



CELEBRATING



YEARS

Live Well San Diego Annual Impact Report
Fiscal Year 2024-2025



LIVE WELL
SAN DIEGO

LiveWellSDAnnualReport.org

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Black Women Adventures



Walk With Me Impact



Exposure Skate



Community Health Improvement Partners



VISION FOR THE FUTURE

As we celebrate 15 years of the *Live Well San Diego* vision, we're looking to the future with hope and intention. We invited Recognized Partners to share their personal reflections on how their organization will live well in the years ahead. You will see their responses sprinkled throughout the report as a reminder of how collective efforts continue to drive forward our shared vision – *creating a healthy, safe and thriving region for all*.

INTRODUCTION

This year we are celebrating the 15th anniversary of the *Live Well San Diego* vision, a collective impact movement that has grown into a powerful force for regional change!



Community Housing Works



Community Rowing of San Diego



City of Oceanside - Walk and Talk

“

In the years ahead, we will continue to partner with *Live Well San Diego* and our powerful coalition of community partners in our shared mission to build a San Diego where every child, family, and neighborhood flourishes together.

- SBCS

Launched in 2010, the *Live Well San Diego* (LWSD) vision for a region that is Building Better Health, Living Safely, and Thriving continues to shine as an example of what can be achieved through collective impact – over 600 Recognized Partners working together to create lasting positive change for years to come.

This year's *Live Well San Diego* Annual Impact Report (July 2024-June 2025) acknowledges how our shared dedication, resilience, and goals have shaped the way we navigate change, strengthen our community, advance policies, create educational and economic opportunities, and improve access to care and essential services. The *Live Well San Diego* Top 10 Indicators highlighted in the report share our progress across the region towards shared goals.

As you read through the report, you will catch a glimpse of the 15-year journey of the vision and discover meaningful ways to advance your commitment as a partner. The stories and photos across the pages not only celebrate this year's accomplishments but also reflect how we all support our communities and move forward together.

CELEBRATING COLLECTIVE IMPACT

The *Live Well San Diego* vision is built on the strength of collaboration, bringing together a diverse network of community members, organizations, businesses, schools, and local governments united by a shared commitment to support a region that is Building Better Health, Living Safely, and Thriving.

The vision was developed in 2010 in response to a statistic showing that three behaviors (poor nutrition, lack of physical activity, and tobacco use) were contributing to four diseases (heart disease/stroke, cancer, type-2 diabetes, and respiratory conditions) that accounted for over 50% of the deaths in the nation. Continuous partner efforts in support of the *Live Well San Diego* vision have driven a [10%-point decrease](#) (from 56% in 2010 to 46% in 2023) in the proportion of deaths associated with chronic conditions.

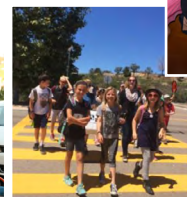
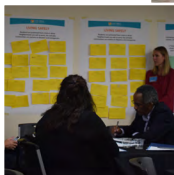
JUNE 2010

First *Live Well San Diego* [Community Leadership Team](#) established in Central Region



JULY 2010

Live Well San Diego vision adopted by the County Board of Supervisors with the launch of [Building Better Health](#) strategy



FEBRUARY 2012

First Annual [Love Your Heart](#)



MAY 2012

First Recognized Partner - [City of Oceanside](#)

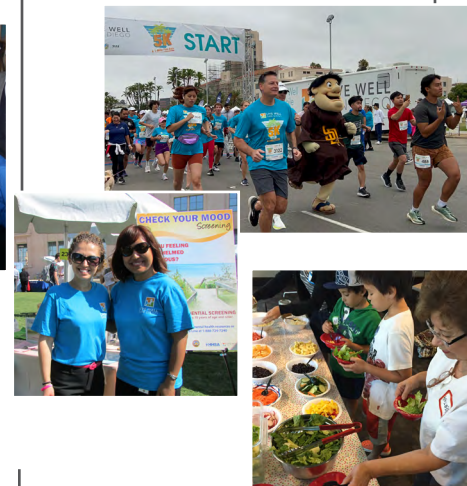


OCTOBER 2012

[Living Safely Strategy](#) launch

OCTOBER 2013

First Annual [Check Your Mood Depression Screening Event](#)



OCTOBER 2013

[Live Well San Diego Pyramid](#) and [Top 10 Indicators](#) established

MAY 2014

First Annual [Live Well San Diego 5K Race](#)



OCTOBER 2014

[Thriving Strategy](#) launch

Our shared commitment has sparked innovation, driven meaningful accomplishments, and brought collaborative projects to life. Explore the timeline below to view key milestones and initiatives from the past 15 years.

This year, we expanded our partner network and welcomed our 600th Recognized Partner. This exciting milestone reflects our momentum and dedication to creating measurable positive impacts across the region. As of June 30, 2025, our partner network included 610 Recognized Partners, spanning various sectors including 125 from local business and media, 27 cities and local governments, 63 schools, and 395 community and faith-based organizations. Together, our growing and diverse network strengthens our collective efforts to drive lasting change and build more resilient, connected communities.

Want to join the movement? LiveWellSD.org/BecomeAPartner

SEPTEMBER 2015

First Live Well Center opened in [Escondido](#)



NOVEMBER 2016

First Annual [Live Well Advance](#)

FEBRUARY 2020

Live Well San Diego [Sector Engagement](#) expanded



MARCH 2020

First [Live Well on Wheels](#) bus hit the road

DECEMBER 2020

Live Well Center opened in [Oceanside](#)



MARCH 2021

First Live Well San Diego [Youth Leadership Team Cohort](#)

MAY 2021

[Free4ME](#) (Free for Menstrual Equity) pilot launched



JUNE 2022

Live Well San Diego [Equity Ambassador Program](#) (LEAP)



OCTOBER 2022

Established [Live Well Center for Innovation and Leadership](#)



JANUARY 2025

Started [Advancing Throughout the Year](#)



SEPTEMBER 2023

[Southeastern Live Well Center](#) opened

ADVANCING YOUR COMMITMENT

We invite partners, community leaders, and changemakers to join us in shaping the years ahead.

SHARE YOUR IMPACT

Recognized Partners across San Diego County are the driving force behind the strength, reach, and impact of the *Live Well San Diego* vision. [Read their inspiring success stories](#), subscribe to our newsletter, and learn how to share your impacts.

COMMUNITY LEADERSHIP TEAMS

[Community Leadership Teams](#) provide a central point for planning and organizing collaborative action. Together, Recognized Partners and community leaders use data to develop and address priority needs, identify resources, and take actions to improve the region's health and well-being.

SECTOR ENGAGEMENT

[Sector Teams](#) bring population-specific organizations together to collaborate and share resources and best practices. Each sector works to promote healthy, safe and thriving communities, prioritizing relevant and tailored resources to address disparities.

ENGAGE AND NETWORK

Collaborate and expand your networks:

- [Virtual Connection Hub](#) - Share and solicit ideas, discuss important topics, provide feedback on policies and planning, and contribute to the future of the *Live Well San Diego* vision.
- [Advancing Throughout the Year](#) - Build connections all year long by attending or leading monthly webinars and networking events.

SIGNATURE EVENTS

Local leaders are needed to support events:

- [Love Your Heart](#) - Host a blood pressure screening site, educational event, or provide general/medical volunteers.
- [Live Well Advance & School Summit](#) - Present a breakout session, host an exhibitor booth, or provide sponsorship.



North County Community Leadership Team



Advancing Throughout the Year Networking Event, in partnership with **Alliance Healthcare Foundation** and **Rady Children's Health**



2024 Live Well Advance & School Summit attendees, **AARP California**

INCREDIBLE IMPACTS

The impacts outlined below and throughout this report emphasize the remarkable successes that we have collectively achieved this year in our region to advance the *Live Well San Diego* vision.



1,861

Trees planted throughout San Diego County.

[Tree San Diego](#)



1,467

Local lives saved from **489 blood donations** and **24 County-hosted community blood drives**.

[San Diego Blood Bank](#)



10.6 Million

Free rides for youth provided through the Youth Opportunity Pass program.

[SANDAG](#)



8,909

Backpacks filled with **over 215,915 school supplies** for students experiencing homelessness during the annual Stuff the Bus Campaign.

[San Diego County Credit Union](#)



35,197

Hours served by **10,231 volunteers**, completing **4,993 projects**.

[Hands on San Diego](#)

290,125

Pounds of litter removed across San Diego County through **791 cleanups**.

[I Love a Clean San Diego](#)



32,425

San Diegans reached through **377 Live Well on Wheels events**, hosted in collaboration with community partners.

[Live Well on Wheels](#)



5,515

Participants in job readiness and career navigation with **1,367 placements** in employment or education.

[San Diego Workforce Partnership](#)



\$1.3 Million

In grants awarded to nonprofit organizations to support the health, development, and success of children and families, in partnership with Dr. Seuss Foundation.

[San Diego Foundation](#)

BUILDING BETTER HEALTH

Building Better Health focuses on empowering communities to make informed decisions around nutrition, physical activity, preventative care and tobacco and other drug use. *Live Well San Diego* Recognized Partners are working together to reduce health disparities for all 3.3 million individuals in San Diego County.

PARTNER SUCCESS STORIES



American Heart Association



Goodwill Industries of San Diego



Safe Harbor Coronado



San Diego Blood Bank

- The [American Heart Association](#), in partnership with the **City of San Diego**, expanded its Libraries with Heart Program, increasing community access to educational materials and vital health resources to help control and monitor high blood pressure, offering self-measured blood pressure kits, monitors, and cuffs to check out.
- [Goodwill Industries of San Diego](#) launched their Ambassadors in Action program, encouraging employees to adopt both healthy and sustainable habits; through quarterly challenges, up to 300 employees have taken almost 30 million steps and have prevented the use of 7,400 plastic drink containers since the program's implementation in 2024.
- [Olivewood Gardens and Learning Center](#) celebrated their 15-year partnership with [National School District](#); a collaboration that has evolved from garden explorations to school garden programs and a new Hydroponics Afterschool Program, engaging students in STEM,

sustainability and healthy eating.

- The [Safe Harbor Coronado](#) Healthy Families Program reached 9,359 community members in Fiscal Year 24-25, fostering help-seeking behavior and reducing mental health stigma throughout the community.
- Last fiscal year, [SBCS](#) fostered the well-being of residents across San Diego County by distributing 376,688 pounds of fresh produce and pantry staples to 45,809 individuals in need, providing 2,657 hours of counseling and family therapy, and responding to 1,115 calls to 911 for domestic violence support.
- [Escondido Creek Conservancy](#) raised \$50,000 through their inaugural Outdoor Education Elevated festival, leading to an expansion of outdoor education, including two new programs with three [Escondido Union High School District](#) schools.
- This year, [Sirius Fitness](#) celebrated 13 years of promoting fitness at

the annual Hot Chocolate Run - helping over 16,000 runners warm up and thrive in their race.

- In January 2025, [Backcountry Communities Thriving](#) opened a resource center in Julian, offering food, resources, and vital local services that foster connection, resilience, and a stronger, safer community.
- In August 2024, **ElderHelp** and **Meals on Wheels** celebrated their move into a new [Kitchen and Senior Innovation Hub](#) where both organizations will strengthen their combined ability to improve the lives of San Diego's older adult communities.
- The [Live Well San Diego Sector Engagement Teams](#) hosted telebriefings, workshops, panels, town halls, and trainings covering public health, mental health, emergency preparedness, career preparation, equity and inclusion, social impact, and more, reaching over 6,000 participants across the San Diego County region.

SIGNATURE EVENT HIGHLIGHTS

- The [2025 Love Your Heart-Ama Tu Corazón](#) blood pressure screening events took place over Valentine's week, reaching 57,934 participants at 365 sites across the U.S. and Mexico with blood pressure checks, and identified 796 individuals with blood pressure at hypertensive crisis levels, which may have otherwise gone undetected.
- During the [2024 Check Your Mood](#) depression screening event, 314 screenings were conducted at 40 screening sites across San Diego County.
- The [2024 Live Well Advance and School Summit](#) brought together 1,823 attendees at the **San Diego Convention Center** for 38 learning sessions and 60 exhibitor booths in the Connection Hub.

VISION FOR THE FUTURE

“ We will continue to live well by expanding our impact through innovative programs like the Kitchenistas Catering & Entrepreneur Development initiative supporting economic empowerment through food, we will grow our High School Internship Program to nurture the next generation of environmental and health leaders, and engage all with accessible, community-rooted programming that promotes wellness, sustainability, and connection.

- **Olivewood Gardens and Learning Center**

“ We will live well in the years ahead by continuing to find our power of community connections and dance through whatever storms may come, knowing we are stronger together.

- **San Diego Civic Dance Association, Inc.**



Escondido Creek Conservancy



Backcountry Communities Thriving



San Diego Civic Dance Association

LIVING SAFELY

Living Safely focuses on the community's sense of safety and the actual occurrences of crime, injury, and abuse in the San Diego region. Public agencies and community partners are working together to build resilience to disasters and emergencies and ensure all neighborhoods are safe to live, work, play and pray.

PARTNER SUCCESS STORIES



Falck San Diego



San Diegans for Gun Violence Prevention



STAR/PAL



Scripps Health

- [Falck San Diego's](#) community outreach team delivered adaptive hands-only CPR/AED training to people with access and functional needs across San Diego County, creating inclusive learning spaces through 15 accessible training events.
- In 2024, [Urban Corps of San Diego County](#) maintained or restored 14,604 square feet of trails, cleared 6,969,600 square feet of brush, collected and recycled 508,998 pounds of e-waste, and removed 309,552 square feet of graffiti.
- [Prevent Drowning Foundation of San Diego](#) proudly participated in the World's Largest Swim Lesson in June 2025 and coordinated a Water Safety Fair and networking lunch, joining a global initiative dedicated to raising awareness about the life-saving importance of swim lessons in drowning prevention.
- [San Diegans for Gun Violence Prevention](#) participated in the

[County of San Diego](#) Gun Violence Reduction program, attended multiple events across San Diego, and partnered with Shaphat Outreach, Mothers with a Message, and Community Wraparound to educate the community on gun safety and legislation.

- [Big Brothers Big Sisters San Diego](#) provided support to over 1,200 Bigs and Littles in San Diego County in 2024 through training and resources, resulting in 49,000 hours of one-on-one mentorships, empowering youth to overcome barriers and ignite their full potential.
- In 2024, [SDG&E](#) awarded nearly \$1 million to nonprofit organizations through its Emergency Preparedness and Safety grant to educate and prepare under-resourced communities and strengthen emergency response capacity.
- [STAR/PAL](#) hosted its annual *Bike Rodeo* event, where students from

the organization's We Can and Making Changes programs received biking gear and learned about the fundamentals of bike safety while fostering positive relationships with law enforcement.

- [Just in Time for Foster Youth](#) worked with community advocates to raise awareness about youth identity theft while in foster care; their statements to policymakers helped pass AB 2935 through the California Assembly in August 2024, requiring credit bureaus to place a freeze on credit reports to prevent identity theft.
- [Scripps Health](#) partnered with the [Trauma Research and Education Foundation](#) and [San Diego County Bike Coalition](#) to teach older adults how to ride e-bikes safely through hands-on practice, confidence-building instruction, and important tips for preventing crashes and injuries.
- [American Red Cross](#) prepared community members ahead of emergencies through their Sound the Alarm initiative and installed over 4,400 smoke alarms, making over 1,400 homes safer.
- In 2024, the [San Diego County Bike Coalition](#) reached over 22,000 people through classes, events, and rides in a mission to make bicycling a safe and enjoyable form of transportation and recreation for all in San Diego County.



American Red Cross

PUBLIC AGENCY HIGHLIGHTS

- The [County of San Diego](#) partnered with the University of California San Diego for the Revive & Survive San Diego Initiative, which aims to train one million people in hands-only CPR; this year they trained more than 522,000 people over 14,000 training sessions.
- The [City of Carlsbad](#) transitioned 87 people experiencing homelessness to permanent housing, moved 71 individuals to shelters, and provided services to 466 people.
- This year, the [City of La Mesa](#) celebrated its third year hosting the Litter Free La Mesa program, a five-year initiative aimed at beautifying neighborhoods, fostering community engagement, and advancing sustainability efforts.

VISION FOR THE FUTURE

“ Our team delivers compassionate care down the street, across the country and around the world. We will live well by continuing to ensure this care through our vital mission to prevent and alleviate human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. This includes providing relief and support to those in crisis, helping people prepare for emergencies, and teaching life-saving skills. Whether it's a wildfire or a home fire, a call for blood, or a call from a service member or military family in need, the Red Cross is there to ensure no one faces an emergency alone. - **American Red Cross of San Diego and Imperial Counties**

THRIVING

Live Well San Diego Recognized Partners are actively working to strengthen neighborhoods, expand access to affordable housing, improve transportation and public spaces, and support economic and educational opportunities. Together, these efforts lay the foundation for a more resilient, sustainable and thriving future.

PARTNER SUCCESS STORIES



San Diego Oasis



Mission Trails Regional Park Foundation



Crisis House



Words Alive

- [Project Next](#) helped reshape what is possible for high schoolers through one-on-one coaching for more than 1,200 students and 126 immersive workshops and events; with the support of nearly 500 industry professionals, 94% of participating students discovered new career paths.
- The [San Diego Oasis](#) Intergenerational Tutoring Program helped 392 students in 46 schools across 10 districts, with the support of 287 dedicated volunteer tutors, and distributed over 7,100 new books to Title I schools (educational institutions that receive federal funding to support students and families).
- The [Mission Trails Regional Park Foundation](#) successfully acquired and donated 108 acres of critical habitat to the **City of San Diego** to expand Mission Trails—further protecting endangered species, supporting the San Diego River watershed, and preserving land for future generations.
- [Crisis House](#) brought together dozens of local service providers and volunteers this year to connect over 250 individuals experiencing homelessness with housing support, healthcare, legal aid, hygiene supplies, and more through their annual Project Homeless Connect, with sponsor support from the [Blue Shield of California Promise Health Plan](#).
- Through partnerships with over 80 schools and community organizations, [Words Alive](#) distributed more than 21,000 books, connecting more than 5,500 children, teens, and families across San Diego with the power of reading.
- [Black Tech Link](#) and The Prep Institute, backed by the **County of San Diego**, supported over 300 minority-owned businesses and nonprofits in San Diego through Project M.O.S.T.; participants received hands-on training in digital tools, AI, and government contracting.
- The [Urban Collaborative Project](#), **Tree San Diego**, **Urban Corps of San Diego County**, **County of San Diego**, Groundwork San Diego, and Mundo Gardens partnered on the Urban Greening Community

Open House, where 87 trees were distributed and the community joined in celebration of existing green spaces and the planning of additional green spaces with community-led maintenance in Southeastern San Diego.

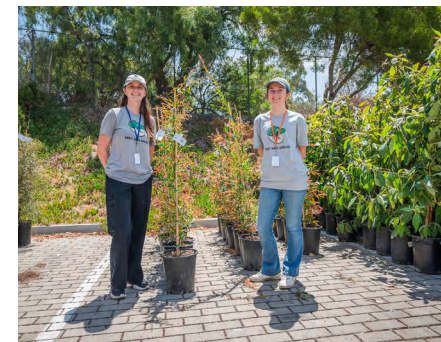
- [Arc of San Diego](#) supports and empowers over 2,000 individuals with disabilities across San Diego County and celebrated its first year hosting a Community Inclusion Services Summer Kickoff Party in June 2025 - bringing together clients, staff and volunteers from different regions in celebration of community, friendship and the spirit of inclusion.

COLLECTIVE IMPACT HIGHLIGHTS

- The **LWSD Central Region Community Leadership Team** piloted a four-part Summer Youth Career Readiness Workshop, in partnership with **Learn 4 Life** Innovation High School, providing 13 students ages 16-24 with resume building, interview practice, AI and digital footprint, college enrollment, and mental health resources.
- The **LWSD East Region Community Leadership Team** collaborated with over 12 organizations for the Mountain Empire Career Fair, connecting rural students to career pathways and inspiring their future goals, and hosted the Mountain Empire Documentary screening, featuring a student-produced film and Q&A to raise awareness of rural barriers.
- The **LWSD North Central Region Community Leadership Team** hosted two What I Wish My Parents Knew forums, one at Montgomery Middle School in partnership with **SAY San Diego**, and another with **San Diego Unified School District** at Mira Mesa High School, with 150 attendees overall.
- The **LWSD North County Regions Community Leadership Team** brought together an average of 80 cross-sector partners for 15 presentations and workshops at monthly meetings, increasing visibility of partner efforts, identifying strategic alignment, and bridging gaps in regional resources and services.
- The **LWSD South Region Community Leadership Team**, in partnership with 33 organizations, distributed 7,000 mental health tip cards to connect residents to critical resources, and launched a two-part Trauma-Informed Training Series for Food Insecurity, in partnership with **Leah's Pantry**, I Love to Glean and Life Acts, which engaged 150 participants.

VISION FOR THE FUTURE

“ We plan to live well by expanding shared housing, deepening community partnerships, and advancing holistic support services that promote health, safety, dignity, and economic empowerment for San Diegans. - **GLM House**



Tree San Diego - Urban Greening Community Open House



Central Region Community Leadership Team - Youth Career Readiness Workshop Cohort



GLM House

HONORING A DECADE OF PARTNERSHIP

Thank you to 81 Recognized Partners who committed to the *Live Well San Diego* vision in 2015!

Early belief and unwavering support was instrumental in growing the movement into what it is today. See all Partners: LiveWellSD.org/Partner

A Caring Heart Home Care	Fallbrook Union Elementary School District	National Alliance on Mental Illness - San Diego	Solana Beach School District
Alzheimer's San Diego	Family Health Centers of San Diego	National School District	Solana Center for Environmental Innovation
American Academy of Pediatrics, California Chapter 3	Father Joe's Villages	Neighborhood Healthcare	South Bay Union School District
American Heart Association/American Stroke Association	Global Communities	Neighborhood House Association	South County Economic Development Council
Bayview Baptist Church	Goodwill Industries	Nile Sisters Development Initiative	Southern Caregiver Resource Center
Biocom	Green Oak Ranch	Nordson Corporation	Straight from the Heart, Inc.
Bonsall Unified School District	Health Center Partners of Southern California	Operation Samahan	Surfing Madonna Oceans Project
Boys & Girls Club of Greater San Diego	Heaven's Windows	Paradise Valley Hospital	Susan G. Komen San Diego
Cafe Merlot	Helen Knoll Foundation	Retired Employees of San Diego County	Sweetwater Union High School District
California Center for the Arts- Escondido	Hewlett-Packard	San Diego Association of Governments	The Children's Initiative
Catholic Charities Diocese of San Diego	Home Start, Inc.	San Diego Blood Bank	The Fellowship Center
Chula Vista Elite Athlete Training Center	Interfaith Community Services	San Diego Center for the Blind	The San Diego Foundation
City of Solana Beach	Interfaith Shelter Network	San Diego Financial Literacy Center	Union of Pan Asian Communities
Community Research Foundation	Julian Union High School District	San Diego Futures Foundation	Urban Collaborative Project
Community Resource Center	La Mesa-Spring Valley School District	San Diego Gas & Electric	Walden Family Services
Community, Action, Service & Advocacy	Legal Aid Society of San Diego	San Diego Health Connect	Warner Unified School District
Dehesa School District	Lifestyles INFOCUS	San Diego OASIS	WILD Coast
Del Mar Union School District	Logan Heights Community Development Corporation	San Diego Unified School District	Wyndham San Diego Bayside
ElderHelp of San Diego	MIG MJE (MJE Marketing Services, Inc.)	San Ysidro School District	YMCA of San Diego County
Encinitas Community Garden	Mountain Empire Unified School District	SAY - Social Advocates for Youth San Diego	
Fallbrook Regional Health District		Sirius Fitness	

MEASURING PROGRESS

The *Live Well San Diego* Top 10 Indicators are organized into five Areas of Influence essential for overall wellbeing: health, knowledge, standard of living, community, and social. Measured across the lifespan among all residents, the indicators capture the collective impact of programs, services, and interventions provided by government, businesses, schools, organizations, and community partners striving to improve wellbeing across the region.

Throughout the 15 years of the *Live Well San Diego* vision, progress has been nothing short of transformative — yet there is still much work ahead to ensure these improvements reach and empower every community across the region. Since 2010, several of the *Live Well San Diego* Top 10 Indicators have shown improvement, reflecting meaningful progress toward our shared vision: [education levels](#) have improved by 5.58%, [incomes](#) have risen by 6.98%, and [crime rates](#) have dropped by 24.91%. LiveWellSD.org/Data



Positive Change



Negative Change



No Change

HEALTH - ENJOYING GOOD HEALTH AND EXPECTING TO LIVE A FULL LIFE

81.0

LIFE EXPECTANCY:

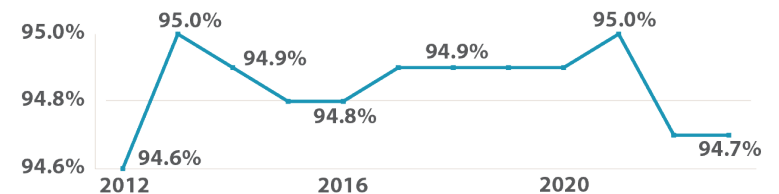
Length of life expected at birth, in years (2023)



94.7%

QUALITY OF LIFE:

Percent of the population sufficiently healthy to live independently (2023)



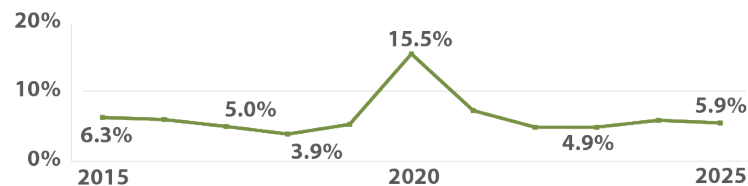
STANDARD OF LIVING - HAVING ENOUGH RESOURCES FOR A QUALITY LIFE



5.5%

UNEMPLOYMENT RATE:

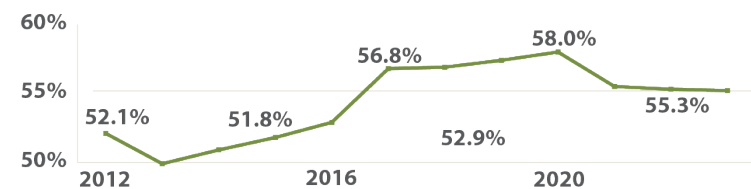
Percent of the total labor force that is unemployed (2025)



55.2%

INCOME:

Percent of population spending less than 1/3 of income on housing (2023)



KNOWLEDGE LEARNING THROUGHOUT THE LIFESPAN

89.0%

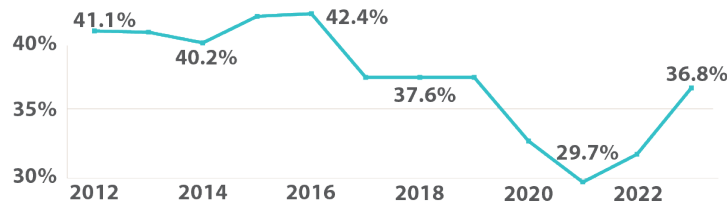
EDUCATION: Percent of population aged 25 and over with at least a high school diploma or equivalent (2023)



SOCIAL - HELPING EACH OTHER TO LIVE WELL

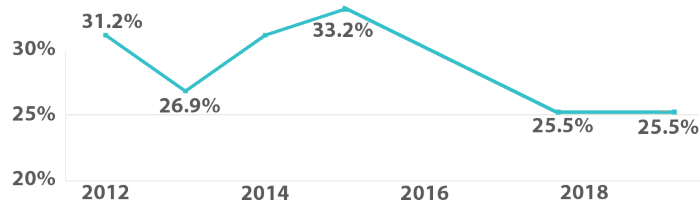
36.8%

VULNERABLE POPULATIONS: Percent of population with income of 200% or less of the federal poverty level, who have experienced food insecurity (2023)



25.5%

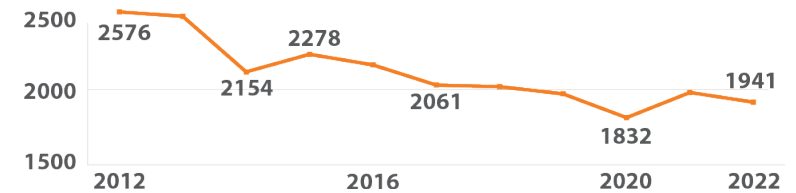
COMMUNITY INVOLVEMENT: Percent of population who volunteer (2019)



COMMUNITY LIVING IN A CLEAN AND SAFE NEIGHBORHOOD

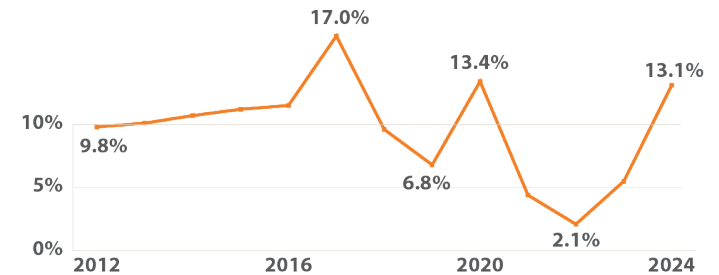
1,941

SECURITY: Number of crimes per 100,000 people (2022)



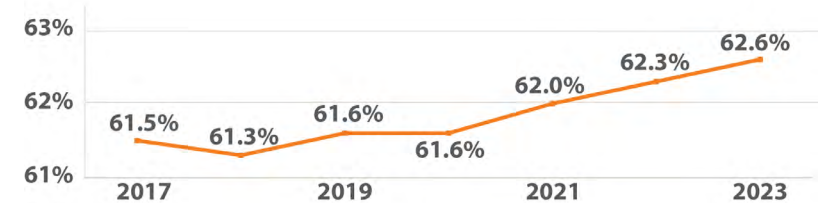
13.1%

PHYSICAL ENVIRONMENT: Percent of days that air quality was rated as unhealthy for sensitive populations (2024)



62.6%

BUILT ENVIRONMENT: Percent of population living within a quarter mile of a park or community space (2023)



Measuring What Matters: A variety of regional data reports and dashboards are available to help all community partners and leaders make data-driven decisions for the greater good. LiveWellSD.org/RegionalDataHub

LOOKING AHEAD

Over the last 15 years, we've been challenged to think differently and re-imagine how we approach our work to create meaningful outcomes. Together we have navigated changing political and social landscapes, responded during uncertain times, adapted to evolving public policy changes and more. These experiences have deepened our understanding and provided powerful lessons as we build toward the future.

Together, we have made remarkable progress — and now, more than ever, we must continue to harness the strength of *Live Well San Diego*. It is our partnerships, our communities, and our shared purpose that will guide us forward. Whether you're delivering essential services, engaging and uplifting communities, advancing policies, or activating networks, your contributions leave a lasting mark.

Let's continue to reflect on our 15 years of collective impact, embrace change, and shape the future - together!

Join the celebration: LiveWellSD.org/15-Year-Anniversary



Arc of San Diego



San Diego Mission Academy



Delta Sigma Theta Sorority, Inc -
North San Diego County Alumnae
Chapter



Interfaith Shelter Network



VISION FOR THE FUTURE

Arc of San Diego will live well by expanding inclusive programs that promote independence, health, and community engagement - ensuring every individual has the opportunity to thrive in their community.

San Diegans for Gun Violence Prevention will continue to advocate for gun safety legislation and educate the community on best practices for keeping families safe from gun violence.

Crisis House plans to live well by expanding trauma-informed services that prioritize dignity and healing, deepening partnerships across sectors to support unsheltered individuals and families, and launching innovative outreach strategies—like Project Homeless Connect—to meet people where they are with compassion and care.

Blue Shield Promise



“

Our Paramedics, EMTs and support staff are committed to saving lives - in the years ahead, we will continue to leverage community partnerships to provide education on preventing and responding to emergencies.

- **Falck San Diego**



Live Well on Wheels

“

We plan to live well by empowering our community through inclusive wellness programs, promoting lifelong physical activity, and fostering mental and physical health for all ages and backgrounds!

- **Sirius Fitness**

“

We are committed to partnering with the County of San Diego and others in the community to ensure those most vulnerable continue to receive the health care and food they need to thrive in San Diego County.

- **Blue Shield Promise**

**TOGETHER,
WE CAN DO MORE.**



STAY CONNECTED!



SBCS

“

We're expanding intergenerational learning and literacy by deepening school partnerships, launching new mentor models, and increasing access to books—empowering older adults and students to thrive together.

- **Oasis San Diego**



Bonita Family Resource Center

South Region Community Leadership
Team Workgroup Co-Chairs



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We will live well by expanding access to resources, improving the quality of life for older adults, strengthening community connections through our publication, The Julian Voice, and advocating for the needs of all in the backcountry.

- **Backcountry Communities Thriving**