESCOLAR CUANDO LAS ESCUELAS ESTÉN CERRADAS DURANTE EL VERANO.
SE DEPOSITARÁN \$120 EN UN SOLO PAGO EN UNA TARJETA SIMILAR A UNA DE DÉBITO PARA CADA NIÑO ELEGIBLE EN LA FAMILIA.



SU ELEGIBILIDAD NO DEPENDE DE SU ESTATUS MIGRATORIO

Automatic Certification

- Children enrolled in a school, pre-school, or Head Start program that **participates in NSLP/SBP** (national school lunch/school breakfast program) & are **certified for free & reduced-priced meals**
 - Note that school meals are FREE for all children, BUT families must check with their school to see if they are certified.
 - Families may have fill out a **Free/Reduced Price Meal Form** if they haven't already.

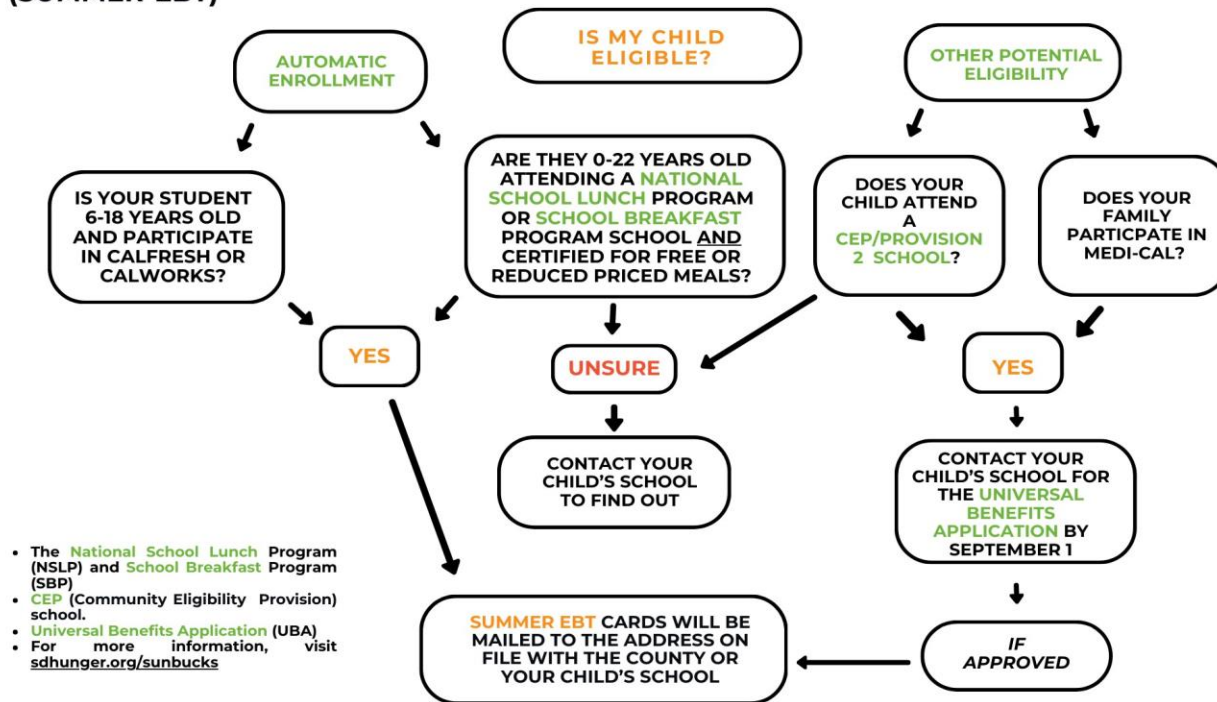
**note: eligibility flowchart also available in Spanish!*

SUN Bucks Eligibility



SUN Bucks (SUMMER-EBT)

SUN BUCKS WILL PROVIDE GROCERY-BUYING BENEFITS TO FAMILIES WITH LOW-INCOME WITH SCHOOL-AGED CHILDREN WHEN SCHOOLS ARE CLOSED FOR THE SUMMER.
A **ONE-TIME \$120 DEPOSIT** WILL BE LOADED IN A **DEBIT LIKE-CARD** FOR **EACH ELIGIBLE CHILD** IN EVERY FAMILY.



- The **National School Lunch Program (NSLP)** and **School Breakfast Program (SBP)**
- **CEP** (Community Eligibility Provision) school.
- **Universal Benefits Application (UBA)**
- For more information, visit sdhunger.org/sunbucks

ELIGIBILITY IS NOT BASED ON IMMIGRATION STATUS

Other potential eligibility

- Children not enrolled in these programs & attending **CEP/Provision Schools 1, 2, or 3** need parents to **opt in** by filling out the **Universal Benefits Application (UBA)**.
- Children whose families are **enrolled in Medi-Cal** may need to opt in by filling out the **Universal Benefits Application (UBA)**.
- The **UBA form** is available at their school.
 - Deadline to apply **September 1st, 2025**

Note: CEP/Provision Schools (non-pricing meal service option for schools and school districts in low-income areas).

SUN Bucks Eligibility

- ***Families should update their address with their school & the county:***
 - Depending on eligibility, cards will be automatically sent to the address on file with the school/county.
 - You can contact the county by calling ACCESS (866) 262-9881 or visiting your local county office.
- ***SUN Bucks Benefits will not be eligible for replacement due to EBT skimming/scamming:***
 - However, benefits will be eligible for replacement due to disaster or household misfortune.
- ***SUN Bucks Benefits must be used within 122 days:***
 - If families receive both CalFresh & SUN Bucks, we recommend using SUN Bucks *FIRST* – we recommend using the benefits within 3 months.



Utilization Rate & Need for Outreach

Lessons from 2024's administration of the program:

- 100,000 children in the state of CA did not activate their benefits
 - Remember - \$120 per card!
- Overall, there was only a 76.7% PIN rate (percentage of eligible families who activated their SUN Bucks card)
 - Around 1.3 million children overall who did not access their benefits
 - This does not include the # families who were eligible but never applied

Creating a Hunger Free San Diego requires more outreach about the program – informing families about their eligibility, how to activate benefits, and who to connect with for questions.

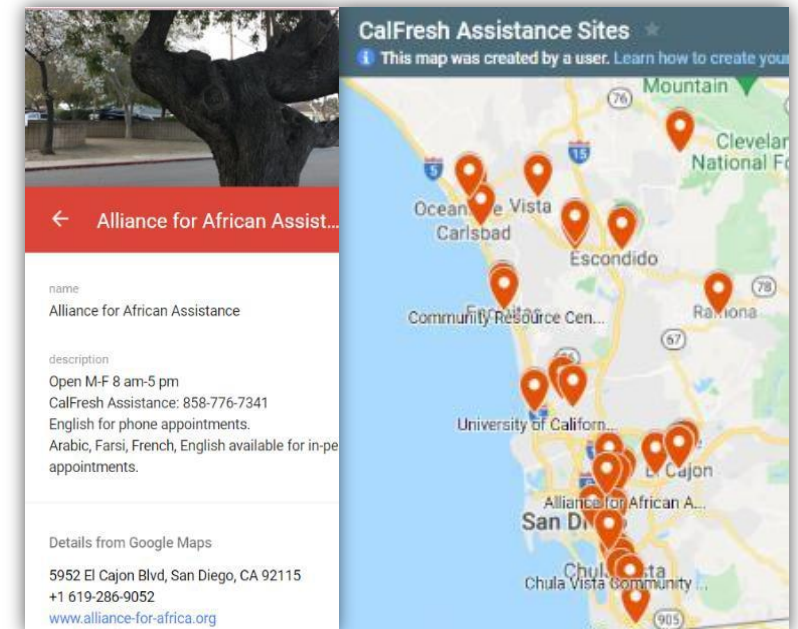
Children whose families are on CalFresh are automatically eligible for SUN Bucks!

CalFresh – Community Partners

Students whose families are on CF are automatically eligible for SUN Bucks!

- In order to support CalFresh enrollment, SDHC has partnered with a number of community-based organizations to provide CalFresh application assistance.
 - Trained advocates
 - Provide help in several threshold languages
 - Result in higher likelihood of approval!

- sandiegohungercoalition.org/getcalfresh



SUN Bucks Resources & Toolkit for Schools/Staff

CalFresh Outreach

Resources for Families to Receive Access to Healthy Food

CalFresh is California's Supplemental Nutrition Assistance Program, or SNAP, and it is one of the most effective ways to ensure kids have access to healthy food. The benefit is uploaded to an Electronic Benefits Transfer (EBT) card that can be used to purchase food at places like grocery stores and farmers markets.

Additionally, having CalFresh provides eligibility for other food assistance programs, such as SUN Bucks (Summer EBT).

Schools and community organizations are trusted messengers and an important source of information for families. Please use this toolkit to help connect families in your community to the vital resources that CalFresh provides.

For more information about CalFresh, how to enroll, social media graphics or get assistance, visit the [San Diego Hunger Coalition's CF in Schools website](https://www.sandiegohungercoalition.org/cf-in-schools).

What's Inside this Toolkit?

Tools for Schools to Connect Families to CalFresh & SUN Bucks

Why CalFresh Outreach?	2
SUN Bucks Information & Eligibility	3-4
How to Connect Families to Benefits	5-6
Sample Language to Copy & Paste	7-9
Sample Social Media Posts & Graphics	10-11
CalFresh Application Assister List	12-17

Receive Benefits to Feed Your Children on Summer Break



SUNBUCKS PROVIDES
ELIGIBLE CHILDREN
WITH **\$120** FOR FOOD
FOR THE SUMMER!

Anyone can apply for
CalFresh online at
benefitscal.com

Why is CalFresh Outreach is Important for Students?

When kids are enrolled in CalFresh, they get the food they need to succeed both at home and school. But many newly eligible families may not know they qualify or how to sign up.

CalFresh helps kids at home:

Now is a great time to apply to CalFresh! A family of four can now receive up to **\$975** a month to purchase food.

*CalFresh benefit allotments amounts can vary on a month to month basis, based on income.

CalFresh helps kids at school:

Students enrolled in CalFresh are directly certified for free school meals and SUN Bucks (Summer EBT). Learn more about SUN Bucks in the next page.

CalFresh helps kids in the classroom: When students consistently get the food they need, it leads to lower rates of chronic absenteeism, stronger test scores and fewer disruptions caused by behavior or trips to the nurse.

Please Note: Immigrant families may be hesitant to enroll in CalFresh, but it is currently safe for families to access.

Learn more in this guide for immigrants and share community-facing resources from Protecting Immigrant Families at: <https://protectingimmigrantfamilies.org/>

Visit San Diego Hunger Coalition's Safe Food Assistance Page to learn more about CalFresh eligibility:

<https://www.sandiegohungercoalition.org/safe>

CalFresh Outreach is Important for Schools

CalFresh helps school nutrition budgets: Students enrolled in CalFresh are automatically certified for free school meals. That means fewer school meal applications to process and fewer unpaid meal charges.

CalFresh helps schools qualify for more programs: When more eligible students get enrolled in CalFresh, it improves a school's ability to operate free summer and afterschool meal programs and to adopt the Community Eligibility Provision (CEP), which enables eligible schools to serve meals to all students at no cost to families. In order to participate in CEP, schools must have Identified Student Percentage (ISP) over 25 percent, which includes students on CalFresh. Learn more about CEP [here](#).

SUN Bucks Social Media Toolkit

Receive Benefits to Feed Your Children on Summer Break



A family of 4 can receive up to **\$975**
in food benefits a month

See if You are Eligible by going to

BenefitsCal.com

*Cal*Fresh



SUMMER NUTRITION PROGRAMS FOR KIDS

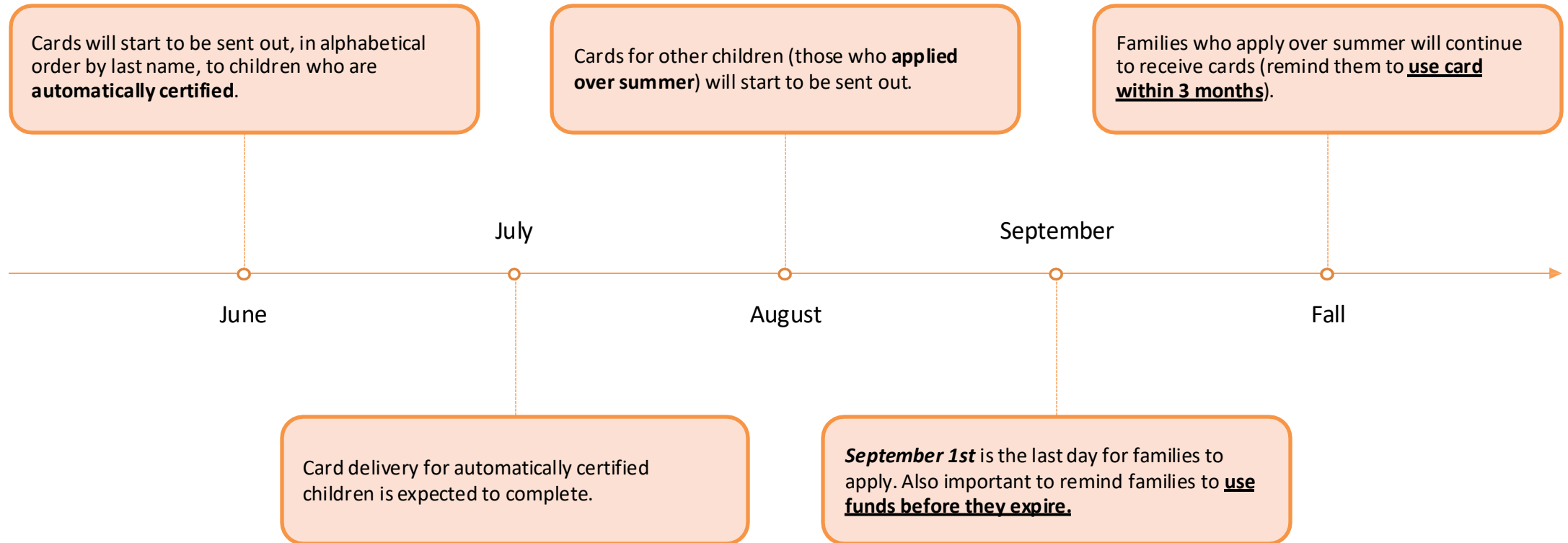
- ✓ Enrolled in CalFresh or Calworks?
- ✓ Have a child between ages of 6-18?

YOU MAY BE ELIGIBLE
FOR SUNBUCKS – A **\$120**
FOOD BENEFIT FOR
KIDS!

LEARN MORE AT
sdhunger.org/sunbucks



SUN Bucks – Timeline Overview



Food Assistance is NOT a Public Charge

Public Charge: Public charge is a **federal test** for green card and visa applicants to determine if they **rely on government cash assistance**. Under the **Biden administration's 2022 update**, **CalFresh, WIC, and other non-cash benefits do not** affect immigration applications, and **eligible families can safely access health, nutrition, and housing programs** without public charge concerns.

Programs like CalFresh (SNAP), WIC, and other non-cash federal assistance do NOT affect immigration applications:



- School Meals
- WIC
- Food pantries
- Food distributions
- Meals for Older Adults
- Older Adult Commodity and Emergency Food Assistance Boxes (*CSFP & TEFAP*)
- CalFresh

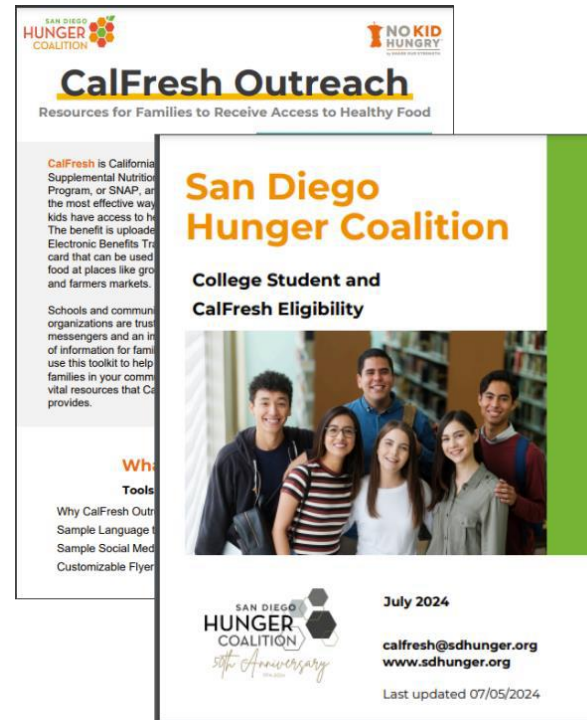
-Visit our **English** page: sdhunger.org/safe & **Spanish** page: sdhunger.org/seguro

Food Assistance Resources

Food Assistance Resource Brochure

Updated quarterly

Translated into 13 languages



CalFresh Toolkits

College Students

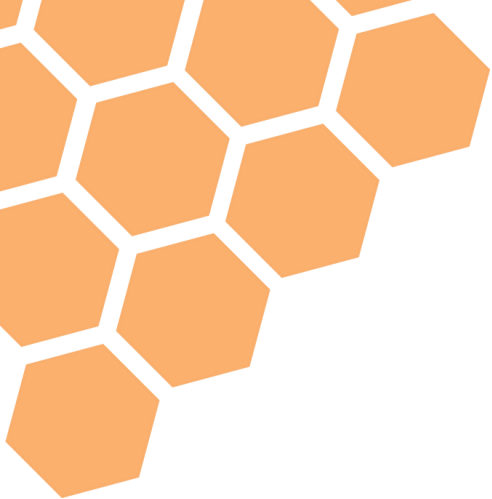
SSI Recipients

SUN Bucks/Summer EBT

CalFresh in Schools

sdhunger.org/calfresh-toolkits

sdhunger.org/sunbucks



Thank you!



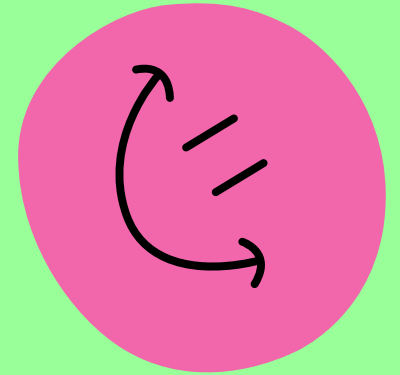
Let's stay in touch!

Anae Evangelista
Community Impact Manager
anae@sdhunger.org
(619) 501-7917 ext.109

Children In Need

Grants for

Youth Enrichment Activities



LIVE WELL
SAN DIEGO



Children In Need
SAN DIEGO

Speaker Introductions



Michelle West,

President of Children In Need
MPH

Child and Family Well-Being Department,
Office of Child and Family Strengthening



Katherine Colocado,

Vice-President of Children In Need
MPH

Child and Family Well-Being Department,
Office of Child and Family Strengthening

Mission Statement

Our Mission

CIN believes that every child deserves the **opportunity to explore their passions**, develop new skills, and experience the confidence-building benefits of extracurricular activities.

The program is dedicated to removing financial barriers that prevent youth in foster care and children who are income-eligible from **accessing life-changing sports, arts, education, and enrichment programs**.

Since its inception in 1968, CIN has empowered children to **pursue their dreams and thrive**, with all efforts managed by volunteers from the San Diego County Health and Human Services Agency (HHSA).



About Children In Need



Key Features:

- Entirely volunteer-run
- All donations are used directly for the benefit of children

- CIN is a nonprofit 501c(3) charitable corporation started by HHSA employees in 1968.
- The program provides financial support to assist children's participation in extracurricular activities.
- **Funding Details:** Each eligible child can receive up to \$100 to cover costs for sports, arts, or enrichment programs.

Promotional Initiatives



- Tabling events
- Brochures
 - Internal
 - Customer-facing
 - Translation for threshold languages
- Social media/advertising
- Presentations

Eligibility Criteria



Eligibility based on one of the following:

- Youth in Foster Care
- Verified income of eligibility threshold (based on CalFresh guidelines)
- An active case number for any of the following public assistance programs:

- Medi-Cal
- CalFresh
- CalWORKS
- WIC

Note: Financial assistance is capped at **\$100 per youth/per calendar year**

CalFresh Income Eligibility

For October 1, 2024 through September 30, 2025, the monthly income limits are:

People In Household	Gross Monthly Income
1	\$2,510
2	\$3,408
3	\$4,304
4	\$5,200
5	\$6,098
6	\$6,994
7	\$7,890



Income Eligibility Basics:

- Eligibility based on Gross Monthly Income limits.
- Income limits vary by household size.

[San Diego CalFresh Income Limits](#)

Application Process

Application Process Breakdown

How to Apply

- Choose program or item before applying
- Download and complete application
- Submit application: Email completed form to childreninneedsd@gmail.com

Additional info

- Include case number if applying based on financial need
- Resource Families may have social workers apply on their behalf

Submit by Email Print Form

CHILDREN IN NEED (CIN) REQUEST FORM
BEFORE COMPLETING, PLEASE REVIEW INSTRUCTIONS
(Form will be returned, unprocessed if incomplete)

DATE: _____ LOG NUMBER: _____
Case Name: _____ (For CIN advisor only)
Case Number: _____ How did you hear about us?: _____

(A) Complete ONLY if CIN Request is for OVERNIGHT CAMP: Please see instructions for amounts allowed.

CHILD'S NAME:	DOB	REQUESTED \$	DISABLED?
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
CHILD'S NAME:	DOB	\$	<input type="radio"/> Y <input type="radio"/> N
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N

Name of School or Camp: _____ Contact Name: _____
Camp Dates: From _____ To _____ & number: _____

(B) ALL OTHER REQUESTS – COMPLETE THIS SECTION

CHILD'S NAME:	DOB	REQUESTED \$	DISABLED?
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
CHILD'S NAME:	DOB	\$	<input type="radio"/> Y <input type="radio"/> N
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
CHILD'S NAME:	DOB	\$	<input type="radio"/> Y <input type="radio"/> N
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N

Event/Activity/Sports/Items (i.e. lessons, equipment): _____
Name of Organization OR Vendor (i.e. YMCA, Pop Warner): _____

Have funds been requested for this child within this calendar year (January-December) ☐ Y ☐ N

Other resources explored: (scholarships, family, friends, etc.) 1) _____ 2) _____

Make Check Payable to: School/Organization: _____
(Refer to 6 on instructions) Address: _____
City: _____ State _____ Zip _____ Phone _____

Mail Check to: Name: _____
(If different than above) Address: _____
City: _____ State _____ Zip _____ Phone _____

(It is best to have the check mailed to caretaker so it can be given to vendor at time of registration or purchase)

WORKER NAME: _____ Signature: _____ Phone #: _____ Mail stop: _____
SUPERVISOR NAME: _____ Signature: _____ Phone #: _____ Mail Stop: _____
CIN Rep.'s Name: _____ Signature: _____ Phone #: _____ Mail stop: _____

CIN PROCESSING

CIN Camp Liaison: _____ Approved CIN Request & Submitted for Payment: _____
Board Approval: _____ Date: _____ CIN Treasurer Verification: _____
Check No: _____ Date: _____ Amount: \$ _____ Date sent to Payee: _____

DISTRIBUTION: Email to supervisor for approval. Supervisor send to CIN rep. Rep send to Board approver. Final copy sent to CIN Advisor.
Save a copy for case file.

CIN.SOP-3 (06-1-09) Reset Form

Application currently available in English and Spanish.

Application Process

CHILDREN IN NEED (CIN) REQUEST FORM
BEFORE COMPLETING, PLEASE REVIEW INSTRUCTIONS
(Form will be returned, unprocessed if incomplete)

DATE: _____ LOG NUMBER: _____
Case Name: _____ (For CIN advisor only)
Case Number: _____ How did you hear about us?: _____

(A) Complete ONLY if CIN Request is for OVERNIGHT CAMP: Please see instructions for amounts allowed.

CHILD'S NAME:	DOB	REQUESTED \$	DISABLED?
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
CHILD'S NAME:	DOB	\$	<input type="radio"/> Y <input type="radio"/> N
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
Name of School or Camp:	Contact Name		
_____	_____		
Camp Dates: From _____ To _____	& number: _____		

(B) ALL OTHER REQUESTS – COMPLETE THIS SECTION

CHILD'S NAME:	DOB	REQUESTED \$	DISABLED?
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
CHILD'S NAME:	DOB	\$	<input type="radio"/> Y <input type="radio"/> N
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
CHILD'S NAME:	DOB	\$	<input type="radio"/> Y <input type="radio"/> N
_____	_____	_____	<input type="radio"/> Y <input type="radio"/> N
Event/Activity/Sports/Items (i.e. lessons, equipment): _____			
Name of Organization OR Vendor (i.e. YMCA, Pop Warner): _____			

Have funds been requested for this child within this calendar year (January-December) ☐ Y ☐ N

Other resources explored: (scholarships, family, friends, etc.) 1) _____ 2) _____

Make Check Payable to: School/Organization: _____
(Refer to 6 on instructions)
Address: _____
City: _____ State _____ Zip _____ Phone _____

Mail Check to: Name: _____
(If different than above)
Address: _____
City: _____ State _____ Zip _____ Phone _____

(It is best to have the check mailed to caretaker so it can be given to vendor at time of registration or purchase)

WORKER NAME: _____ Signature: _____ Phone #: _____ Mail stop: _____

SUPERVISOR NAME: _____ Signature: _____ Phone #: _____ Mail Stop: _____

CIN Rep.'s Name: _____ Signature: _____ Phone #: _____ Mail stop: _____

CIN PROCESSING

CIN Camp Liaison: _____ Approved CIN Request & Submitted for Payment: _____

Board Approval: _____ Date: _____ CIN Treasurer Verification: _____

Check No: _____ Date: _____ Amount: \$ _____ Date sent to Payee: _____

DISTRIBUTION: Email to supervisor for approval. Supervisor send to CIN rep. Rep send to Board approver. Final copy sent to CIN Advisor.
Save a copy for case file.

CIN.SOP-3 (06-1-09)

Processing and Timeline

- Applications are typically reviewed within 1-3 business days of receipt.
- If approved, checks are processed and mailed within 1-2 weeks.
- Checks are made payable to the vendor and mailed directly to the parent/guardian listed on the application.
- If payment can be made online, payments can be completed directly through an online debit transaction to expedite the process.

Activities Supported By CIN

Sports

Football, Soccer, Baseball,
Golf

Performing Arts

Dance Lessons,
Cheerleading, Cotillion
Classes

Clubs and

Scouting Uniforms, 5th and
6th Grade Bootcamp

Programs

Self-Development

Self-Defense Classes

School-Related Costs

Yearbooks, Dresses, and
Suits for High School Dances



How To Get Involved

Spread the Word

Share CIN's mission and how to apply with others who may benefit from funding or wish to support the cause

Follow CIN on Instagram:

[@childreninneedsd](https://www.instagram.com/childreninneedsd)

Social Worker Assistance

Social workers can apply on behalf of Resource Families

Income-Eligible Families

Income-eligible families apply directly

Applications are available on the CIN website: www.childreninneedsd.org

Submit applications to: childreninneedsd@gmail.com

Contact Us

For more information or to get involved:

Email: childreninneedsd@gmail.com

-or-

- **MichelleC.West@sdcounty.ca.gov**
Michelle West, President of Children In Need
- **Katherine.Colocado@sdcounty.ca.gov**
Katherine Colocado, Vice-President of Children In Need



www.childreninneedsd.org



Public Health Updates

Dr. Beatty

RESPIRATORY VIRUS UPDATE



LIVE WELL
SAN DIEGO

COVID-19

Cases
26,837

Deaths
260

Outbreaks*
226

6/30/2024 – 5/3/2025

Influenza

Cases
38,545

Deaths
208

Outbreaks*
88

6/30/2024 – 5/3/2025

RSV

Cases
5,678

Deaths
16

Outbreaks*
6

6/30/2024 – 5/3/2025

*In residential congregate settings

[Respiratory Virus Surveillance Report](#)

Figure 1.1. San Diego County **COVID-19** Confirmed and Probable Cases
(N=26,837)

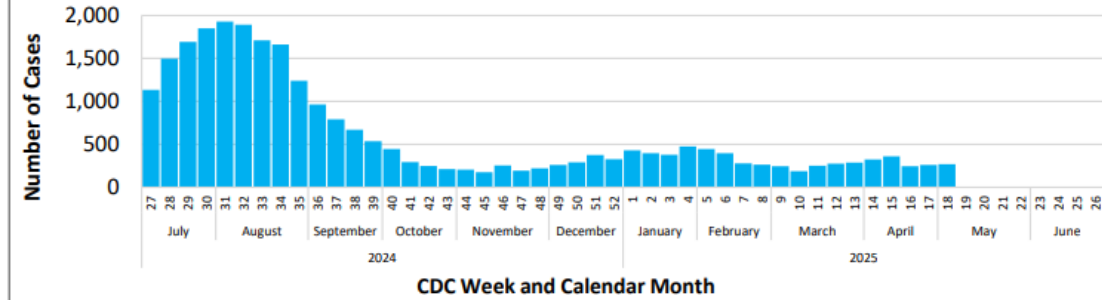


Figure 1.2. San Diego County **Influenza** Cases
(N=38,545)

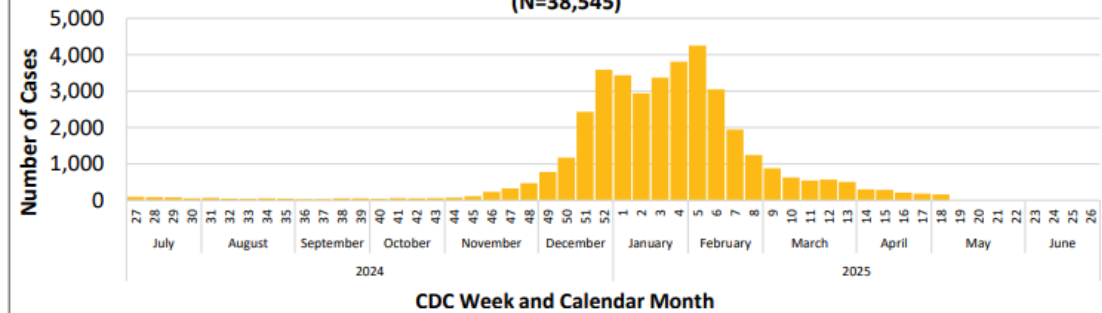
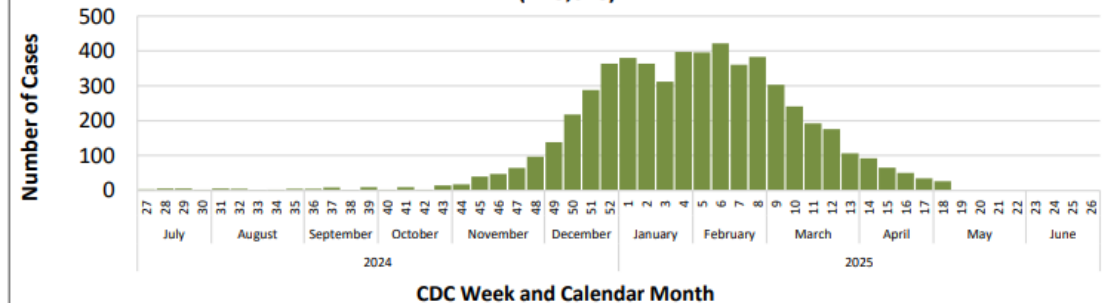


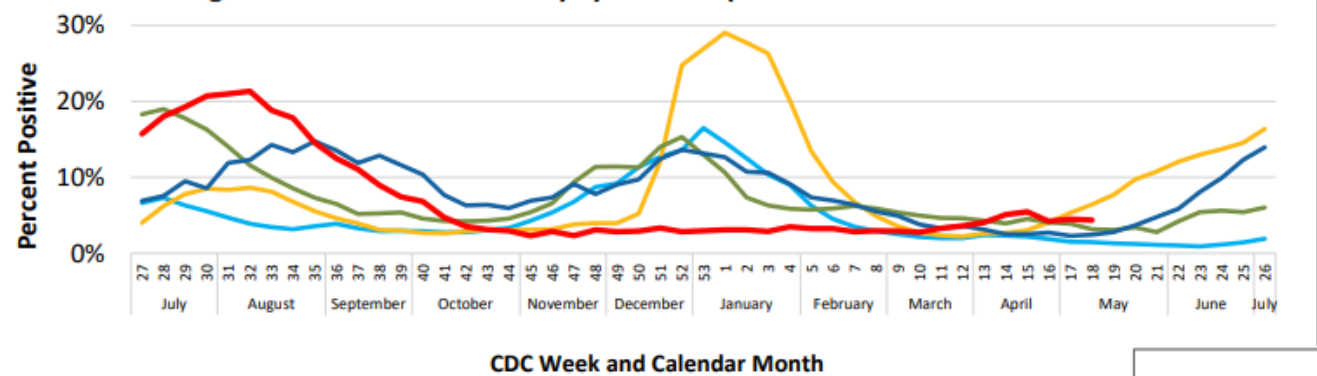
Figure 1.3. San Diego County **RSV** Cases
(N=5,678)



COVID-19, INFLUENZA, & RSV POSITIVITY



Figure 14. COVID-19 Positivity by Week of Specimen Collection and Fiscal Year



2024-25 2023-24 2022-23 2021-22 2020-21

Figure 15. Influenza Positivity by Week of Specimen Collection and Fiscal Year

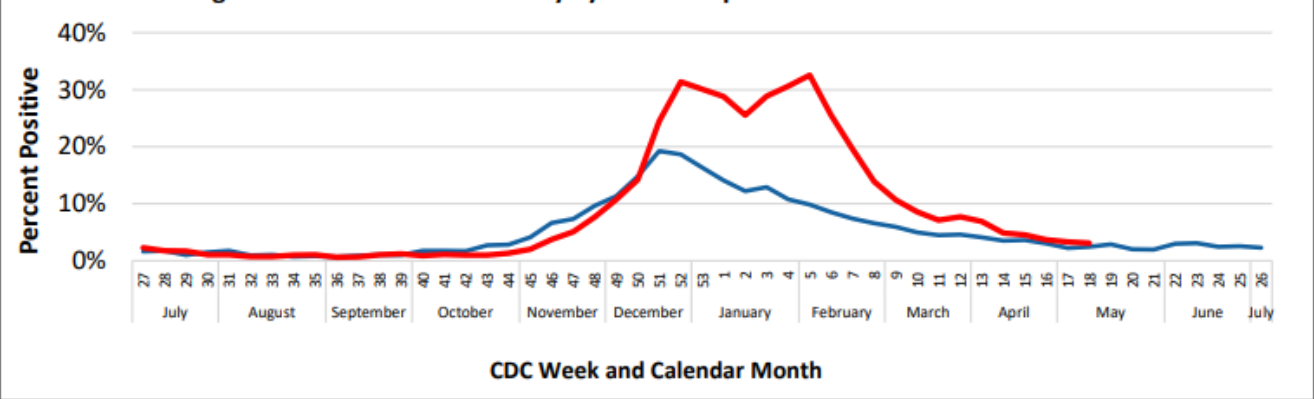
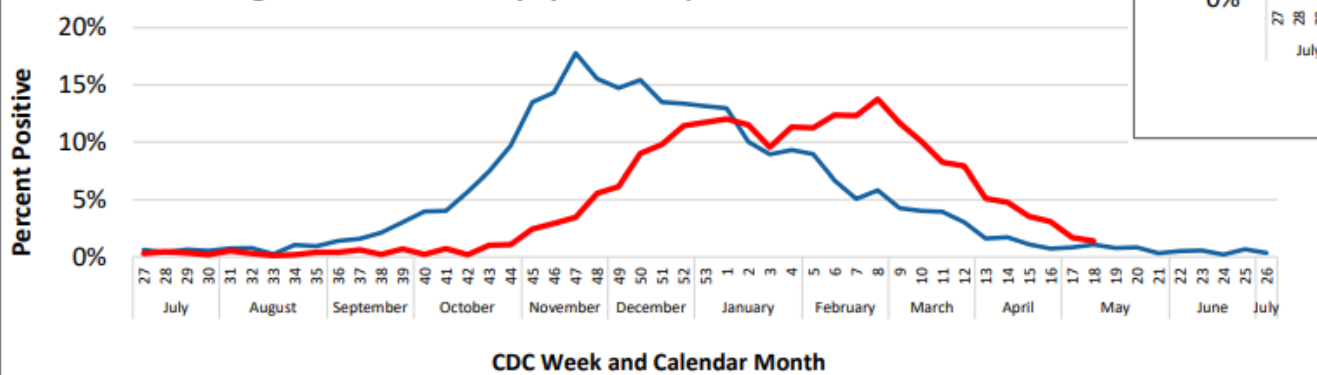


Figure 16. RSV Positivity by Week of Specimen Collection and Fiscal Year



COVID-19 & INFLUENZA VACCINATIONS



Figure 22. San Diego County Residents Up- to-Date with COVID-19 Vaccination Status, Ages 6 Months and Older

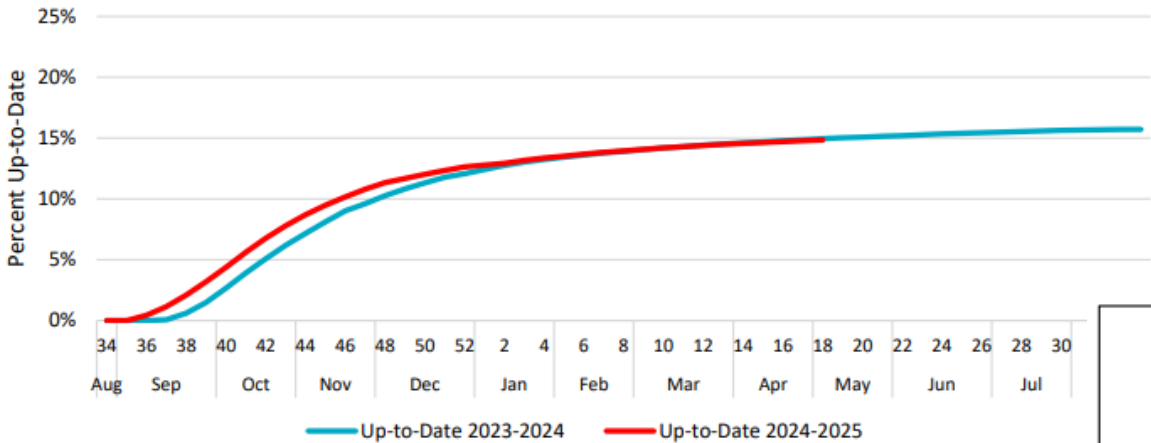
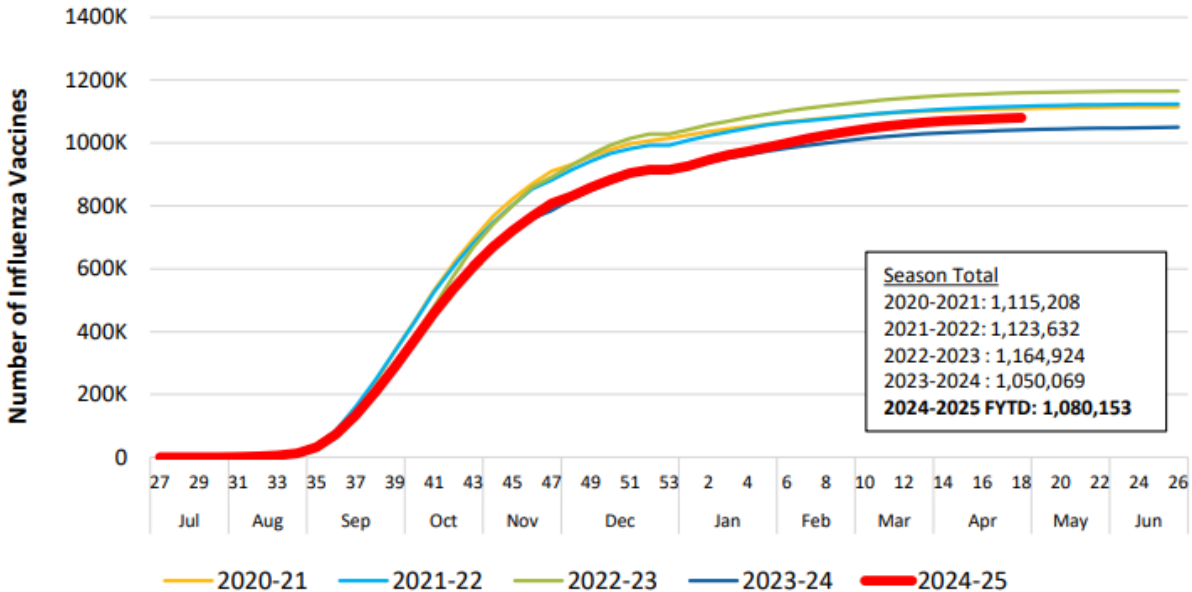


Figure 23. Cumulative Number of Influenza Vaccinations Administered* by CDC Week and Fiscal Year



COVID VACCINE RECOMMENDATIONS



- The [CDC updated its schedules for child and adolescent immunizations](#). Children ages 6 months to 17 years “may receive COVID-19 vaccination, informed by the clinical judgment of a health care provider and personal preference and circumstances.”
- Including the vaccine on the immunization schedule means it will be covered by insurance.



Thank You!



Q&A



THANK YOU FOR ATTENDING!

For more information, please visit our website: LiveWellSD.org/Education

You can also email us at: LiveWellEducation@sdcounty.ca.gov

Next Telebriefing: August 2025 – Date TBD