

2026 Dementia Friends California Champion Training



This training will give you the knowledge and materials you need to lead a Dementia Friends Information Session in your community.

As a **Dementia Friends Champion**, you can help community members understand dementia and the simple things they can do to make a difference for people living with dementia.

Training session is approximately 2 hours long.

**TUESDAY,
MARCH 24 • 10AM**

lyyti.in/DFChampionQ1

**THURSDAY,
SEPTEMBER 17 • 10AM**

lyyti.in/DFChampionQ3

**WEDNESDAY,
JUNE 10 • 2PM**

lyyti.in/DFChampionQ2

**MONDAY,
December 14 • 2PM**

lyyti.in/DFChampionQ4

Questions? Contact Dementia Friends California state lead, Kelly Takasu, at ktakasu@alzla.org or (323) 930-6244.