

FREE MEMORY SCREENING OPTIONS

→ IN SAN DIEGO COUNTY

WHAT ARE MEMORY SCREENINGS?

These brief tests check for possible problems with thinking and memory, which could be a sign of dementia or other memory-related issues. They are not used to diagnose, but can help determine if further evaluation by a healthcare provider is needed.

WHY ARE THEY IMPORTANT?

They can detect potential memory problems early, providing more time for individuals to make informed decisions about their care and participate in clinical trials, if desired.

SCREENING PROVIDERS

Contact these providers directly for more information. Screenings are by appointment only. Providers with an asterisk (*) offer screening services in Spanish.

***Alzheimer's San Diego** | (858) 492-4400

Glenner Town Square | (858) 822-4800

***Pacific Research Network** | (619) 294-4302

***Sharp Neurocognitive Research Center** | (858) 836-8350

***South Bay Latino Research Center** | (858) 822-4800

***UC San Diego Shiley-Marcos Alzheimer's Disease Center** | (858) 822-4800



This resource flyer was created by the Age Well Dementia & Brain Health Team, which is a committee of local service providers and individuals coordinated by Aging & Independence Services, a division of the County of San Diego Health and Human Services Agency