

K-12 TELEBRIEFING



November 4, 2025

Welcome!

SUBJECT MATTER EXPERTS



Dr. Beatty

Assistant Medical Director
County of San Diego



Tracy Schmidt

Senior Director, Attendance, Safety,
& Student Engagement, SDCOE



Jackie Stiles, MSN, RN

Coordinator, School Nursing
SDCOE



Dr. Taras

Physician Consultant
SDCOE

SPECIAL GUESTS



Deirdre Kleske
Healthy Works Program Specialist
Live Well Schools, COSD



Edith Sanchez Cruz
Community Inclusion Director
San Diego County Sheriff's Office



Heather Galyen
Innovation Coordinator
Feaster Charter School

EDUCATION SECTOR TEAM



Nicole Cardoza



Allison Hirahara



Audrey Staton



Grace Huynh



Ben Whitlock

AGENDA



Agenda Item	Speaker/Presenter
Welcome & Announcements	Nicole Cardoza
Live Well Schools Program Map	Deirdre Kleske
San Diego County Sheriff's Office – Community Engagement	Edith Sanchez Cruz
Managing HFMD: Lessons from Feaster Charter School	Heather Galyen
Public Health Updates	Dr. Beatty
Q&A Session	All Panelists



Announcements

DIABETES AWARENESS MONTH



Diabetes affects millions of Americans and can often go undiagnosed. In honor of November as Diabetes Awareness Month, engage with several helpful resources!

[Diabetes Training Resources for School Staff](#)

[National Association of School Nurses Resources](#)

[CDPH Diabetes Prevention](#)

[The American Red Cross: Free A1C Screenings](#)

GOVERNMENT SHUTDOWN RESOURCES



The ongoing government shutdown has created uncertainty for many individuals and families. 2-1-1 San Diego is providing food, childcare, and housing support resources for affected San Diegans:

[**211 Government Shutdown Information**](#)

[**211 Government Shutdown Food Resources**](#)

SDCOE has also compiled community resources and information to support families in need during the government shutdown and beyond:

[**SDCOE Community Resources**](#)

BEYOND BULLYING: A PARENTING PLAYBOOK



Bullying can affect the entire family, and the signs are not always clear. In this free webinar by BrightLife Kids, parents can learn how to spot the signs, start conversations, and work together to support their child with practical, calming strategies.

Thursday, November 13th 12:00-12:45PM

[Register here!](#)

EMERGENCY OPERATIONS PLAN SURVEY



The County of San Diego Office of Emergency Services wants to hear from you about the County's Emergency Operations Plan. Participate in the online survey by **Friday, November 21** to help shape priorities and improve coordination of the County's response to emergencies and disasters.

[Emergency Operations Plan Engagement Survey](#)

GREEN FRIDAY



On **Friday, November 28**, County Parks is encouraging San Diegans to swap shopping plans for outdoor experiences. Residents and visitors of all ages, interests, and abilities are welcome to enjoy free outdoor activities across the region.

[Green Friday Activities List](#)

[Green Friday Event Flyer](#)

Live Well Schools Program Map

Deirdre Kleske, Live Well Schools

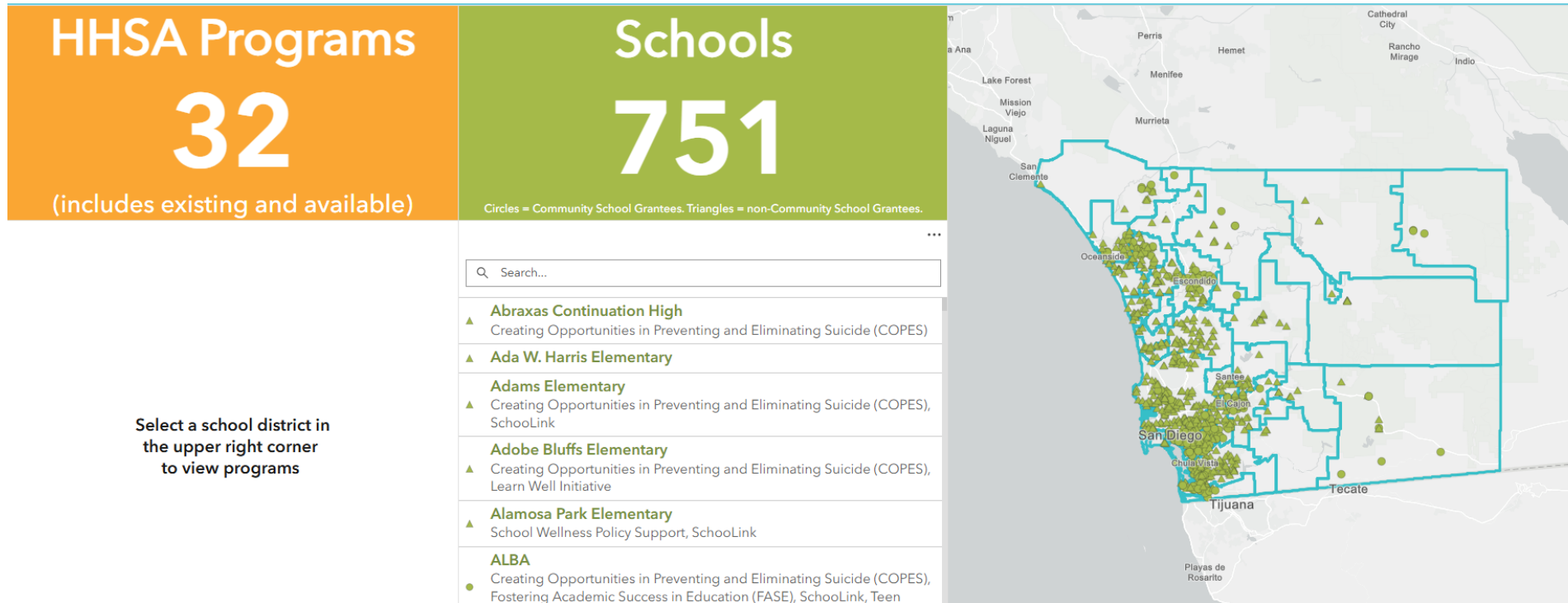
County of San Diego Health and Human Services Agency



LIVE WELL SCHOOLS PROGRAM MAP

The Live Well Schools Map shows the list of HHSA programs in, and available to, a particular district or school and who to contact for more information.

Explore the Map
at [Live Well
Schools Program
Map | Live Well
San Diego](https://livewellsd.org)
(livewellsd.org)



TOOLS FOR SCHOOLS



Don't forget to use our
online searchable
database with 500+
valuable resources

Visit these tools at [Tools
For Schools | Live Well San
Diego \(livewellsd.org\)](https://toolsforschools.org)CC

Live Well Schools created a searchable resource database at the request of school partners needing an easier way to find free or low cost resources that are the most helpful in meeting immediate needs and to guide long-term planning.



Community Engagement

San Diego County
Sheriff's Office

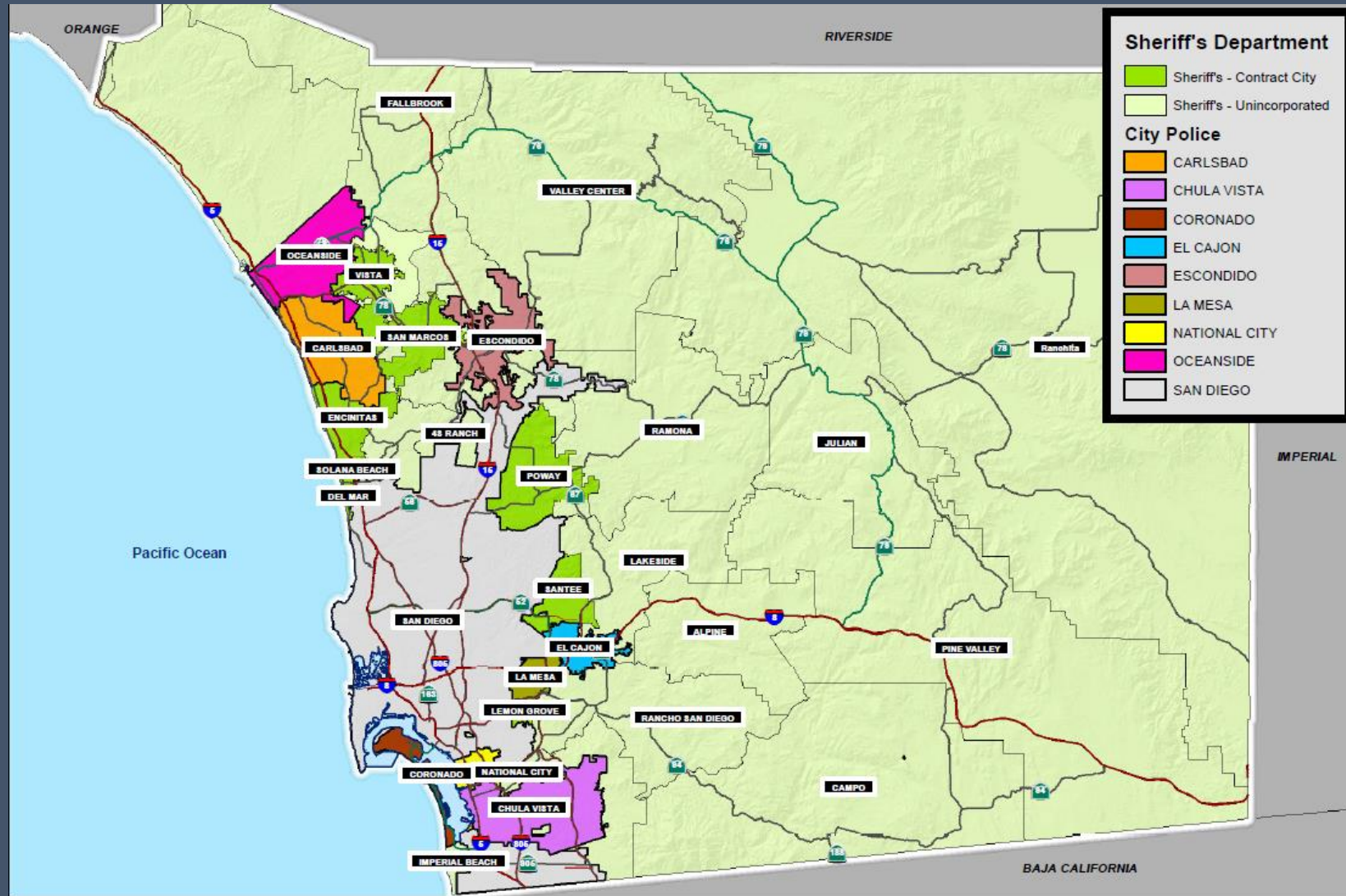
Edith Sanchez Cruz, Community Inclusion Director

COMMUNITY OUTREACH

- DIVERSITY- We embrace the strength in the diversity of our employees and our communities.
- Through Community Outreach, we make available a multitude of programs and initiatives to the community that will provide resources for residents of San Diego County.
- Our mission is to be a conduit to pass information between the Department and the public. We also endeavor to develop and maintain relationships through open and candid dialogue with a variety of community-based organizations and members.



Local and Countywide Efforts



“Different city, different focus”

East County

-Refugees/Newcomers

North County

-Hispanic community,
Farmworkers

South County

-Smaller areas, individual needs

Regional

LGBTQ, Interfaith, Intellectual &
Developmental Disability
Groups

Community Projects

- Sheriff's Spanish Academy/Academia del Alguacil (Spring & Fall)
- Community Academy (2026)
- Faith & Blue Campaign (October)
- IRC VESL Classes (Monthly Virtual Presentations)



Community Programs

FAQs

What is the Take Me Home Program?

The registry gives law enforcement quick access to critical information about a registered person with disabilities in case of an emergency.

Who is eligible?

All members of the community with a cognitive impairment or disability that may affect their ability to communicate.

What should I do if my loved one goes missing?

Call 911 immediately and explain that your loved one has dementia or another disability. If they are enrolled in Take Me Home, be sure to let the dispatcher know that as well.

How will this help?

Information about their physical appearance, the most likely places they would go, as well as triggers and de-escalation techniques will be sent to all law enforcement in the area to look for the missing person.



**Helping at-risk
San Diegans get
home safely.**



BLUE ENVELOPE

WHAT TO PUT INSIDE THIS ENVELOPE

- A copy of your current business plan
- Business registration
- Current business card

WHAT TO BRING/SHOW

- Show how you've kept up to date with the latest news in your industry
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- Show how you've kept up to date with the latest news in your industry

My name is _____

My business is _____

My business is _____

My business is _____

My business is _____

My business is _____

My business is _____

My business is _____

My business is _____

My business is _____

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My business is _____

Youth Programs

EMPOWERING YOUTH, BUILDING STRONGER COMMUNITIES

APRIL 8 – MAY 30, 2025
(every Tuesday night from 6:00 p.m. – 7:30 p.m.)

BOYS AND GIRLS CLUB OF SAN MARCOS
1 Positive Way, San Marcos

Empowering Youth to Make Positive Choices

- Mentorship: Connecting youth with positive role models.
- Education: Workshops on conflict resolution, leadership, and career planning.
- Community Engagement: Involvement in community service projects and events.

PROGRAM DETAILS:

- Program Duration: 8 Weeks
- Age Group: 9-12 years old
- Free program – no cost
- Dinner included
- Parent attendance is required in all sessions

TAKE THE FIRST STEP TOWARDS A BRIGHTER FUTURE.
SIGN UP TODAY!

CONTACT:
Deputy Michael Benninger
michael.benninger@sdsheriff.org

SAN MARCOS
DISCOVER LIFE'S POSSIBILITIES

SAN DIEGO COUNTY SHERIFF'S OFFICE

SIGN UP

FOLLOW US : @SDSHERIFF

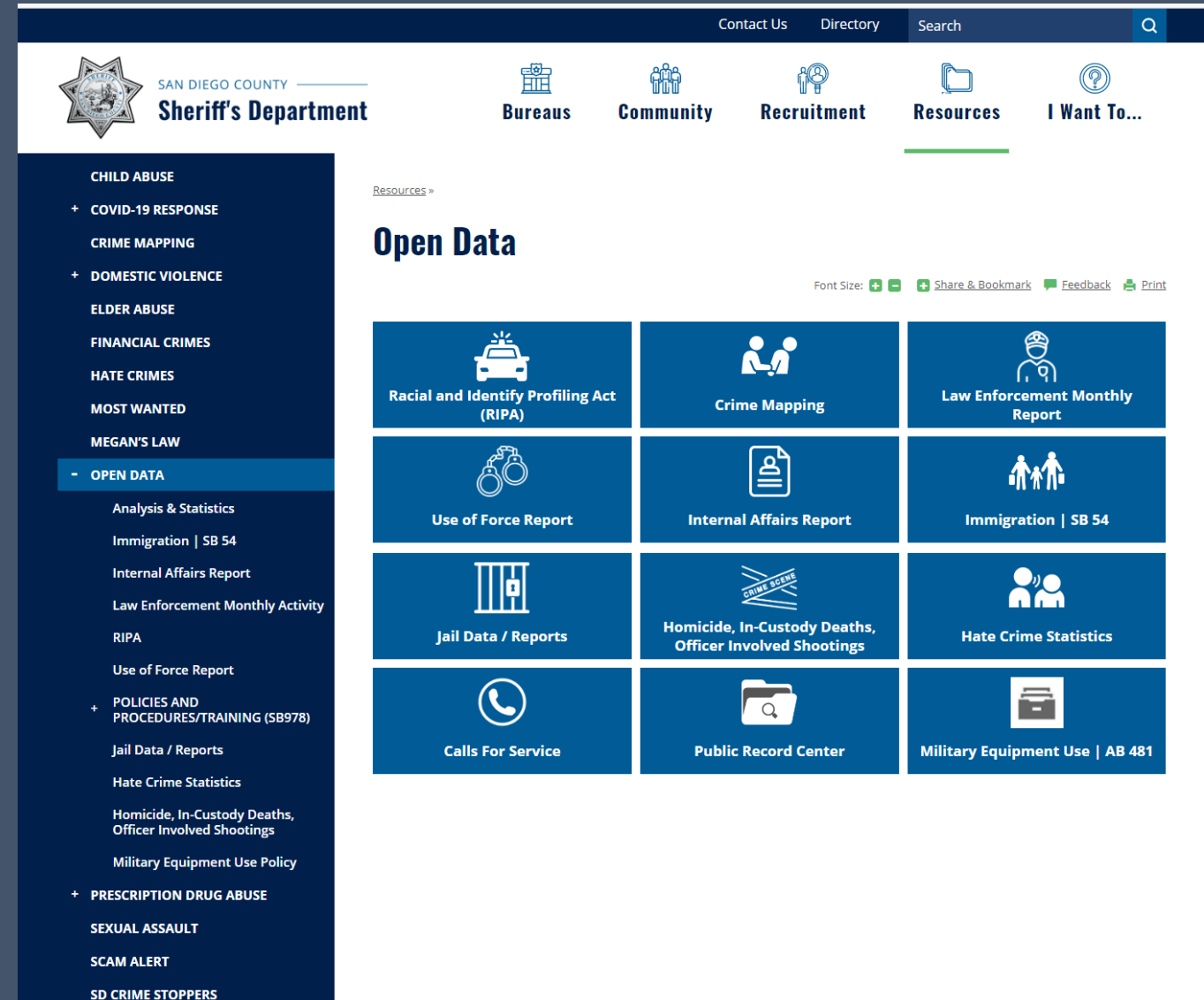
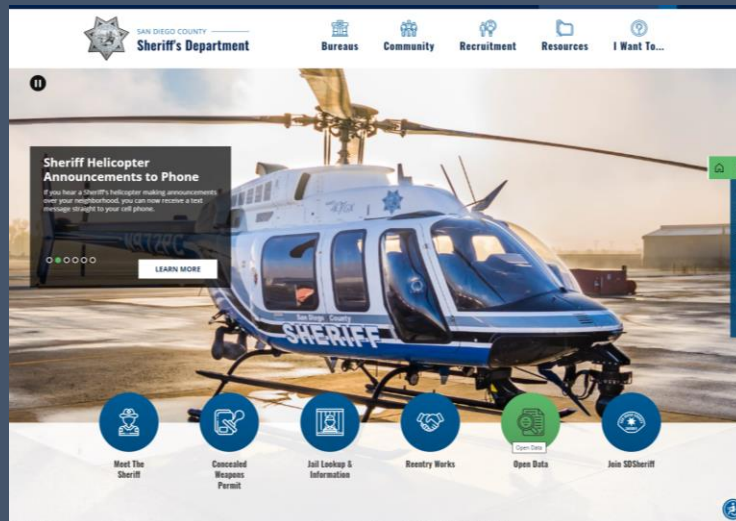
WWW.SDSHERIFF.GOV



Community Access

www.SDSheriff.gov:

- Speaker's Bureau
- Open Data
- Calendar of Events
- Common Questions





SAN DIEGO COUNTY
SHERIFF'S OFFICE

SCHOOL RESOURCES

START SCHOOL INFORMED & EMPOWERED!

SCAN THE QR CODE TO ACCESS SCHOOL SAFETY RESOURCES

By scanning the QR code, you'll be taken directly to the San Diego County Sheriff's Office School Resources page. This hub is designed to help students, parents, and teachers stay safe, aware, and prepared.



WHAT YOU'LL FIND ON THE SITE:



FOR STUDENTS:

- Tools to report concerns safely and anonymously
- Information on bullying prevention and digital safety
- Flyers promoting responsible social media use
- E-Bike safety guidance



FOR PARENTS:

- Tips for talking to kids about safety
- Flyers on fentanyl awareness, personal safety, and crime prevention
- Guidance on what to do in emergencies
- Programs like "Take Me Home" for families of individuals with special needs



FOR TEACHERS:

- Ready-to-use flyers for classroom or campus distribution
- Emergency response information
- Resources to support student well-being and campus safety



Whether you're a student looking for support, a parent seeking prevention tools, or a teacher building a safe classroom — everything you need is just one scan away.

FOLLOW US :

@SDSHERIFF



WWW.SDSHERIFF.GOV



SAN DIEGO COUNTY
SHERIFF'S OFFICE

ELECTRIC SCOOTER LAWS IN CALIFORNIA

Definition (CVC § 407.5)

An electric scooter is:

- A two-wheeled device
- Equipped with handlebars
- A floorboard for standing
- Powered by an electric motor
- electric scooters are not classified as motorcycles or mopeds.



Key Legal Requirements



Electric Scooters



E-Motorcycles

(Only on public roads will require license, registration and insurance.)

	Required (any class or learner's permit)	Required (typically M1 or M2)
License		
Registration	✗ Not required	✓ Required
Insurance	✗ Not required	✓ Required
Helmet	Required for riders under 18	Required for all riders
Speed Limit	Max 15 mph	Varies (often 30+ mph)
Sidewalk Riding	✗ Prohibited	✗ Prohibited
Road Use	Allowed only on roads ≤ 25 mph or in bike lanes	Allowed on most roads/highways

⚠ When a Scooter Might Be Reclassified

Your scooter may be considered a motor-driven cycle or e-motorcycle if it:

- Exceeds 15 mph
- Lacks a floorboard
- Has a seat and no pedals
- Resembles a moped or motorcycle in design

Scan
Qr Code
to learn
more



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www.sdsheriff.gov



@sdsheeriff



**SIGN UP FOR DIGITAL
NEWSLETTER EMAILS**

November 2025

K-12 Sector Call

Managing Hand, Foot, & Mouth Disease
(HFMD): Lessons from
Feaster Charter School



ABOUT FEASTER CHARTER SCHOOL

TK-8th Grade School located in Chula Vista, CA, serving over 1,000 students on one campus

Mission Statement:

At Feaster Charter, we are committed to promoting equity by addressing the diverse academic, social-emotional, behavioral, mental health, and physical needs of all students. We place students at the forefront of all decision-making processes.

Our goal is to prepare them for college and career readiness within a global society. We achieve this through an integrated approach that combines the principles of STEAM education and language immersion in our instructional practices.

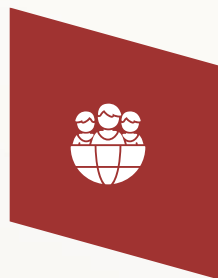
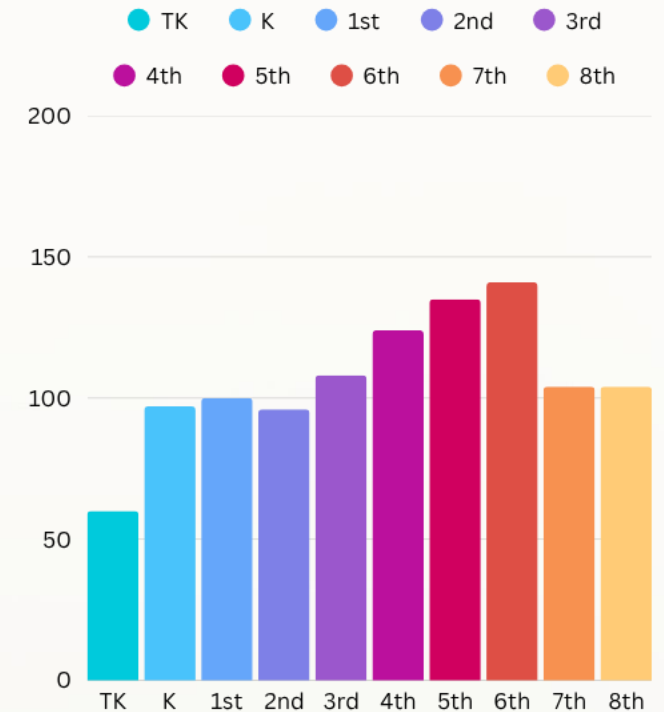


- **TK–8, 1096 students enrolled**
- **Demographics: 91.6% Hispanic/Latino; 55.8% English learners (mostly Spanish-speaking)**
- **Socioeconomic: 78.4% disadvantaged, 4.6% homelessness**
- **Students with disabilities: 7% fully integrated**
- **Free breakfast and lunch program**
- **Renovations in 2013–14 and 2019–20**

Vision Statement

Feaster Charter exists to meet the needs and foster the achievement of the whole child.

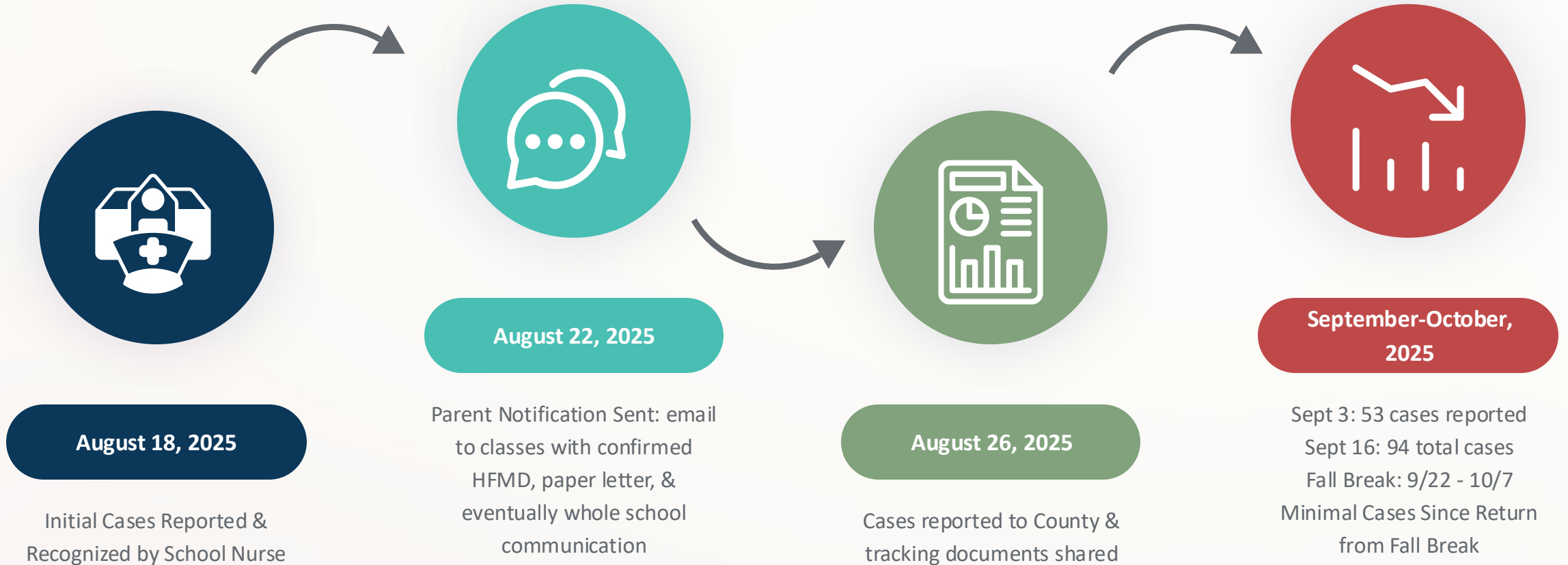
Demographics



HFMD TIMELINE AT FEASTER CHARTER SCHOOL

Total cases: 94 students (as of Sept 16)

Symptoms: fever, rash on hands/feet/mouth, diarrhea/vomiting



INFECTION CONTROL MEASURES

Health Policies

Students return when rash/blisters have dried & fever-free for 24 hours
Emphasis on hand washing
No sharing of food or supplies

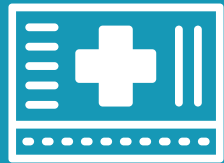
Cleaning & Disinfecting

Daily use of Clorox Hydrogen Peroxide wipes
Virex II/256 via sprayers in classrooms
Restrooms disinfected twice daily & Deep cleaning on weekends



Student Schedules

Cafeteria closed - lunches delivered to classrooms
Classroom disinfecting by custodians 2x/day
Limited access to shared spaces



Tracking & Communication

Excel sheet for case tracking
Updates to parents & staff using 2-way communication systems



Ventilation

MERV-8 filters in HVAC
Medify AiRx air purifiers in each classroom
Regular cleaning of vents

ASSESSMENT & KEY FINDINGS



Common

HFMD is common in children, especially in fall



Easily Spread

Illness is typically mild but spreads easily



Track, Communicate, Clean

Once a pattern is recognized, track, and share preventative measures with staff & families

STEPS TAKEN TO REDUCE THE SPREAD OF HFMD



Hygiene

Post handwashing/cough etiquette signage



Disinfect

Use district-approved disinfectants for better coverage against HFMD virus & use air purifier use with HEPA filters



Meal Time

Encourage outdoor meals & recess to reduce indoor exposure



Hand Washing

Ensure thorough handwashing after recess



Nurses' Office

Provide outdoor waiting space near nurse's office for sick students

RESOURCES / Q&A



SCAN HERE FOR RESOURCES

Feaster Charter School

feaster.cvesd.org

Heather Galyen

Innovation Coordinator

heather.galyen@cvesd.org

619-422-8397

CDC & San Diego County HFMD
guidelines



Hand Hygiene &
Illness
Management
Materials



Cleaning and
Disinfection
protocols



Respiratory &
Cough
Etiquette



Ventilation & Air Purifiers



When Students or Staff
are Sick





Public Health Updates

Dr. Beatty

RESPIRATORY VIRUS UPDATE



COVID-19

Hospitalizations

1,730

Deaths

48

Outbreaks*

80

6/29/2025 – 10/25/2025

Influenza

Hospitalizations

88

Deaths

2

Outbreaks*

2

6/29/2025 – 10/25/2025

RSV

Hospitalizations

16

Deaths

0

Outbreaks*

0

6/29/2025 – 10/25/2025

*In residential congregate settings

[Respiratory Virus Surveillance Report](#)

Figure 1.1. San Diego County COVID-19 Cases
(N=9,694)

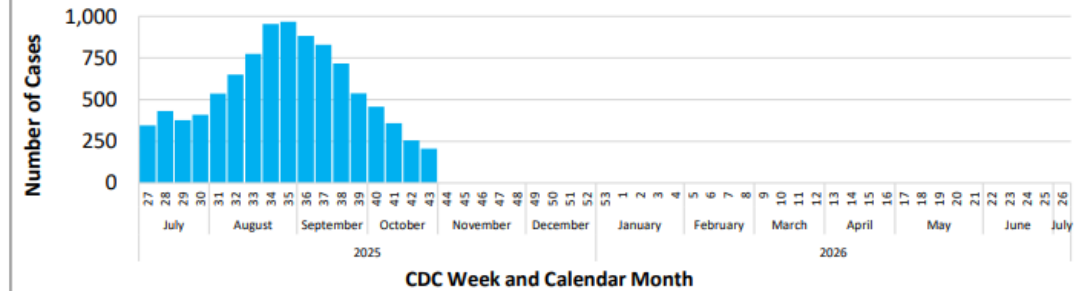


Figure 1.2. San Diego County Influenza Cases
(N=885)

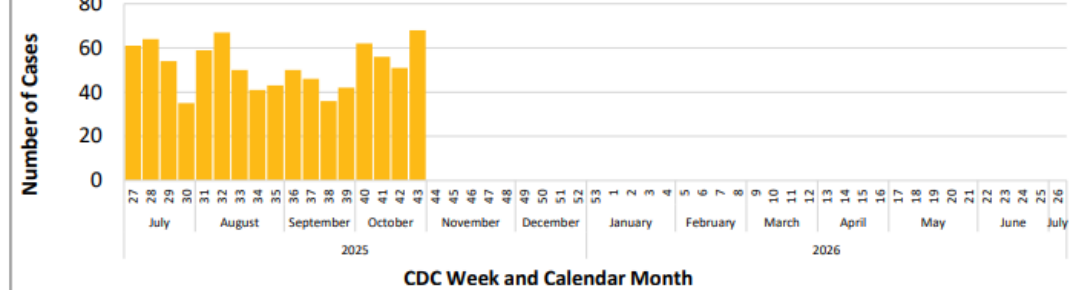
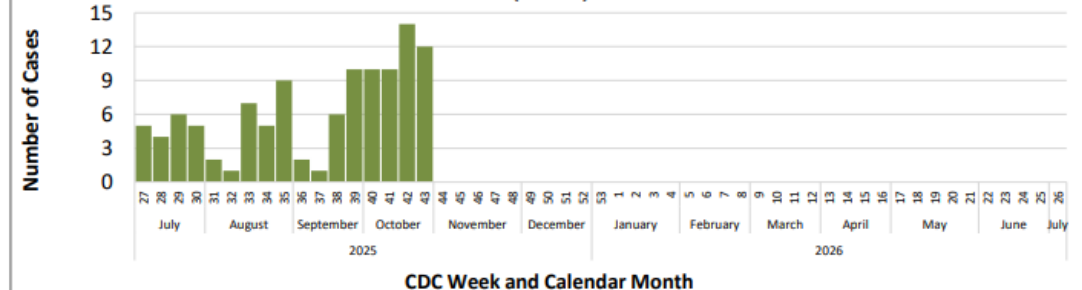
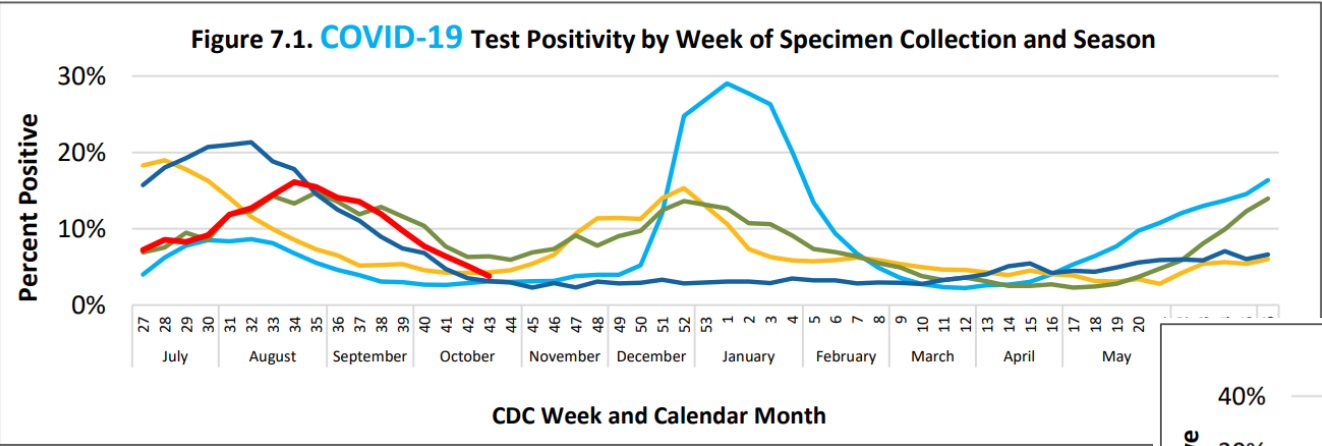


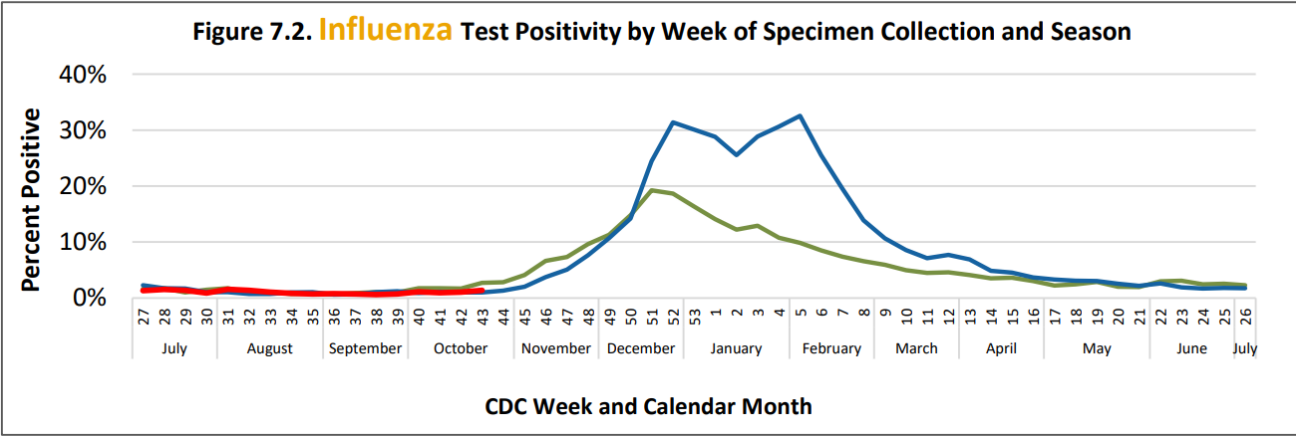
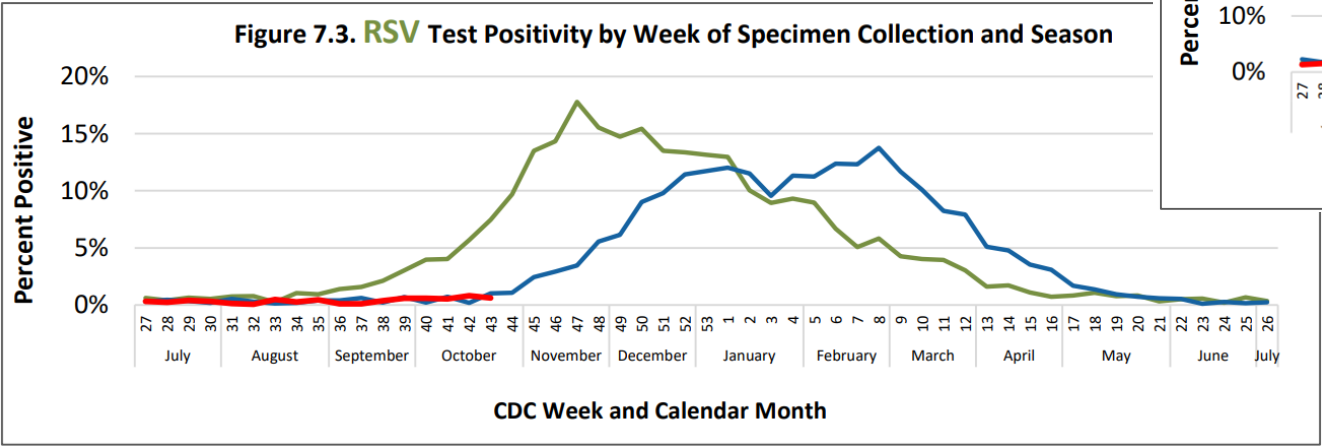
Figure 1.3. San Diego County RSV Cases
(N=109)



COVID-19, INFLUENZA, & RSV POSITIVITY



2025-26 2024-25 2023-24 2022-23 2021-22



COVID-19 & INFLUENZA VACCINATIONS



Figure 11.1. Percentage of San Diego County Residents Who Received a Seasonal*
COVID-19 Vaccine, Ages 6 Months and Older

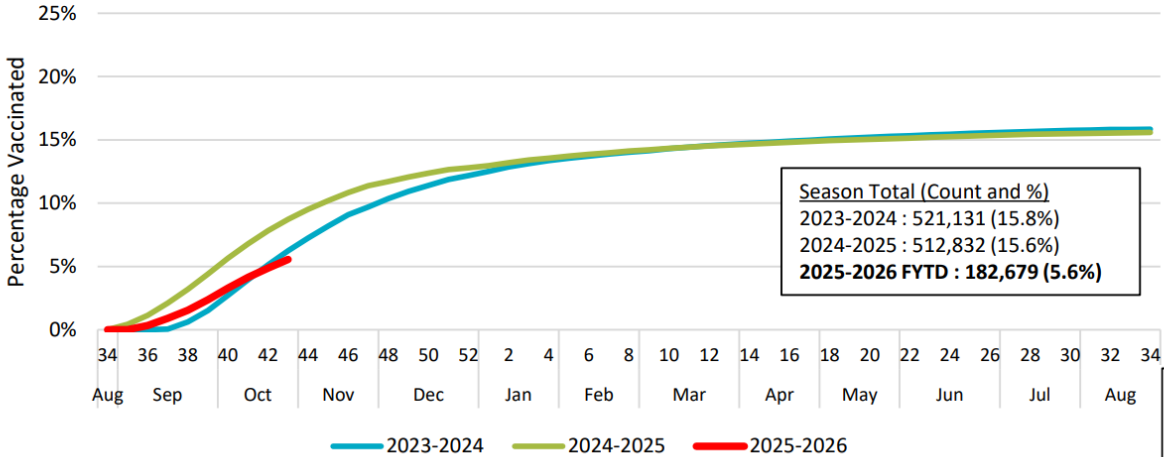
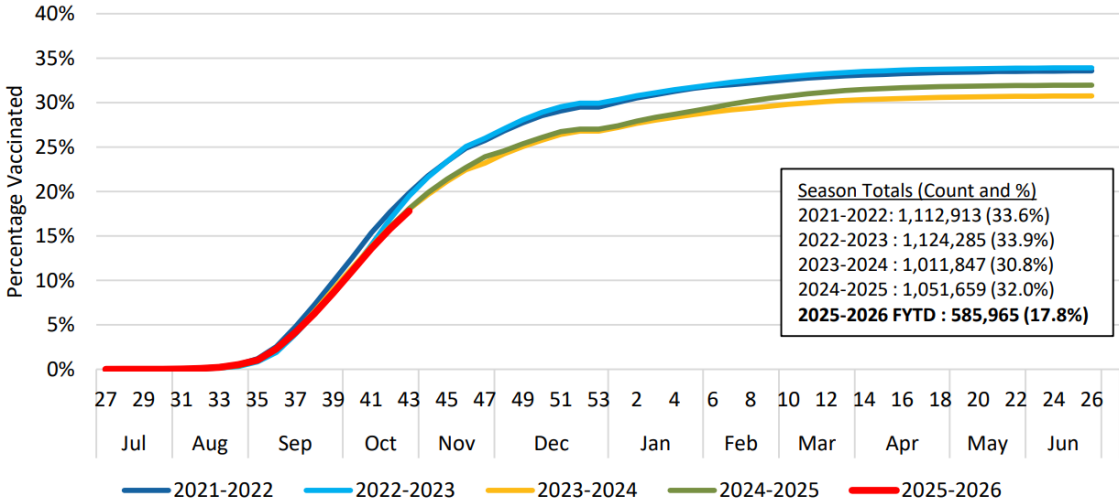


Figure 11.2 Percentage of San Diego County Residents Who Received a Seasonal
Influenza Vaccine*, by CDC Week and Season



SEASONAL INFLUENZA (FLU)



- Everyone 6 months and older should get a [flu vaccine](#) every year
- You can get flu vaccines at the same time as COVID-19, RSV, or other vaccines
- [County of San Diego: Education Materials & Resources](#)

IMMUNIZATION RECOMMENDATIONS



- AB 144, signed on 9/17/25, establishes CDPH as the source for immunization recommendations and preventive services guidelines for the state program
- In collaboration with the West Coast Health Alliance
- Beginning Jan 1 2025, CDPH will make vaccine recommendations based on guidance from professional organizations:
 - American Academy of Pediatrics (AAP)
 - American Academy of Family Physicians (AAFP)
 - American College of Obstetricians and Gynecologists (ACOG)



[Frequently Asked Questions about Respiratory Virus Vaccines](#)

[County Public Health Services Page - Vaccine Recommendations](#)

WCHA 2025-2026 Respiratory Virus Season Recommendations

Age/Condition	COVID-19	Influenza	RSV
Children 	• All 6-23 months • All 2-18 years with risk factors or never vaccinated against COVID-19 • All who are in close contact with others with risk factors¹ • All who choose protection¹	• All 6 months and older	• All younger than 8 months² • All 8-19 months with risk factors
Pregnancy 	• All who are planning pregnancy, pregnant, postpartum or lactating	• All who are planning pregnancy, pregnant, postpartum or lactating	• 32-36 weeks gestational age²
Adults 	• All 65 years and older • All younger than 65 years with risk factors • All who are in close contact with others with risk factors • All who choose protection	• All	• All 75 years and older • All 50-74 years with risk factors

1. COVID-19 vaccine is available for persons 6 months and older.

2. Protect infants with either prenatal RSV vaccine or infant dose of nirsevimab or clesrovimab.



Los Angeles child dies from rare measles complication years after recovery

The health department said the death is a "painful reminder" of how dangerous measles can be in unvaccinated people.

By Aria Bendix | NBC News • Published September 11, 2025 •

Updated on September 12, 2025 at 2:30 pm

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- In September, a child in Los Angeles died of a rare complication from measles, years after being infected with the virus.
- Subacute sclerosing panencephalitis (SSPE) is a rare, progressive brain disorder that can develop two to 10 years after a person's initial measles infection.
- About 1 in 10,000 people with measles later develop SSPE — but among those who are infected as infants, the risk is around 1 in 600



Thank You!



Q&A



THANK YOU FOR ATTENDING!

For more information, please visit our website: LiveWellSD.org/Education

You can also email us at: LiveWellEducation@sdcounty.ca.gov

Next Telebriefing: Tuesday, December 2, 10:00 AM