

K-12 Schools Telebriefing: Q&A Report

January 6, 2026

This report includes questions submitted by telebriefing attendees that were answered during the [K-12 Schools Telebriefing](#) via the Q&A function. **Answers are accurate as of 1/6/2026.** If you have a specific question or need clarification, please email us at LiveWellEducation@sdcounty.ca.gov.

Topic	Question	Answer
Substance Use & Misuse	Of the 945 deaths attributed to overdoses in 2024, can they be broken down by age ranges? For example, how many were under 18, or 18-25?	The San Diego County Substance Use and Overdose Prevention Taskforce (SUOPT) publishes annual report cards where the data is broken down by age. SUOPT 2024 Annual Report Card SUOPT 2025 Annual Report Card
Substance Use & Misuse	Does the San Diego County Office of Education (SDCOE) provide employer education on substance use and misuse for organizations to share with their employees? If so, where can this information be found?	Yes! Any of the presentations available for students can be modified and used for staff as well. SDCOE can meet with employers and tailor education information for school staff and community-based organizations. Contact Jim Crittenden (858-298-2092) or Alex Swift (858-298-2103) for more information on tobacco and vaping presentations. SDCOE Substance Abuse Prevention and Education Resources
Substance Use & Misuse	Does the San Diego County Office of Education (SDCOE) provide parent education classes on substance use and misuse?	Yes! Similar to educational opportunities tailored for employers and employees, SDCOE offers classes for parent education. SDCOE Substance Abuse Prevention and Education Resources SUOPT also offers helpful educational toolkits for communities and parents.
Substance Use & Misuse	What is Jim Crittenden's contact information?	Jim Crittenden, ATOD Prevention Coordinator: jcrittenden@sdcoe.net

Public Health Updates	<p>What are the best practices for educating and supporting community members who distrust vaccines?</p>	<p>Education and support efforts are unique to each individual and situation. The first step is understanding where the distrust comes from: personal experience, social media, changing recommendations, etc. From there, a relationship can be built focused on rebuilding trust and gradual education.</p> <p>Check out these resources to help you start the conversation:</p> <p><u>Public Health Communications Collaborative – Vaccine Development, Safety, & Effectiveness</u></p> <p><u>California Department of Public Health - Answers to Parents' Top Immunization Questions</u></p>
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