

# CalFresh & Medi-Cal Changes

House Resolution 1 (H.R. 1) or the “One Big Beautiful Bill Act” was signed into law on July 4, 2025. This law includes changes to CalFresh and Medi-Cal for some individuals.

## Guidance for Organizations

 Learn more about the updates at [Changes to CalFresh and Medi-Cal](#)

 Check out the [Community Partner Resource Toolkit](#)

 [Request An H.R. 1 presentation](#)

*Individuals impacted by these changes will be informed during intake interviews or contacted at their next renewal/recertification.*

## Guidance for Individuals

 Update contact info at [BenefitsCal.com](#) ([BenefitsCal Tutorials](#))

 Get enrollment support:  
Call 1-866-262-9881 or visit a [Family Resource Center](#)

 Visit [211sandiego.org](#) for resources

 Check mail & respond to County communication