

# K-12 TELEBRIEFING



**October 7, 2025**

**Welcome!**

# SUBJECT MATTER EXPERTS



**Dr. Beatty**  
Assistant Medical Director  
County of San Diego



**Dr. Motadel**  
Chief Pediatric Officer  
County of San Diego



**Tracy Schmidt**  
Senior Director, Attendance, Safety,  
& Student Engagement, SDCOE

# WELCOME JACKIE!



LIVE WELL  
SAN DIEGO



**Jackie Stiles MSN, RN**

Coordinator, School Nursing  
Student Wellness and School Culture  
San Diego County Office of Education

# SPECIAL GUESTS



**Alison M. Sipler, MPH, CHES**  
Program Coordinator  
San Diego Advancing and Innovating  
Medi-Cal (SDAIM), County of San Diego



**Negin Javaherchian, MPH**  
Project ADAM Coordinator  
Population Health, Rady Children's Health



**Nancy Starr, RDH, MPH**  
Health Planning and Program Specialist  
County of San Diego Oral Health Program

# EDUCATION SECTOR TEAM



Nicole Cardoza



Allison Hirahara



Audrey Staton



Grace Huynh



Ben Whitlock

# AGENDA



| Agenda Item   | Speaker/Presenter  |
|---|--------------------|
| Welcome & Announcements                                   | Nicole Villa       |
| San Diego Advancing & Innovating Medi-Cal (SDAIM) Updates | Alison Sipler      |
| Rady Children's Health Project ADAM Overview              | Negin Javaherchian |
| Oral Health Updates                                       | Nancy Starr        |
| Public Health Updates                                     | Dr. Beatty         |
| Q&A Session   | All Panelists      |



# Announcements

# WALK TO SCHOOL MONTH



In October, schools celebrate Walk to School Month to promote healthy habits and safer pedestrian routes. Use the resources to get involved!

[Walk & Roll to School Day: Learn More & Register Your School](#)

# HIKE-A-THON



This October, take part in the month-long Nature Unplugged Hike-A-Thon. People of all ages and abilities are encouraged to get outdoors while raising funds to support preventative mental health programs in schools and communities.

[Register and learn more here!](#)

[Join a Meet-Up Event](#)

# SCHOOL-LOCATED VACCINE EVENTS



The County of San Diego contracts with community agencies to provide vaccination services in the community. See [San Diego County Geographic Zip codes and HHSA Regional Boundaries](#) for more information on HHSA services by region.

North Coastal and North Inland:  
[TrueCare](#) | [vaccineevents@truecare.org](mailto:vaccineevents@truecare.org)

North Central and East:  
[DocGo](#) | [SanDiegoVaxTeam@docgo.com](mailto:SanDiegoVaxTeam@docgo.com)

Central and South: [San Ysidro Health](#) | [CommunityVaxxRequest@SYHealth.org](mailto:CommunityVaxxRequest@SYHealth.org).

# WEBINAR: IDENTIFYING CHILDREN WITH HEARING LOSS



Emma Eccles Jones College of Education & Human Services  
**Institute for Disability Research, Policy & Practice**  
UtahStateUniversity.

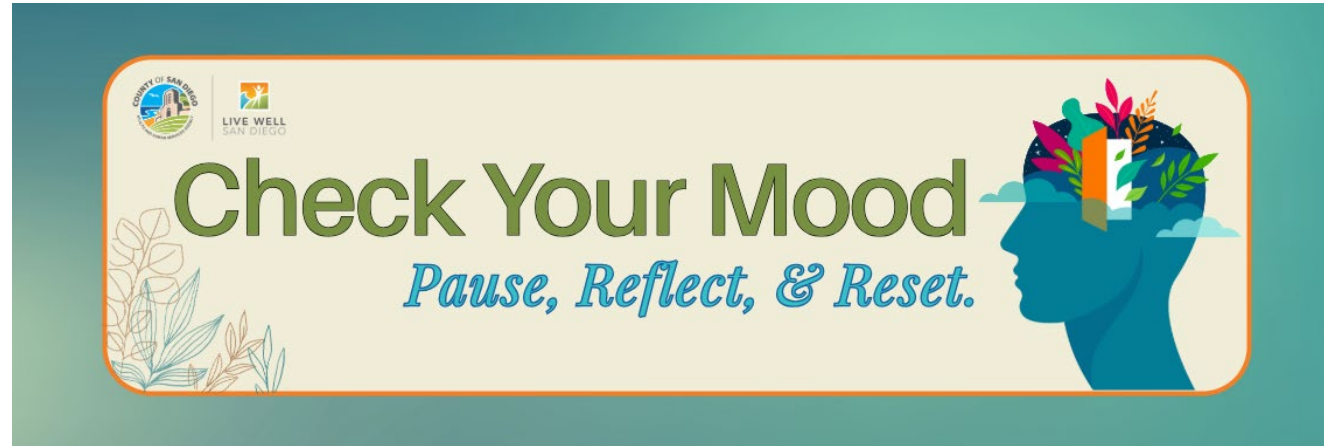


This webinar will highlight the importance of regular hearing screenings, share evidence-based methods, address barriers, and provide strategies and resources to support follow-up.

October 9, 2025 from 12PM – 1PM

October 15, 2025 from 4PM - 5PM

# CHECK YOUR MOOD



Check Your Mood encourages San Diegans to check in with themselves and support one another by accessing free mental health screenings all year long.

For more information about Check Your Mood and to access resources, visit [LiveWellSD.org/CheckYourMood](https://LiveWellSD.org/CheckYourMood)

# LIVE WELL ADVANCE



Registration is now open for the Live Well Advance and School Summit. Register to connect with thousands of partners and colleagues committed to the collective impact movement – creating healthy, safe, and thriving communities together!

**October 22, 2025, from 8AM – 5PM**

**[Register here!](#)**

# **SAN DIEGO ADVANCING & INNOVATING MEDI-CAL (SDAIM) UPDATES 10-7-2025**

**SANDIEGOCOUNTY.GOV**



# OVERVIEW



- 1 in 3 San Diegans are receiving Medi-Cal
- 5% of the highest need Medi-Cal members account for over half of all Medi-Cal spending
- Enhanced Care Management (ECM) and Community Supports (CS) are new services available through Medi-Cal Transformation to support the health and wellbeing of Medi-Cal members with complex needs.
- How you can get involved:
  - Get the word out about ECM/CS
  - Help refer eligible members
  - Collaborate with the SDAIM team

# CALAIM COMMUNITY ENGAGEMENT EVENTS



Informational sessions to raise awareness of no-cost Enhanced Care Management and Community Supports for Eligible Medi-Cal members.

- 5 in-person events across the County
- A full meal and childcare will be provided onsite
- \$50 gift card incentives for participants
- Translation services available upon request
- For Medi-Cal members, caregivers of Medi-Cal members, and community advocates



# CALAIM COMMUNITY ENGAGEMENT EVENTS



Help us get the word out about upcoming events!

<https://www.ymcasd.org/medi-cal>

- ✓ Sept 27 | 10-12pm: Border View Family YMCA, San Ysidro
- Oct 11 | 10-12pm: Copley-Price Family YMCA, City Heights
- Oct 25 | 10-12pm: Escondido YMCA, Escondido
- Nov 8 | 10-12pm: Ronald Reagan Community Center, El Cajon
- Nov 22 | 10-12pm: Mira Mesa Senior Center, Mira Mesa
- Dec 9 | 6-7:30pm: Virtual Session, Zoom link provided

**YOUR MEDI-CAL BENEFITS JUST GOT BETTER!**

the **YMCA**  
YMCA OF SAN DIEGO COUNTY  
COMMUNITY WELL-BEING & BELONGING

If you or someone you care for has Medi-Cal, come learn about new services like Enhanced Care Management and Community Supports. You can also sign up for services at the onsite resource fair. If you work with the community, find out how you can share these resources with others!

**FIND AN EVENT NEAR YOU:**

- Sept 27 | 10-12pm: Border View Family YMCA, San Ysidro
- Oct 11 | 10-12pm: Copley-Price Family YMCA, City Heights
- Oct 25 | 10-12pm: Escondido YMCA, Escondido
- Nov 8 | 10-12pm: Ronald Reagan Community Center, El Cajon
- Nov 22 | 10-12pm: Mira Mesa Senior Center, Mira Mesa
- Dec 9 | 6-7:30pm: Virtual Session, Zoom link provided

**FOR MORE INFORMATION & TO REGISTER, VISIT:**

[www.ymcasd.org/medi-cal](https://www.ymcasd.org/medi-cal)

The first 100 people to register and attend an in-person event will receive a \$50 gift card! Must be 18 years or older to redeem.

A free meal and childcare will also be provided at every in-person event!

COUNTY OF SAN DIEGO  
LIVE WELL SAN DIEGO

NEIGHBORHOOD NETWORKS

San Diego **SDWC**  
An initiative of Wellness Collaborative

Event flyers in multiple languages can be found at: [SanDiegoCounty.Gov/SDAIM](https://SanDiegoCounty.Gov/SDAIM)

# CALAIM COMMUNITY AWARENESS RESOURCES

**SANDIEGOCOUNTY.GOV**



# INFORMATIONAL VIDEO FOR PROFESSIONALS



- [18-minute informational video](#) provides an overview of Enhanced Care Management (ECM) and Community Supports (CS)
- Designed for professional or provider audiences
- Help to train, refresh, or support understanding of ECM and CS and how to connect Medi-Cal members to the services
- Will be updated should the information change
  - For the latest information, visit: [SanDiegoCounty.Gov/SDAIM](https://SanDiegoCounty.Gov/SDAIM)



# ONE-PAGERS FOR MEDI-CAL MEMBERS



One-pagers about Enhanced Care Management, Community Supports, and Transportation for Medi-Cal members are now available. Please help us share them with your clients. *Translated in all 8 threshold languages!*

### New Benefit for Medi-Cal Members

You may be eligible for Enhanced Care Management (ECM)

**What is ECM?**

- ECM is a no-cost benefit that gives an extra layer of support to help you get the care you need to thrive.
- You will be provided a lead care manager who will work with your doctors, specialists, pharmacists, and others to help get your needs met.
- Joining ECM is a choice. You can leave the program at any time and keep your Medi-Cal benefits.
- To get ECM, you need to meet at least one of the criteria listed on the [next page](#).

**What services does ECM offer?**

- Connect you to doctors and make appointments
- Set up ride doctor's visit
- Help you better understand your medications
- Get care at the hospital
- Plan for your physical, mental, and dental needs
- Connect you like food and

**Who is eligible for ECM?**

Members must be enrolled in a Medi-Cal Health Plan and meet one or more of the following:

- Do not have a safe place to live or are experiencing homelessness
- Visited the emergency room or hospital five or more times (adults) or three or more times (youth 21 years and under) in the last six months
- Have a mental health, behavioral and/or substance use disorder
- Are an adult (21 years or older) who is at risk of entering a nursing home or facility
- Are an adult living in a nursing home or facility, and want to move back to the community
- Signed up for California Children's Services program and need more support
- Have been in foster care (up to 26 years old)
- Transitioned out of jail, prison, or youth detention facility in the past year and have a health condition
- Are pregnant or had a baby in the last year and are American Indian, Alaskan Native, Black, or Pacific Islander

Members can get ECM for up to 12 months, or longer depending on needs.

**Call your Medi-Cal Health Plan to find out if you qualify for ECM and to sign up!**

| San Diego County Medi-Cal Health Plans | Member Services Phone Number |
|--|------------------------------|
| Blue Shield Promise                    | 1-855-699-5557               |
| Community Health Group                 | 1-800-224-7766               |
| Kaiser Permanente                      | 1-800-464-4000               |
| Molina                                 | 1-888-665-4621               |

Don't have Medi-Cal? Call 866-262-9881 to learn if you are eligible and apply

### New Services for Medi-Cal Members

You may be eligible for Community Supports

**Community Supports are free!** These services are provided by your Medi-Cal Health Plan. They support your health and wellbeing at home and in your community!

- Housing**  
Help with finding low-cost housing, security deposits, and help you transition back home facility.
- Care at Home**  
Personal care and home services, making your livable to help you stay healthy at home or reduce
- Recovery**  
A place to heal after a hospital stay, short-term and help with improving skills for daily living.
- Healthy Food**  
Home delivered meals to help with long- and short-term

**What are Community Supports?**

- Please call your healthcare provider or Medi-Cal Health Plan to see if you are eligible for Community Supports.
- Community Supports provide short-term services to address health and social needs.
- Medi-Cal members who are receiving a Community Support service may also be eligible for Enhanced Care Management.

| Community Supports  | Examples   |
|---|--|
| Housing Transition Navigation Services                              | Housing assessment, plan, and search for housing   |
| Housing Deposits  | Security deposits, first month utilities, set-up fees  |
| Housing Tenancy and Sustaining Services                             | Support and coaching to help maintain housing  |
| Short-term Post-Hospitalization Housing                             | Short-term housing to prevent going back to the hospital   |
| Re recuperative Care (Medical Respite)                              | Short-term housing with care to heal after being in the hospital   |
| Day Habilitation Programs   | Peer mentoring to improve life skills  |
| Respite Services  | A short-term caregiver to provide help to a person who has a main caregiver that needs more support              |
| Nursing Facility Transition/Diversion to Assisted Living Facilities | Support for activities of daily living to help people stay in their communities or prevent going into a facility |
| Community Transition Services/Nursing Facility Transition to a Home | Security deposit, housing navigation, home modifications   |
| Personal Care and Homemaker Services                                | Caregiver to assist with activities of daily living  |
| Environmental Accessibility Adaptations (Home Modifications)        | Ramps, grab-bars, stair lifts, roll-in shower  |
| Medically Tailored Meals/Medically-Supportive Food                  | Home delivered meals based on health needs   |
| Asthma Remediation  | Air filters, HEPA vacuum, pest management, mold removal  |
| Sobering Centers  | A safe place for people to recover who are under the influence in public for up to 24 hours                      |

**Call your healthcare provider or call your Medi-Cal Health Plan to see if you are eligible. See the other side for more information.**

**Contact your Medi-Cal Health Plan**

| Medi-Cal Plans         | Phone Number   |
|------------------------|----------------|
| Blue Shield Promise    | 1-855-699-5557 |
| Community Health Group | 1-800-224-7766 |
| Kaiser Permanente      | 1-800-464-4000 |
| Molina Healthcare      | 1-888-665-4621 |

To see if you qualify for Community Supports and to sign up, talk to your healthcare provider. Or call the number on your insurance plan card or your plan's number listed here.

If you don't have Medi-Cal and want to enroll, please call 866-262-9881.

### Transportation for Medi-Cal Members

San Diego County

You can get transportation (rides) covered by your Medi-Cal Health Plan at no cost to you!

- This includes rides to any doctor, dental, mental health, or substance use disorder appointments, and to pick up prescriptions and medical supplies.
- Your Medi-Cal Health Plan can help you get round-trip rides depending on your needs. This may include:
  - Rides by car, taxi, bus, or train
  - Bus passes and taxi vouchers
  - Money back for driving your own car

**Call your Medi-Cal Health Plan to get a ride!**

| Medi-Cal Health Plan   | Contact Information  | Prepare to Call                        |
|------------------------|--|--|
| Blue Shield Promise    | 1-855-699-5557<br>Two (2) days advance notice required                             | Medi-Cal ID number                     |
| Community Health Group | 1-800-224-7766<br>Two (2) days advance notice required                             | Home address                           |
| Kaiser Permanente      | 1-800-464-4000<br>Three (3) business days advance notice required                  | Mailing address                        |
| Molina Healthcare      | 1-888-665-4621 / (844) 292-9888<br>Three (3) business days advance notice required | Phone number                           |
|                        |  | Day, time, and location of appointment |
|                        |  | Caregiver/provider's name              |

For questions about Medi-Cal or to apply for Medi-Cal benefits, please call 866-262-9881.

Updated on 8/10/2024

# SUCCESS STORY VIDEOS



- Having a safe place to live IS part of staying healthy – [YouTube](#) | [Instagram](#) | [Facebook](#)
- Medi-Cal Housing Transition & Navigation services are there for your family's housing needs - [YouTube](#) | [Instagram](#) | [Facebook](#)
- Access to nutritious food & maintaining good eating habits is an important part of staying healthy [YouTube](#) | [Instagram](#) | [Facebook](#)
- Enhanced Care Management and Community Supports can help your pregnancy & postpartum journey - [Instagram](#)
- Supporting pregnant and post-partum Medi-Cal Members - [Instagram](#)
- *Spanish:* Medi-Cal brinda asistencia durante o después del embarazo - [Instagram](#)

# CONTACT THE SDAIM TEAM



[sdaim.hhsa@sdcounty.ca.gov](mailto:sdaim.hhsa@sdcounty.ca.gov)

[SanDiegoCounty.Gov/SDAIM](https://SanDiegoCounty.Gov/SDAIM)



# THANK YOU

**SANDIEGOCOUNTY.GOV**



# Rady Children's Health Project ADAM Overview

Coordinator – Negin Javaherchian, MPH

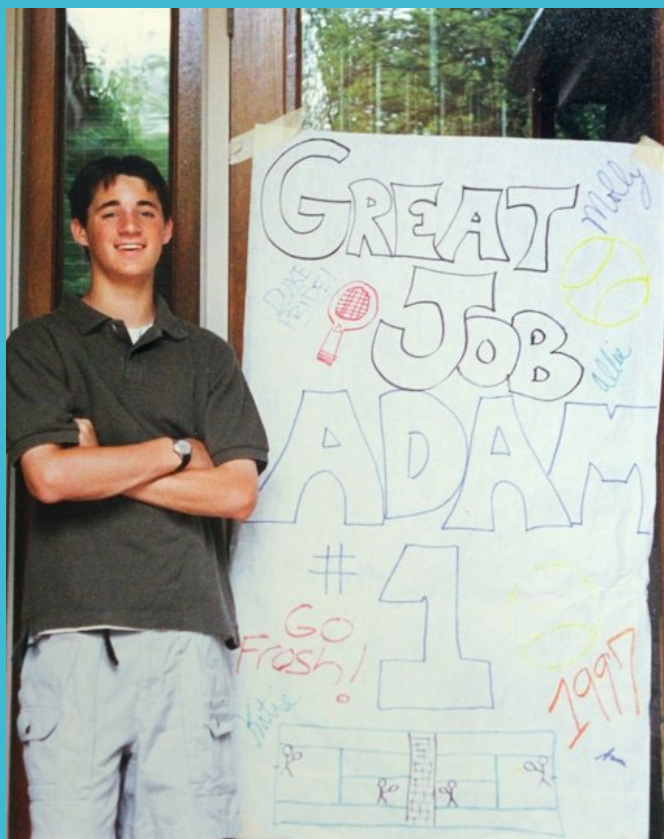


Rady  
Children's  
Health

***Project ADAM***<sup>®</sup>  
SAVES LIVES

# The Adam in Project ADAM





# Project ADAM

## (Automated Defibrillators in Adam's Memory)

- National non-profit community outreach program that was established in 1999 in memory of Adam Lemel, a 17-year-old who tragically lost his life to sudden cardiac arrest during a high school basketball game.
- **Mission:** Project ADAM saves lives by empowering schools and communities to be prepared for sudden cardiac arrest.
- **Vision:** Eradicate sudden cardiac death through school and community prevention.
- Has saved over 300 lives since 1999

# Sudden Cardiac Arrest (SCA)



- 350,000+ Sudden Cardiac Arrests happen outside of a hospital each year, with over 90% leading to death
  - Only ~40% of victims have been found to receive bystander CPR
  - Survival decreases by 7-10% each minute without defibrillation
- 1 in 300 youth have an undetected heart condition
  - 23,000+ youth under the age of 18 suffer SCA annually
- Sports related SCA account for ~39% of youth cases
  - #1 cause of death for student athletes

# Heart Safe Schools

- Project ADAM strives to assist schools in establishing an emergency plan in the incidence of a SCA.
- Project ADAM provides the foundation for schools to develop their program, including templates, resources, and guidance on how to help prevent sudden cardiac death in the school setting.
- After the completion of the program checklist, the school is designated as “Heart Safe” for three years.
- **California AB 2887 now requires that all schools have a cardiac emergency response plan in place as part of their safety plans moving forward.**



# Heart Safe School (HSS) Checklist Themes



## Project ADAM Heart Safe School Program Checklist

A comprehensive program of sudden cardiac arrest preparedness in schools.

This tool will serve as a roadmap through the Heart Safe School program implementation process. Check [here](#) to see if there is an affiliate program in your state/region and connect with them first, as Project ADAM Heart Safe designation and recognition activities vary at the local level. If an affiliate program is not available in your area, we encourage you to utilize our free Project ADAM resources.

### Instructions:

- 1) Please fill out one checklist per school as an initial assessment of cardiac emergency preparedness.
- 2) Collaborate with your local Project ADAM affiliate site (if available) and utilize our customizable resources.
- 3) Once all criteria are met, contact your local Project ADAM affiliate site (if available) to submit necessary documentation to achieve local recognition. Retain a copy in your school files.

Today's date: \_\_\_\_\_ Name of person completing this form: \_\_\_\_\_

Name of school: \_\_\_\_\_ Name of district: \_\_\_\_\_

☐ Preschool ☐ Elementary ☐ Middle ☐ High School ☐ Private ☐ Other

CPR-AED Site Coordinator or Contact Person: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Main school phone: \_\_\_\_\_

| AUTOMATED EXTERNAL DEFIBRILLATORS (AEDs)  | YES | NO | NEED HELP | COMMENTS |
|---|-----|----|-----------|----------|
| AED equipment location(s) on a school campus makes it possible to retrieve an AED, apply pads and deliver a shock (if needed) to an unresponsive victim in under three minutes. |     |    |           |          |
| AED(s) have clear signage.  |     |    |           |          |
| The AED(s) is checked for performance readiness at least monthly, or per manufacturer's directions and documented each time.  |     |    |           |          |
| We keep a first responder kit near or attached to the AED which includes: CPR barrier device, scissors, gloves, razor, and towel.   |     |    |           |          |
| CARDIAC EMERGENCY RESPONSE TEAM   | YES | NO | NEED HELP | COMMENTS |
| A CPR-AED Site Coordinator is identified, who oversees the CPR-AED program activities and training.   |     |    |           |          |
| There is a designated Cardiac Emergency Response Team comprised of at least 10% of staff or five to 10 people.  |     |    |           |          |

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Cardiac Emergency Response Plan (CERP) in place

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AEDs that are easily accessible and functional

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Cardiac emergency response team with CPR training identified

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Annual SCA education and cardiac emergency drill


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## Next Steps: Attaining Heart Safe School Designation

Contact Rady Children's Project ADAM Coordinator to begin the process for your school



Find checklist and additional resources on the Project ADAM HSS Website:  
<https://projectadam.com/Heart-safe-schools>



Complete a preliminary draft of the HSS Checklist and send to Coordinator



Coordinator to collaborate with school to complete missing pieces

# Let's work together to ensure the safety of all on your campuses!

Contact Coordinator: Negin Javaherchian, MPH

Email: [njavaherchian@rchsd.org](mailto:njavaherchian@rchsd.org)

Phone: (858) 966 – 1700 Ext 243840



# ORAL HEALTH UPDATES



**Fadra Whyte, DMD, MPH**

Chief Dental Officer

Medical Care Services

**Nancy Starr, RDH, MPH**

Oral Health Program Manager

Public Health Services

**October 7, 2025**



**COUNTY OF SAN DIEGO**  
HEALTH AND HUMAN SERVICES AGENCY



**LIVE WELL**  
SAN DIEGO

# DENTAL DISEASE IMPACT



Tooth Decay is the most chronic yet preventable health care need among California's children.



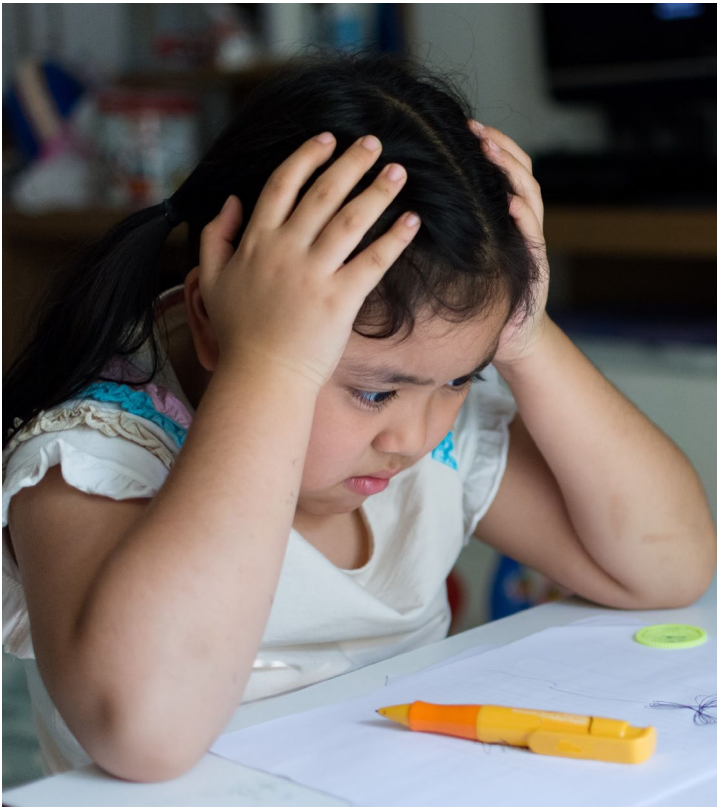
**869,202** school days missed in a year due to dental problems,  
costing school districts approximately  
**\$60 million.**

Source: Center for Healthy Communities & Office of Oral Health. (2024). *Children's oral health matters for school success* [Fact sheet]. California Department of Public Health. [https://oralhealthsupport.ucsf.edu/sites/g/files/tkssra861/f/wysiwyg/OOH\\_Infographic\\_Oral\\_Health\\_07.16.24.pdf](https://oralhealthsupport.ucsf.edu/sites/g/files/tkssra861/f/wysiwyg/OOH_Infographic_Oral_Health_07.16.24.pdf)

# DENTAL DISEASE IMPACT



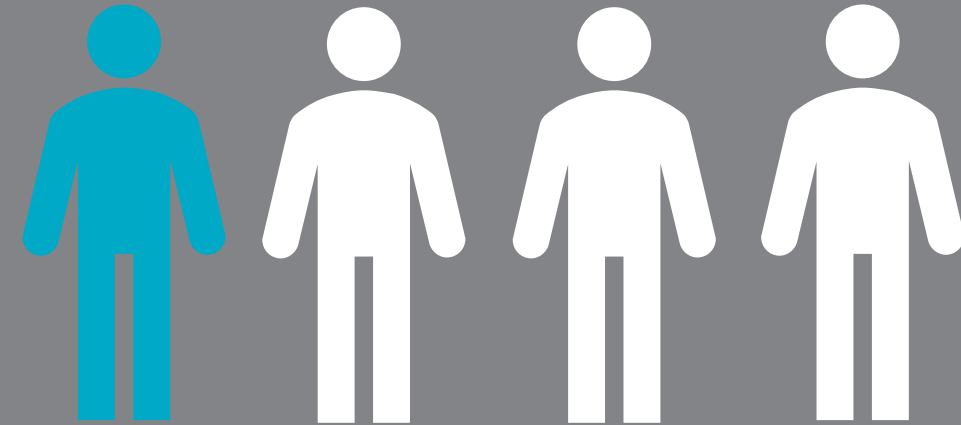
Are San Diego County children ready to learn?



Of the 47,453 children entering school in San Diego County, only 10,866 submitted proof of an oral health assessment.

Nearly **1 in 4 (23%)** of children had untreated tooth decay.

*Source: 2024-2025 KOHA Data*

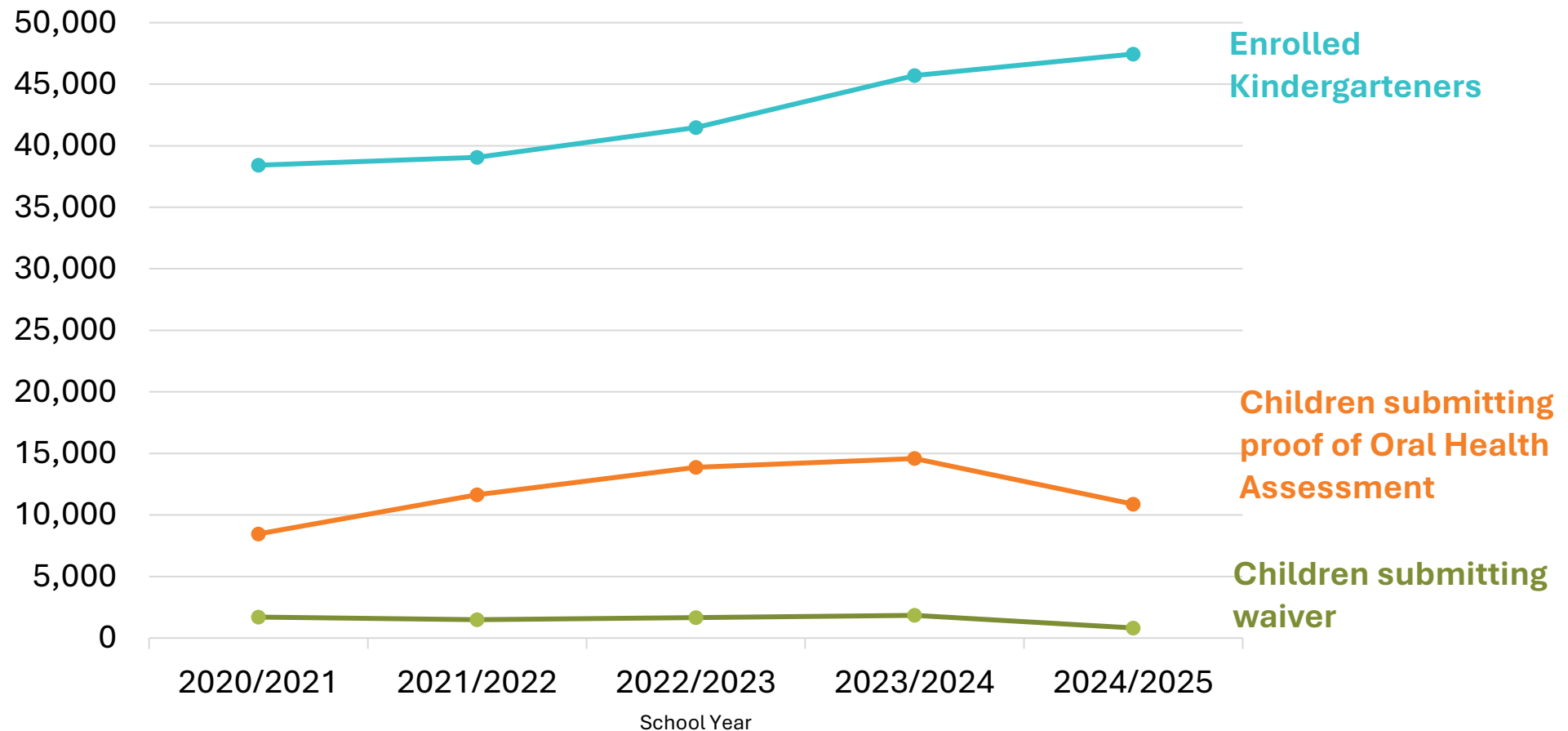


# DENTAL DISEASE IMPACT

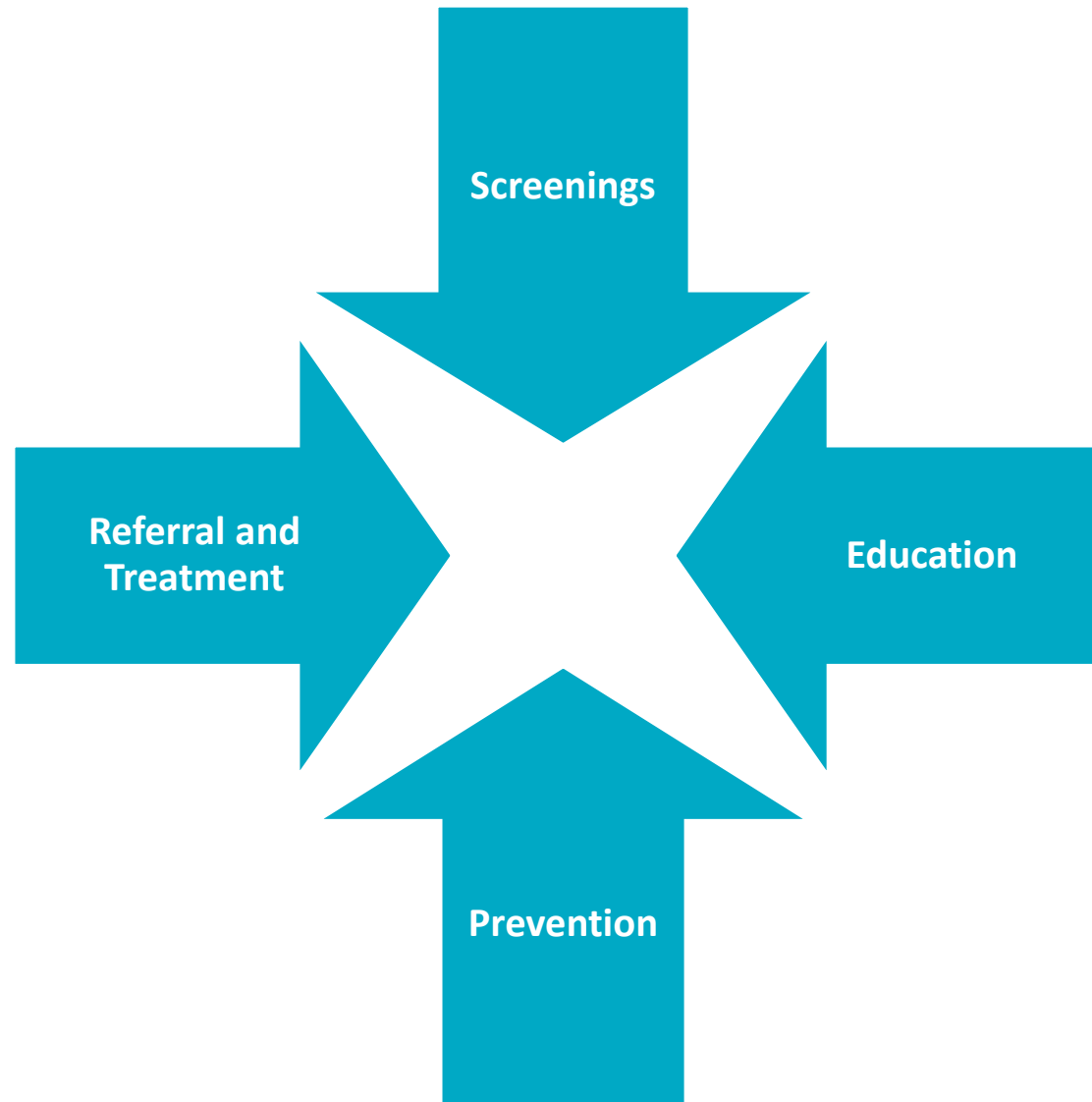


## Kindergarten Oral Health Assessment Data

According to 2024-2025 KOHA data, an estimated 23% of children entering school submitted an oral health assessment.



# COMPREHENSIVE APPROACH



# SCHOOLS PLAY AN IMPORTANT ROLE



## PPEP IT UP!

### PARTNER

Partner with organizations to create a comprehensive approach to oral health.

### PROMOTE

Promote completion of an oral health assessment for children entering school.

### EDUCATE

Educate students, parents, and staff about the importance of oral health.

### PROVIDE

Provide preventive services at your school and refer children for care in your community.

# WHAT'S NEW?



## Kindergarten Oral Health Assessment (KOHA)

- For the 2025-2026 school year, include transitional kindergarten in your data.
- Each district can have an identified KOHA District Liaisons.
- Resources include parent reminders, data tools, resource guide, and assistance with screenings.

## School Successes

- Increasing the KOHA assessment form return rate.
- Innovative ways to implement screenings at schools
- Partnering to provide comprehensive care to your school community

## Referral Pathway

- Smile, California Find A Dentist: <https://smilecalifornia.org/find-a-dentist/>
- Care coordination referral form is available on the Medi-Cal Dental website:  
[https://dental.dhcs.ca.gov/Providers/Medi\\_Cal\\_Dental/CareCoordinationReferralForm](https://dental.dhcs.ca.gov/Providers/Medi_Cal_Dental/CareCoordinationReferralForm)

# WHAT'S NEW?



## Current Efforts

- Attend the Live Well Advance and School Summit session on Oral Health: Ouch, My Tooth Hurts!
- Create an asset map with schools that have dental services.
- Join the Children's workgroup!

## Tips for Halloween!

- Enjoy Halloween treats with meals
- A little chocolate is fine
- Don't keep a big stash of candy on hand (till Easter)
- Enjoy more tips at the American Dental Associations Mouth Healthy website:  
<https://www.mouthhealthy.org/all-topics-a-z/halloween-candy-survival-guide>



# THANK YOU!

**Dr. Fadra Whyte**

[FadraM.Whyte@sdcounty.ca.gov](mailto:FadraM.Whyte@sdcounty.ca.gov)

**Nancy Starr**

[Nancy.Starr@sdcounty.ca.gov](mailto:Nancy.Starr@sdcounty.ca.gov)



*The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.*



# Public Health Updates

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Dr. Beatty

# RESPIRATORY VIRUS UPDATE



## COVID-19

**Hospitalizations**  
**1,426**

**Deaths**  
**38**

**Outbreaks\***  
**64**

6/29/2025 – 9/27/2025

## Influenza

**Hospitalizations**  
**72**

**Deaths**  
**2**

**Outbreaks\***  
**1**

6/29/2025 – 9/27/2025

## RSV

**Hospitalizations**  
**11**

**Deaths**  
**0**

**Outbreaks\***  
**0**

6/29/2025 – 9/27/2025

\*In residential congregate settings

[Respiratory Virus Surveillance Report](#)

Figure 1.1. San Diego County **COVID-19** Cases  
(N=8,408)

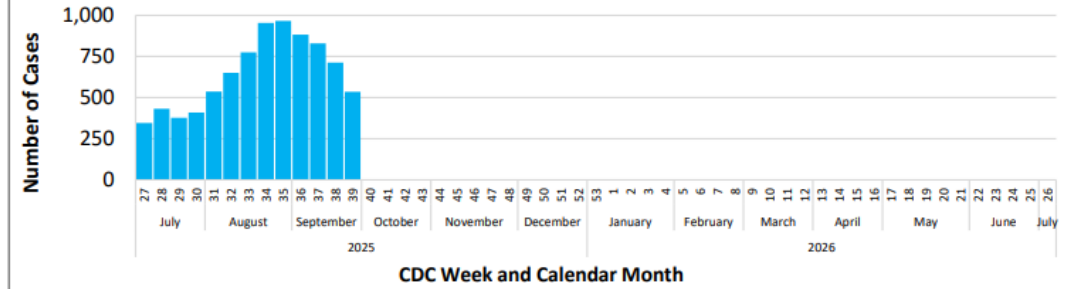


Figure 1.2. San Diego County **Influenza** Cases  
(N=636)

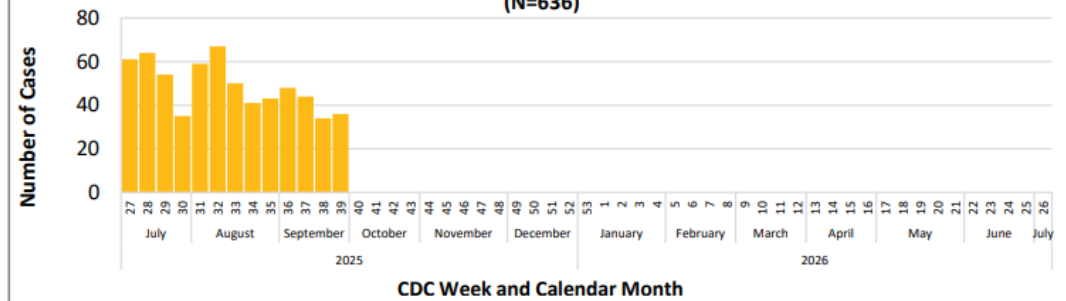
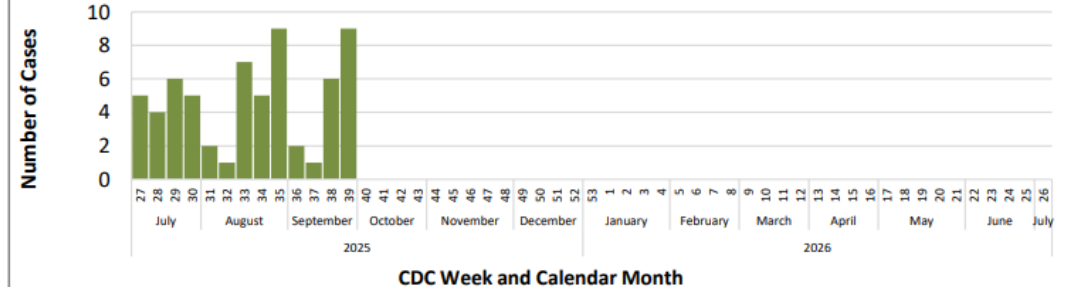
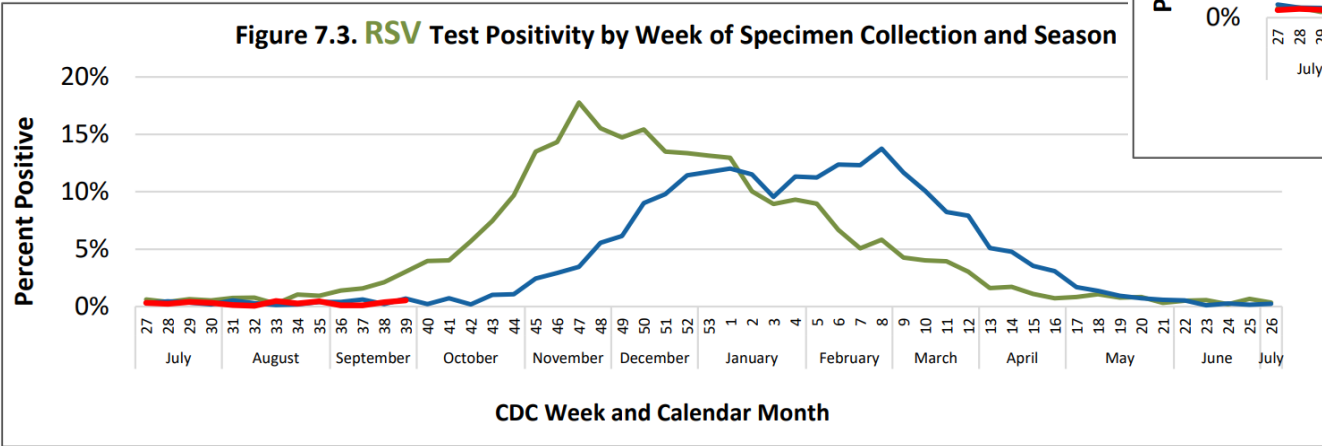
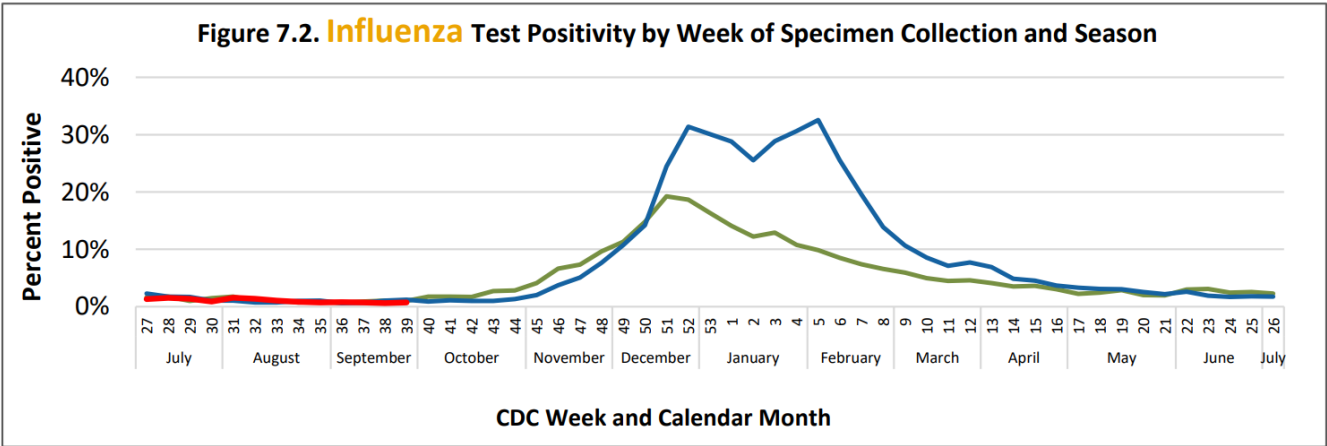
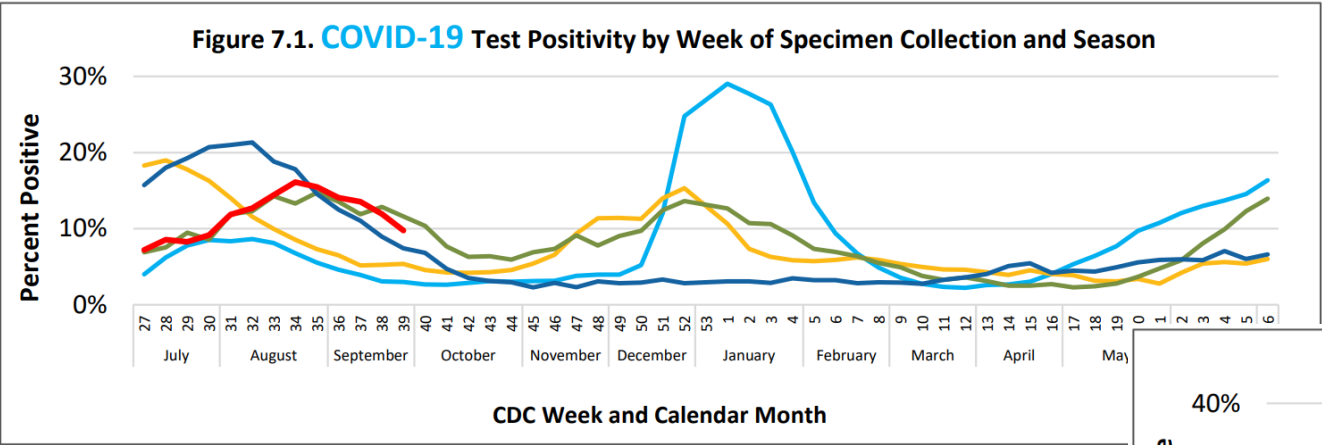


Figure 1.3. San Diego County **RSV** Cases  
(N=62)



# COVID-19, INFLUENZA, & RSV POSITIVITY



# COVID-19 & INFLUENZA VACCINATIONS



Figure 11.1. San Diego County Residents Who Received a Seasonal\*  
COVID-19 Vaccine, Ages 6 Months and Older

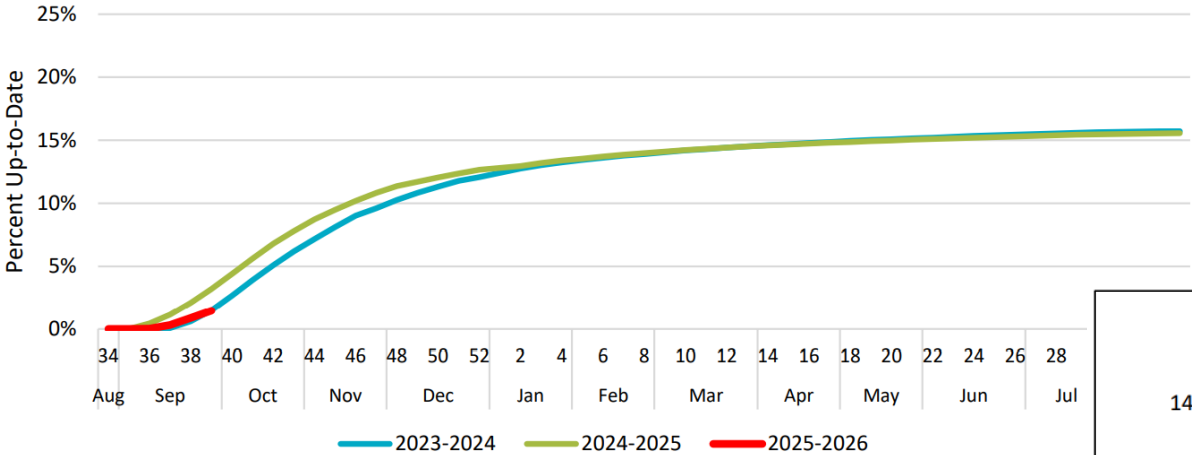
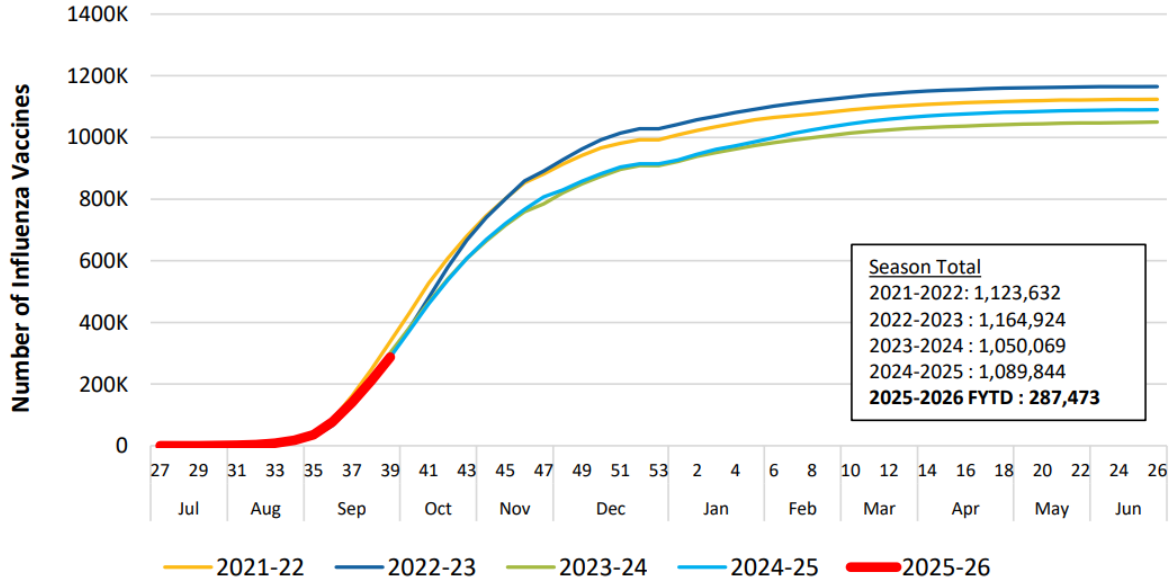


Figure 11.2. Cumulative Number of Influenza Vaccinations Administered\*  
by CDC Week and Season



# IMMUNIZATION RECOMMENDATIONS






- AB 144, signed on 9/17/25, establishes CDPH as the source for immunization recommendations and preventive services guidelines for state program
- In collaboration with the West Coast Health Alliance
- Beginning Jan 1 2025, CDPH make vaccine recommendations based on guidance from professional organizations:
  - American Academy of Pediatrics (AAP)
  - American Academy of Family Physicians (AAFP)
  - American College of Obstetricians and Gynecologists (ACOG)



[Frequently Asked Questions about Respiratory Virus Vaccines](#)

[County Public Health Services Page - Vaccine Recommendations](#)

## WCHA 2025-2026 Respiratory Virus Season Recommendations

| Age/Condition   | COVID-19   | Influenza   | RSV   |
|---|--|---|---|
| <b>Children</b><br>  | <ul style="list-style-type: none"><li>• All 6-23 months</li><li>• All 2-18 years with risk factors or never vaccinated against COVID-19</li><li>• All who are in close contact with others with risk factors<sup>1</sup></li><li>• All who choose protection<sup>1</sup></li></ul> | <ul style="list-style-type: none"><li>• All 6 months and older</li></ul>  | <ul style="list-style-type: none"><li>• All younger than 8 months<sup>2</sup></li><li>• All 8-19 months with risk factors</li></ul> |
| <b>Pregnancy</b><br> | <ul style="list-style-type: none"><li>• All who are planning pregnancy, pregnant, postpartum or lactating</li></ul>  | <ul style="list-style-type: none"><li>• All who are planning pregnancy, pregnant, postpartum or lactating</li></ul> | <ul style="list-style-type: none"><li>• 32-36 weeks gestational age<sup>2</sup></li></ul>   |
| <b>Adults</b><br>  | <ul style="list-style-type: none"><li>• All 65 years and older</li><li>• All younger than 65 years with risk factors</li><li>• All who are in close contact with others with risk factors</li><li>• All who choose protection</li></ul>  | <ul style="list-style-type: none"><li>• All</li></ul>   | <ul style="list-style-type: none"><li>• All 75 years and older</li><li>• All 50-74 years with risk factors</li></ul>                |

1. COVID-19 vaccine is available for persons 6 months and older.

2. Protect infants with either prenatal RSV vaccine or infant dose of nirsevimab or clesrovimab.

# HAND FOOT AND MOUTH DISEASE



## Hand Foot & Mouth Disease (HFMD)



### What is HFMD?

HFMD is a common disease found mainly in young children under 5 years old, but anyone can get it.

### What you need to know

HFMD is spread through close contact by people who have it. The illness is **not usually serious, but it is very contagious**. It spreads quickly at schools and daycare centers.

[Visit the School Infectious Disease Prevention & Response Website for Educational Resources on HFMD](#)

- Hand, foot, and mouth disease (HFMD) is a common viral infection that can cause a rash or blisters on different
- It is most common in young children, under 5 HFMD and is generally mild
- spreads easily and quickly through fluids from people's bodies
- You can help prevent HFMD by:
  - Thorough hand washing: soap/water 20s
  - Avoiding touching your face
  - Cough etiquette
  - Disinfect especially high touch; bleach is best



# Thank You!

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# Q&A



# THANK YOU FOR ATTENDING!

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For more information, please visit our website: [LiveWellSD.org/Education](https://LiveWellSD.org/Education)

You can also email us at: [LiveWellEducation@sdcounty.ca.gov](mailto:LiveWellEducation@sdcounty.ca.gov)

**Next Telebriefing: Tuesday, November 4, 10:00 AM**